California laws cut new teeth for 2012

Changes abound for smokers, bullies, gun fans, workers

By PATRICIA WALSH | THE BEACON

Fasten your seats belts (properly) and leave those unloaded handguns at home. A slew of new state laws that took effect Jan. 1 are sure to make life’s ride a little more interesting in 2012.

What’s in: recycling for renters and revised standards for use of car seats for children.

What’s out: smoking for renters, open carry of unloaded handguns and self-service check out of alcohol at retail stores.

In the realm of technology, out-of-state online businesses will be subject to a California use tax, and digital readers won’t have to worry about Big Brother watching.

California will also become more equal for all with a gay-bullying law and a gay history law — the first state law of its kind in the nation. Animals are also the source of greater protection, with laws shielding sharks and cracking down on abusive pet owners.

Every employer and employee will want to read the fine print of a compendium of new workplace-related laws that will help the world’s eighth-largest economy going for another year.

Here’s a look at just some of the new laws for 2012 that took hold Jan. 1.

CAR SAFETY

• California has a new booster-seat law that requires children younger than 8 — or who are not yet 4 feet, 9 inches tall — to use a booster seat securely fastened in the back seat of the car.

• The revised California Child Restraint Law, twice vetoed by Gov. Arnold Schwarzenegger, was signed by Gov. Jerry Brown in October. It replaces the old law that required children who were 6 years old or younger — or who weighed at least 60 pounds — to be secured in an appropriate child safety seat or booster seat.

• The fine for violating the new law (California Vehicle Code section 27360) is $100, plus penalty assessments, which could add up to more than $400.

• A first offense may be reduced or waived if economic disadvantage is demonstrated. If the fine is reduced, the court will require the violator to attend an education program. The fine for a second or subsequent offense is $2,501, plus penalties.

• According the California Highway Patrol, thousands of children are injured or killed every year by safety seats that are improperly fastened by

See laws, Page 6

Cabrillo monument to host annual whalewatching festival

The Cabrillo National Monument in Point Loma is poised to host its 25th annual Whale Watch and Intertidal Life Festival on Jan. 7-8 in a family-oriented event designed to celebrate the return of the Pacific gray whales in their yearly migration.

Southern California coast, said park officials.

“NATURE’S OWN NEW YEAR’S SPECTACULAR: OUT WITH THE OLD, IN WITH THE NEW”

The legendary Dick Clark is closely associated with the massive, colorful and masterful New Year’s Eve celebration party in Times Square in New York. But even Clark can’t orchestrate the kind of majesty or inspire the kind of awe that Mother Nature can as the calendar turns over to a new year. Above, brilliant early-morning rays bathe the Cabrillo National Monument as a thin veil of fog hugs the Peninsula at the dawn of 2012. Bottom right, Mother Nature puts on a show with a phenomenon sometimes referred to as a “fogbow.” Bottom left, the final sunset of 2011 made for a breathtaking sight as the sun descended into the sea. Left, middle, the blue hue of the ocean resonates against the Peninsula as more fog rolls in.

Photo by: Tom Workman

NATIONAL MONUMENT: Podcast program promises to dazzle

TOM WORKMAN

Superintendent, Cabrillo National Monument

“The annual ritual of observing the migration of the California gray whale is hitting full tilt. As some nature lovers embark on ships, kayaks, planes or other means of transportation to witness the sea behemoth, others are preparing to descend on Cabrillo National Monument this weekend for the 25th installment of the Whale Watch and Intertidal Life Festival."

SEE WHALES, Page 6
Facing possible prison time, marijuana grower takes case public in OB

Benjamin Gasper, a local man who is facing up to six years in prison for the alleged possession of and illegal distribution of marijuana from 133 cannabis plants, made a public stand in Ocean Beach on Dec. 26 by flying picket signs and pleading for support from in front of crowds and the news media at the corner of Abbott Street and Newport Avenue. Gasper was flanked by fellow members of the Americans for Safe Access Group (ASA), an Oakland-based, pro-marijuana legalization organization made up of patients, medical professionals and citizens who say they are working to ensure safe and legal access to cannabis for therapeutic uses and research.

A couple of years ago, according to Gasper, he and two handicapped partners had been growing 133 marijuana plants for personal use at a warehouse and storage unit in the commercial area of Point Loma near Sports Arena Boulevard. He said the marijuana was to be used as a means of medical relief for the trio’s chronic pain.

Gasper said in his case, he needs the marijuana for chronic nerve pain that he deals with on a daily basis. He said he refuses to take the pain medication Vicodin that he was prescribed because of the strong painkiller’s addictive qualities. Gasper said he educated himself about the use of medical cannabis at Oaksterdam University, a cannabis college with campuses in Oakland, Los Angeles, Michigan and in North Bay. As a result, he involved lawyers to draw up partnership contracts to grow the plants in San Diego for medical purposes.

According to Gasper, San Diego police officers gained unannounced access about two years ago to the trio’s storage unit to conduct a required safety check, conducting a 4-5 minute raid. The discovery triggered the involvement of the San Diego County Narcotics Task Force. Gasper, who said he was absent at the time of the raid, believes no official search warrant had been issued.

He said that even though he and his partners had been open about their diagnosis and medical records, officers ordered Gasper to the storage unit, where he was questioned and later arrested on the strength of security check in the area. After obtaining the identities of the people, Brown said the officers learned that none of them was the owner of the storage unit and that they were apparently only sleeping there.

Brown said that, according to the officers’ report, they detected the characteristic odor of marijuana.

“After our officers determined an illegal grow operation, they immediately contacted the detectives from drug enforcement, who then arrived at the scene with a search warrant and, in conjunction with the DEA, the people were arrested,” Brown said. “They then searched the area, they were able to confiscate the entire crop. I felt totally railroaded.”

According to the police report, Gasper told officers he believed he was exempt as a “caregiver.” After detectives cleaned out the storage unit, the 133 adult marijuana plants were confiscated. Gasper, he said, was told he would be arraigned on those counts and additional charges of illegal distribution on Jan. 11 in San Diego District Court downtown.

“Meanwhile, Gasper maintains he is wrongly accused and insists on his right to use the medication he feels is best for him. ‘I’m in daily need of strong pain medication,’ he said. ‘I don’t like to take all that prescription stuff. It makes me loopy and I can’t work like that. I got to be able to use my brain and my muscles.’

Gasper is an electrician for Target Electric. He said he was lucky the electrical company gave him a job after all the legal tumult.

“You Google my name and you will find all kinds of accusations and opinions about me,” Gasper said. “I am very grateful that my company hired me to work there. It’s a good feeling for the city and the district attorney for what I think is my actual god-given right. I definitely do not deserve six years in prison for that.

As his case unfolds, he said the ASA has supplied him with a special team of attorneys, who will handle his case on a pro-bono basis.

ATTORNEY - ESTATES

By NEAL PUTNAM | THE BEACON

While the owner and manager of The French Gourmet Restaurant was facing up to two years in prison on probation for hiring undocumented workers on multiple occasions, the Pacific Beach restaurant was fined nearly $187,000 on Dec. 22 by a federal judge.

Owner Michel Francois Malecot and manager Richard Kauffmann, both 59, were ordered to the银河 Court for three years for hiring 13 illegal immigrants. Malecot plead guilty to a misdemeanor charge of continuing to employ undocumented workers since first being raided by authorities in the 1990s.

The restaurant never closed following a 2008 raid, in which dozens of illegal aliens were arrested. The restaurant was also fined in the 1990s for employing illegal aliens.

“We have lost some catering business…because people don’t realize most businesses in San Diego have a certain percentage of illegal aliens,” said Malecot.

The owner said he urged owners of other businesses to try to determine whether a potential employee is illegal.
Math guru, musical magician enraptures students

By SCOTT HOPKINS | THE BEACON

For 179 school days each year, Ian Law is a mild-mannered teacher of mathematicians in Room 154 at Point Loma High School (PLHS).

But on the last day of classes before winter break, the popular math guru transforms himself—in the delight of his students—into a musical magician, bringing part of his enormous personal collection of instruments from diverse cultures to his classroom.

Adding to the students’ fascination—Law is able to play every single instrument—Law and his wife, Wanda, are Point Loma residents and have two daughters; Amy is an eighth-grader at Coronita Middle School, while Julia is a PLHS junior.

Wanda plays viola in the San Diego Symphony and coaches string players at Coronita Middle School.

Inquisitive teen faces broke into smiles recently as Law played a mixture of flutes, an array of stringed instruments and even strapped on an accordion before hoisting several models of bagpipes from different countries, including Irish, Spanish and Sweden.

They had unusual names like Bourbon-Naize comemuse bagpipes from central France, ocarinas of several sizes, double-reed instruments called piffaros and many more.

And how many months or years of intense music lessons did Law undergo to achieve his jaw-dropping ability? “I’ve never had a single music lesson,” Law told his stunned class last month.

“My first instrument was a banjo that we found in my grandmother’s attic when I was 10 years old,” Law said. “My grandmother had an old banjo when she was young. My mom and dad didn’t play the banjo, but that was the first time I ever touched a string instrument. So, I started playing the fiddle for square dances in college,” Law said.

Soon after, Dave Page, a 75-year-old friend, gathered Law and his friends and introduced them to Irish music. “I ended up on flute and penny whistle,” Law said.

PLHS Principal Bobbie Samilson and Vice Principal Hans Becker, himself an accomplished musician, dropped in to enjoy not only Law’s performance but join in the inevitable laughter that filled the room when several brave students took turns trying to play unfamiliar instruments.

“It’s quite a sensation to play an instrument that fits back,” Law said when two boys stepped forward to give the bagpipes a try.

Berda took a turn on the five-row Continental accordion and “was doing quite well until he was called away for lunch supervision,” Law said.

“A few students from previous years also dropped by for another opportunity to appreciate Law’s talents, while several other teachers peeked in to see the source of the music filling the hallways and normally quiet math classrooms.

Law uses photos of his students to decorate his classroom. He has inserted cartoon bubbles next to each face with quotes from them about key math concepts and some of the errors they have learned from.

In another area, Law shares several photos of himself in earlier days—with long, flowing hair—when he played in a number of different bands.

When does Law find time to practice on and play all his instruments? “I play in our garage,” Law said. “I don’t watch any television.

For Law, the music provides its own reward with relaxation and joy.

Point Loma High School student Brett Stinson struggles to play the gaita, a bagpipe from northern Spain, as teacher Ian Law offers help. Law brought an array of his personal instrument collection to his math class.

How to Sell Your House Without an Agent

SANTOS. If you’ve tried to sell your home yourself, you know that the minute you put the “For Sale by Owner” sign up, the phone will start ringing off the hook. Unfortunately, most calls aren’t from prospective buyers, but rather from every real estate agent in town who will start hounding you for your listing.

According to the proper information, selling a home isn’t easy. Perhaps, you’ve had your home on the market for several months with no offers from qualified buyers. This can be a very frustrating time, and many homeowners have given up their dreams of selling their homes themselves. But don’t give up until you’ve read a new report entitled “Sell Your Own Home” which has been prepared especially for home sellers like you.

You’ll find that selling your home by yourself is entirely possible once you understand the process.

Inside the report, you’ll find 10 inside tips to selling your home by yourself which will help you sell for the best price in the shortest amount of time. You’ll find out what real estate agents don’t want you to know.

To hear a brief recorded message about how to order your FREE copy of this report, call toll-free 1-800-276-0763 and enter 1017.

You can call any time. 24 hours a day, 7 days a week. Get your free special report NOW to learn how you really can sell your home yourself.

Loma Law
Jana L. Garino, Attorney at Law
Point Loma & Downtown Offices
619.756.6244
jana@lomalaw.com
www.lomalaw.com

A civil practice firm providing over a decade of legal experience to local businesses and individuals at customized rates.

* Civil litigation & commercial transactions
* Land use, construction & real property law
* Shipping & maritime law

DISCOUNT FABRICS
is OPEN for BUSINESS!

The LOWEST PRICES on a huge selection of upholstery, drapery, dress fabrics and much, much more!

1206 W. Morena Blvd.
San Diego
(Across from Petco, Toys-R-Us & Jerome’s )
(619) 275-2445
3325 Adams Ave., San Diego
(619) 280-1791

News

RESTAURANT
CONTINUED FROM PAGE 2

and use a government verification program.

“Cover yourself,” Malecot said. “Don’t just believe (immigration) papers, because they look very real.”

When he was 10 years old, Law said. “My grandmother had an old banjo when she was young. My mom and dad didn’t play the banjo, but that was the first time I ever touched a string instrument. So, I started playing the fiddle for square dances in college,” Law said.

San Diego. He also ordered the restaurant to pay $10,000 to a man who suffered a serious burn injury and didn’t seek medical attention initially because he was not in the country legally.

“I think it is a sufficient sentence to demonstrate that this can’t just be a cost of doing business,” said Kanter after the hearing. “There will be financial consequences for those companies (who hire illegal aliens).

“Just because the defendants in this case were collared shifts to work and live in La Jolla does not mean they should be treated differently for their violations of the immigration laws.”

Kanter filed court papers that showed Malecot was generous with donations to causes like the Cystic Fibrosis Foundation, San Diego Opera and local schools. During the 2003 and 2007 wildfires, Malecot also donated food to emergency workers and shelters.

He has owned the restaurant for 32 years. Kauffman has worked there for 28 years.

Charges of conspiracy and harboring illegal aliens were dismissed. Charges were first filed in April. The restaurant received letters in 2003 and 2006 from the Social Security Adminstration that several employees’ names did not match Social Security numbers.

Malecot was generous with donations to causes like the Cystic Fibrosis Foundation, San Diego Opera and local schools. During the 2003 and 2007 wildfires, Malecot also donated food to emergency workers and shelters.

He has owned the restaurant for 32 years. Kauffman has worked there for 28 years.

Charges of conspiracy and harboring illegal aliens were dismissed. Charges were first filed in April. The restaurant received letters in 2003 and 2006 from the Social Security Administration that several employees’ names did not match Social Security numbers.
Welcome to San Diego’s “secret garden.” The Point Loma Native Plant Garden is a 2½-acre refuge at Mendocino and Greener streets in Ocean Beach. The garden is home to more than 100 rare and endangered plant species that were prevalent in San Diego County a century ago. That was when well before palm trees and grass lawns became the norm, Richard Dhu, program manager for the San Diego River Park Foundation. The foundation oversees the garden, which is part of the city’s Collier Park West.

Some species in the collection are not found naturally anywhere else in the world. Dhu said, as he walked among the serene, 1½-mile meandering path that overlooks the bustle of Nimitz Boulevard. The garden, on a parcel of land left to the children of San Diego by early developer O.C. Collier, is open to the public 24/7. Volunteers meet for work parties the first Saturday and third Saturday of each month from 9 a.m. to noon. Visitors also can buy plants. The proceeds go toward upkeep of the garden.

Volunteers, who do the planting, mulching, watering and weeding, logged more than 1,000 hours last year. Boy Scout Troop 500 built and outfitted the garden. Some species in the collection are not found naturally anywhere else in the world.

Point Loma resident Joel Kalmonson has headed the volunteer team for the last six years. He got involved in the project, he said, when he ran out of front-yard real estate for his cactus and succulents.

“They gave me a key to the shed and I was in,” Kalmonson said.

The property wasn’t always so tranquil, according to Dhu. In the middle of the hippie movement in 1971, he said, locals held a protest against the city’s plan to allow development on the parcel. The demonstration started at the beach in protest against the Vietnam War and ended up at what eventually became the garden. Although police answered with tear gas, local prevailed, Dhu said.

The garden project began in 1982 with native plants representing Central and Southern California, the Channel Islands and Northern Baja. The foundation took over the project about seven years ago.

At first glance, the place looks like any other wild hillside in San Diego. Look a little closer, though, and you start to distinguish exotic specimens. These plants you won’t find amid the landscaped lining the freeways or in many garden centers. Dhu said, residents who call Ocean Beach “The thing about San Diego is that we have more biodiversity than any county in the United States,” said Dhu.

Winter is one of the best times to visit the reserve, Dhu said, because we don’t want it to look like a cemetery,” Dhu said.

The variety of native specimens includes Shaw’s agave, which is rare in Southern California but more abundant in coastal Northern Baja; island tree mallow that, Dhu said, doesn’t need water; bladderpod, the favorite habitat of the Hermes copper butterfly, which Native Americans used to make tea. They also used flat-top buckwheat for tea and porridge, Dhu said.

The garden is home to more than 100 species in the collection are not found naturally anywhere else in the world. Dhu said, residents who call Ocean Beach "The thing about San Diego is that we have more biodiversity than any county in the United States," said Dhu.

Volunteers, who do the planting, mulching, watering and weeding, logged more than 1,000 hours last year. Boy Scout Troop 500 built and outfitted the garden. Some species in the collection are not found naturally anywhere else in the world.
The Estate Sale: a treasure trove of value and selection

By MARSHA KAY SEFF | THE BEACON

It takes courage to open a store and commit to a monthly rent of $6,000 in this sluggish economy. But that’s just what the owners of The Estate Sale in Pacific Beach did in June — and they’re not a bit sorry.

Already, according to owners Laura and Mike Pietrzak, the resale store has moved into the black — just barely. According to the couple, reasonably priced antiques, used furniture and “other curiosities” are just what today’s bargain hunters are searching for.

And search they must. For it’s easy to miss this storefront tucked away on Garnet Avenue across the street from World Gym, just west of Interstate 5.

The Pietrzaks started out by selling used furniture in a North Park consignment shop. Doing well with that, they opened a small place in Oceanside before taking the leap to their current 4,400-square-foot space in Pacific Beach.

Now, they work 9 a.m. to 5 p.m., 365 days a year — including Christmas and New Year’s.

“We have a strong work ethic,” said 49-year-old Laura, a writer and former 401(k) specialist. “We bought a place on Garnet Avenue and we’re not a bit sorry.”

Their business works, they said, because they haven’t overextended themselves. Their initial investment was minuscule, Mike said.

“We laugh about earning 10 cents an hour — and we’re grateful,” she said. “We’re here most of the time. This is our home.”

Mike, who at 39 has worked as a handyman and fisherman, said, “We buy low and sell low to keep a profit margin.”

They started by selling a single dining-room table on consignment, bought for $50 and sold for $125.

“We found out we could get a lot of stuff cheap,” he said.

“Mike can fix anything,” Laura said. “He’s a workaholic and has a workshop in the back of the store, where he refurbishes and repurposes many pieces.

“That’s good and it always will be,” Laura said, adding that the couple has been married just two years.

The Pietrzaks also take trades. “We buy low and sell low to keep a profit margin,” Mike said.

No trade, however, is too small. “We buy low and sell low to keep a profit margin,” Mike said.

“They have a strong work ethic,” said 49-year-old Laura, a writer and former 401(k) specialist. “We bought a place on Garnet Avenue and we’re not a bit sorry.”

Their business works, they said, because they haven’t overextended themselves. Their initial investment was minuscule, Mike said.

“We laugh about earning 10 cents an hour — and we’re grateful,” she said. “We’re here most of the time. This is our home.”

Technically Mike is the shop owner and Laura is his “helper.”

Just seven months into their ambitious business venture in Pacific Beach, store owners Mike and Laura Pietrzak are making great gains in growing The Estate Sale on Garnet Avenue.

The Pietrzaks become friends with many of their customers, especially the regulars.

“An Attorney Would Love!”

An Attorney Would Love! A Law Corporation

619-222-5500

Free Consultation with this ad!

Virginia L. Weber, Inc. A Law Corporation

“An Attorney Would Love! A Law Corporation

619-222-5500

Free Consultation with this ad!”

By MARSHA KAY SEFF | THE BEACON

The Pietrzaks became friends with many of their customers, especially the regulars.

Smiling as her husband chatted with a regular and carried a china cabinet to his truck, Laura said that although they live in a condo a few miles from the shop, “We’re here most of the time. This is our home.”

For more information, call (760) 696-7982, or visit www.thestatesalesanddesign.com.
**WHALAS CONTINUED FROM Page 1**

ed with the regular park entrance fee of $5 per vehicle and $3 for motorcyclist, bicyclist and walk-in. Passes may be purchased at the museum.

For the funding the 2012 Whale Watch and International Life Festival is provided by the Cabrillo National Monument Foundation. Created in 1913, Cabrillo National Monument has served visitors and preserved nature and history for nearly 100 years.

The monument, located at the south end of Catalina Boulevard, is open daily from 9 a.m. until 5 p.m. For more information, call (619) 575-3440, or visit www.cps.us/calbu.

--- Staff and contribution

---

**SAN DIEGO BAHÁ’I CENTER**

**Information gatherings**
every evening of the week.

Call for more information: (858) 454-5203 © (858) 274-0178

Or join us on Sunday at the
San Diego Bahá’í Center
6545 Alcala Knolls Dr. (Off Linda Vista Rd)

9:30 am – 10:00 am
10:30 am – 12:00 pm
Multi-Faith

Devotional Program

Please call 858-268-3999 for more information and visit our websites:

www.sandiegobahai.org © www.bahai.org

---

**SAN DIEGO COMMUNITY NEWS & BEACH**

**DOWNTOWN NEWS**

**La Jolla Village News**

**BEACH & PRESS**

**PENINSULA BEACH**

---

**SUBMISSIONS**

Announcements, photos and story ideas are welcomed. We ask that content be sent at least one week in advance via email, contact information, call (619) 575-3440, or visit www.cps.us/calbu.

---

**OPINIONS**

Opinions and letters to the editor are expressed on the Opinion Page do not neces-

sarily represent the views of the San Diego Community

Newspaper Group. To submit letters to the editor by email, contact information, call (619) 575-3440, or visit www.cps.us/calbu.

---

**COPYRIGHT © 2011**

All rights are reserved. This newspaper is printed in the United States of America with any ink and recycled paper.
Urges USPS to move on with Midway PO site

An open letter to Eva Jackson of the United States Postal Service, senators and congressmen:

In a followup of the article in the Peninsula Beacon’s “USPS again eyes Midway Post Office for closure,” Dec. 15, Page 1 in regard to the Midway Post Office on Midway Drive, we request your attention. With the USPS acknowledgment of “undertutilization” of this site and the “need to reduce its operating costs,” the Peninsula Woman’s Club strongly urges your interceding in achieving the USPS goal [of fiscal solvency].

Yes, we do wish to maintain the “retail operation” of the post office at this site, including the existing amenities, but no processing or storage functions. We encourage the cutback in days and hours, if necessary, for this to happen.

Ruth Sewell
Project coordinator, Peninsula Woman’s Club

The political, economic aspect of animal rights

Animal-rights activism is a unique social movement. It is a humble movement that gives a voice to those who cannot speak. But why do many animal-rights organizations thrive on advertising mutilated [animals] and [showing] partial nudity of women? Many authors have suggested that animal rights in this modern-day era "will not reform an economic system that has benefited the country so well and, after all, if people in the U.S contemplate our economy, capitalism is natural." And, after all, if people in the U.S contemplate our economy, capitalism is natural.

The reality is that the U.S government would not reform an economic system that has benefited the country so well and, after all, if people in the U.S contemplate our economy, capitalism is natural. It is an economic system that exploits the weaknesses of consumers and suppliers alike. It reflects the way of might makes right, it is a gamble that is tantamount to both sides.

Animals are exploited by the food industry, as well by the cosmetic industry, but people also do not see that animals are exploited by organizations that are dedicated to protect animals as well. Animal-rights organizations use pictures of tortured animals to make people feel guilty and get them to possibly donate to their cause so their organization can thrive. That can be good and bad, because on one hand animals are possibly being helped from donations on the other, activism is made into an act of commerce because on websites of animal-rights groups, there is a link that says if you donate now an animal will be saved. If people become accustomed to that kind of activism, a capitalist economy has granted that the donations are 100 percent profit for whatever use that organization wants to use hard-earned money for.

Those are some key points Bob Torres: “Making a Killing” has shed light upon, such as many authors have shed light upon the U.S economic system. (Other include Upton Sinclair’s “The Jungle” and George Orwell’s “Animal Farm.”) In all of these books, there have been suggestions of socialism, government reform and utopian motives from government, and they all ultimately suggest the reformation of the economic system of capitalism.

The reality is that the U.S government would not reform an economic system that has benefited the country so well and, after all, if people in the U.S contemplate our economy, capitalism is natural. It is an economic system that exploits the weaknesses of consumers and suppliers alike. It reflects the way of might makes right, it is a gamble that is tantamount to both sides.

...Where could people find the equilibrium in that, and even more so, animals?

Tim Zaragoza
High Tech High School

Photo caption appears to be off mark

I’ve read a lot in the Dec. 22 Peninsula Beacon Page 7. Good news if he really made the break, but I don’t see what the caption’s title has to do with Jim Grant’s photo. The marine mammal pictured looks to be a common dolphin (Delphinus sp.). For comparison, I’ve attached two photos and list here links to two pages from the American Cetacean Society’s website: www.acsonline.org/fact-pack/common.htm and www.acsonline.org/fact-pack/-KillerWhale.htm (note, for example, where the white patch lies on each in relation to the dorsal fin).

Also, please help us readers with the [photo caption] statement, “Fortunately, no incidents have been reported involving the orca.” Be it orca or common dolphin, what can this mean? Were some boaters chasing the animal and, therefore, bringing (no pun intended) the Marine Mammal Protection Act? Did someone try to jump overboard for a closer look?

Thanks for any light you can shed on this troublesome mystery.

Judith Garfield
La Jolla

Photo seems that of common dolphin

On Page 7 of the Dec. 22 Beacon you have a photo that is not a killer whale, as speculated. It is a common dol-phin. The dorsal fin is not the right size and shape of the killer whale. The white spot is also not in the correct location for a whale. Nice photo, though!

Lynn Wade, and Michael BuFafly
Ocean Beach

7th Annual Spaghetti Dinner and Sauce Contest

Featuring Music By Jay Rosso

Saturday, February 4th, 2012
4 p.m. until 9 p.m.
Masonic Center • 1711 Sunset Cliffs
$10.00 Donation
Silent Auction & Raffles. Great Prizes!!
Tickets available at the door, or call Bill or Marti Klee at (619) 225-8200

NATIONAL UNIVERSITY

OPEN HOUSE, SATURDAY, JANUARY 14 AT 10 A.M.
Receive detailed information about our many programs and find the answers to all your education questions in one place.
At the open house, you can:
• Speak with faculty and admissions staff
• Tour our San Diego Spectrum campus
• Learn about financial aid options available

Our San Diego Spectrum campus offers programs in:
• Business and Management
• Education
• Engineering, Technology, and Media
• Health and Human Services
• Liberal Arts and Sciences
• Extended Learning

RSVP TODAY
www.nu.edu/openhouses
800.NAT.UNIV

SPECTRUM BUSINESS PARK CAMPUS
9388 Lightwave Avenue
San Diego, CA 92123
Recognizing the need for outside help in caregiving

Caregivers often don’t recognize when they are in over their heads, and often get to a breaking point. After a prolonged period of time, caregiving can become too difficult to endure any longer. Short-term, the caregiver can handle it. Long-term, support is needed. Outside help at this point is often necessary. A typical pattern with an overloaded caregiver may unfold as follows:

- 1 to 18 months—the caregiver is confident, has everything under control and is coping well. Other friends and family are lending support.
- 20 to 36 months—the caregiver may be taking medication to sleep and control mood swings. Outside help dwindles away and except for trips to the store or doctor, the caregiver has severed most social contacts. The caregiver feels alone and helpless.
- 38 to 50 months—Besides needing tranquillizers or antidepressants, the caregiver’s physical health is beginning to deteriorate. Lack of focus and sheer fatigue cloud judgment and the caregiver is often unable to make rational decisions or ask for help.
- It is often at this stage that family or friends intercede and find other solutions for care. This may include respite care, hiring home health aides or putting the disabled loved one in a facility. With-out intervention, the caregiver may become a candidate for long term care as well...read this entire article by going to www.planforcare.org. The RN Care Managers at Innovative Healthcare Consultants can also help guide you in the ways to get help. Call (877) 731-1442 toll free or visit our website at www.innovativethec.com.

Women with hair loss can have thick hair!

According to the Women’s Institute for Fine and Thinning Hair, there are 30 million women who are currently experiencing hair loss. It can begin as early as puberty: although it usually occurs between 15 and 55 years of age. In the past several years effective treatments have become available for fine, thinning hair. Professional hair loss products are most effective when, used at the first signs of thinning or hair loss. Volume is the most requested and received $200 off on your first full head of hair replacements. 858-456-2344 or go to www.beautybyjudy.info

Judy Judy Hair Salon
7734 Herschel # D La Jolla

Mobile Dental Hygiene Care

RDHAP’s provide dental hygiene services for homebound patients and those in nursing facilities. Research continues to show a correlation between oral health and overall health. If you or your loved one is no longer able to physically go to the dental office because of medical problems, dental hygiene will now come to you! My company provides dental hygiene care with mobile dental hygiene equipment in the comfort of your home. For dental problems beyond our scope of practice, we will provide you with a referral to a dentist to help with your dental needs. Insurance and Denti-Cal may be accepted.

Make a “Good Health” Resolution at OB People’s

A natural, organic diet can make a world of difference when it comes to keeping yourself and your planet healthy. Ocean Beach People’s Organic Food Co-op is the perfect place to explore all the elements of a healthy lifestyle.

Many of us make New Years resolutions that are abandoned by the end of the first month. When you make the resolution for good health and eat more nutritionally, you feel the benefits immediately and are more inclined to keep your “good health” resolution. Take simple steps to nutrition by adding whole grains, fresh fruits and vegetables to your New Year’s diet.

Quick and wholesome snacks include: crisp and crunchy apple slices dipped in almond butter; mixed salad greens wrapped in a whole grain tortilla with hummus dip; diced avocado mixed with chopped roma tomatoes and a drizzle of olive oil—spread on a rice cracker or eaten with blue corn chips. Keep your snacks fun and creative and you’ll be more apt to make them, thus keeping you safe from the fast food calorie-chok-ing burger.

Established in 1972, Ocean Beach People’s is a member-owned California cooperative that offers organic produce, grocery and bulk items, vitamins, herbs, aromatherapy products, cruelty-free body care items, and an award winning sit-down Deli. Our educated staff and outstanding customer service can provide you with all the support and information that you need on your path to total wellness.

This year make a resolution to check out Ocean Beach People’s Organic Food Co-op, where “everyone is welcome and anyone can join.” People’s Co-op is open daily from 8 a.m. to 9 p.m. at 4765 Voltaire Street. Please call (619) 224-1387 or visit us online at www.obpeoplesfood.coop for more information.

Dental hygiene at home!

Do you or a loved one have a problem getting to a dental office? (Service limited to nursing facility or homebound patients)

Don’t risk their dental hygiene.

Have a dental hygienist come to them! Call today 619.997.3895

Rose M. Hall, RDHAP #357 rosemhallrdhap@gmail.com CA Lic. RDHAP #357

Women with hair loss can have thick hair!

According to the Women’s Institute for Fine and Thinning Hair, there are 30 million women who are currently experiencing hair loss. It can begin as early as puberty: although it usually occurs between 15 and 55 years of age. In the past several years effective treatments have become available for fine, thinning hair. Professional hair loss products are most effective when, used at the first signs of thinning or hair loss. Volume is the most requested and received $200 off on your first full head of hair replacements. 858-456-2344 or go to www.beautybyjudy.info

Judy Judy Hair Salon
7734 Herschel # D La Jolla

Mobile Dental Hygiene Care

RDHAP’s provide dental hygiene services for homebound patients and those in nursing facilities. Research continues to show a correlation between oral health and overall health. If you or your loved one is no longer able to physically go to the dental office because of medical problems, dental hygiene will now come to you! My company provides dental hygiene care with mobile dental hygiene equipment in the comfort of your home. For dental problems beyond our scope of practice, we will provide you with a referral to a dentist to help with your dental needs. Insurance and Denti-Cal may be accepted.

Make a “Good Health” Resolution at OB People’s

A natural, organic diet can make a world of difference when it comes to keeping yourself and your planet healthy. Ocean Beach People’s Organic Food Co-op is the perfect place to explore all the elements of a healthy lifestyle.

Many of us make New Years resolutions that are abandoned by the end of the first month. When you make the resolution for good health and eat more nutritionally, you feel the benefits immediately and are more inclined to keep your “good health” resolution. Take simple steps to nutrition by adding whole grains, fresh fruits and vegetables to your New Year’s diet.

Quick and wholesome snacks include: crisp and crunchy apple slices dipped in almond butter; mixed salad greens wrapped in a whole grain tortilla with hummus dip; diced avocado mixed with chopped roma tomatoes and a drizzle of olive oil—spread on a rice cracker or eaten with blue corn chips. Keep your snacks fun and creative and you’ll be more apt to make them, thus keeping you safe from the fast food calorie-choking burger.

Established in 1972, Ocean Beach People’s is a member-owned California cooperative that offers organic produce, grocery and bulk items, vitamins, herbs, aromatherapy products, cruelty-free body care items, and an award winning sit-down Deli. Our educated staff and outstanding customer service can provide you with all the support and information that you need on your path to total wellness.

This year make a resolution to check out Ocean Beach People’s Organic Food Co-op, where “everyone is welcome and anyone can join.” People’s Co-op is open daily from 8 a.m. to 9 p.m. at 4765 Voltaire Street. Please call (619) 224-1387 or visit us online at www.obpeoplesfood.coop for more information.

Dental hygiene at home!

Do you or a loved one have a problem getting to a dental office? (Service limited to nursing facility or homebound patients)

Don’t risk their dental hygiene.

Have a dental hygienist come to them! Call today 619.997.3895

Rose M. Hall, RDHAP #357 rosemhallrdhap@gmail.com CA Lic. RDHAP #357
Nearby planners kick around oceanfront changes, tourist lures

The Pacific Beach Planning Group (PBPG) conducted a “design charrette” — or open workshop meeting — at the Discover PB offices on Garnet Avenue in December to gather community input on a proposed redesign of the South Pacific Beach oceanfront area.

The proposed oceanfront includes the area between Grand Avenue south of the lifeguard tower and Pacific Beach Drive on the south end of the Promenade shopping center and the area between Mission Boulevard and the boardwalk along Ocean Boulevard.

“The Pacific Beach Planning Group is coordinating an effort to create something really special for the Pacific Beach oceanfront,” said PBPG member Chris Olson.

Among the proposed changes being considered:

• increasing value to real estate
• serving visitors, local residential community and commercial/business
• public safety
• increasing accessibility by making the area more compliant with the American Disabilities Act, and making the area more bike, skate and pedestrian friendly
• expanding the boardwalk in congested areas
• relocating on-street parking
• improving use of off-street parking
• creating/incorporating the “beach experience” into designs
• advocating and creating a public space/pedestrian area
• providing space for vendors and advertising for local businesses
• creating a unique style of landscaping to enhance the boardwalk
• promoting alternative transportation by closing streets for non-vehicular use
• advocating and creating “sustainability”
• create a destination
• improving view corridors
• replacing/relocating the bathrooms at Pacific Beach Drive
• undergrounding utilities
• advocating and creating public art
• promoting local community involvement
• improving the continuity between the south and north sides of Crystal Pier

The meeting was used by members to mark up an aerial map of the project area to give a visual representation of the proposed improvements and to get as much input as possible from the community.

“Members of the Pacific Beach Planning Group held an open workshop in December to gather public input on proposed changes to the South Pacific Beach oceanfront area. Planners used an aerial shot of the targeted area to mark up potential goals and challenges.”

For more information, email surferoly@att.net.
There’s a new style of basketball being played by the boys at Point Loma High School (PLHS) this year. And if early results are any indication, it’s going to be a really fun team to watch.

In fact, students who turned out in larger numbers last year are likely to love the new, frantic pace maintained by this year’s group.

Last week, the 2011-12 squad did something no Pointer team has done, reaching the championship game of the 10-team annual Chula Vista (High School) Spartan Holiday Classic tournament. And while they dropped a hard-fought 58-49 decision to county power Vista, the Dogs left plenty of bite marks on the Panthers, who improved their record to 14-2.

In that championship showdown, the Pointers found themselves trailing 38-15 at halftime, but came out snarling in the second half to outscore the Panthers 34-20. Only the final buzzer ended a possible major upset by the determined Pointers, whose record fell to 4-4.

With a current long on speed, quickness and athleticism, but literally short in height, PLHS is relying on a hard-working, swarming, in-your-face defensive style that has visibly shaken some preseason opponents. The starting five and several super subs allow the Pointers to maintain a sweat-soaked intensity.

San Diego Southwest High, in particular, was thrown for a loop by the pressure, falling behind 44-12 at the break before the Pointers coasted to a 69-30 tournament win. The day before, the Dogs dropped host Chula Vista 55-36 after edging Helix 65-63 to earn a spot in the title game.

Two Pointer starters were selected to the All-Tournament Team. Senior guard Kohl Meyer (6 feet 3 inches) averaged 16.8 points, distributing 21 assists and recording 15 steals during the four games.

Teammate Dillon Fitzmorris, a 6-foot junior guard, averaged 11.5 points and awed tournament officials with 11 three-point baskets, including six against Helix.

Vista’s Sedrick Childress was named tournament most valuable player.

Pointer head coach Chris Brisco (fourth year, 39-37 record) explained the reason for his team’s new pressure-defense strategy.

“Last year, we had big guys like Nate George (6 feet 5 inches, now at Cal State Stanislaus) and Christian Heyward (6 feet 4 inches, now on football scholarship at USC), so we played a slowed-down game to get the ball in to them,” Brisco said. “This year, we have a bunch of fast guys like (football players) Jaron Griffen and Jamal Agnew, who are smaller. I took a look at the team and knew we were going to have to do a lot of trapping and try to force turnovers.”

The five players on the court at a given time — whoever they are — run continuously in the Pointer plan to disrupt their opponents’ offense.

But in addition to those turnovers and steals, the Pointers need to score at their offensive end. That’s where seniors Dan Enright (6 feet, point guard), Pietro Busalacchi and Mohsen Gharram (both 6 feet 3 inch forwards) join tournament stars Meyer and Fitzmorris in the mix.

Football player Grant Wilburn (5 feet 6 inches junior guard) also sees lots of action.

“IT’s a different pace and a lot quicker this year,” Brisco said. “And it’s a lot more fun. Last year, Kohl (Meyer) and Dan (Enright) had to pass the ball in and hope they got it back. Now, those two and Dillon (Fitzmorris) are focal points.”

Rounding out the varsity roster are juniors Bennett Reeber, Warren Green, Chad Ahumada, Deontay Walker and senior Jameel Pratt.

The Pointers will again compete in the Central League, where Coronado and Kearny already sport 10-4 preseason records and should challenge the Pointers for a league title. Christian, Madison, Crawford and Clairemont may struggle.

“I think the league teams are in for a surprise, because since I’ve been here, PLHS basketball squad stirs excitement, CIF hopes

SEE HOOPS, Page 11

Photo by Scott Hopkins I The Beacon
Looking ahead
Upcoming events in the Peninsula area, Jan. 6-12

BEGINNING FRIDAY, Jan. 6
Westminster Presbyterian’s Vanguard Theatre Company presents “Hamlet” by William Shakespeare. The production, directed by Tom Haine, begins at 7 p.m. on Jan. 6, 7, 8, 13, 14 and 15 at the theater, 3598 Talbot St. Tickets are $10 for general admission; $5 for students, seniors and military. For tickets or information, call the box office at (619) 224-6263, or visit www.vanguardsd.org.

WEDNESDAY, Jan. 11
The Point Loma Garden Club hosts its monthly meeting at 10 a.m. and features floral designer Diane Citrowske, who has 26 years of experience. The event takes place at the co-op’s community room, located at 2335 Chatsworth Blvd. The event includes an overview of the various programs, clubs and music opportunities at the school and the course-selection process and enrollment process for ninth-grade students and parents, and teachers at Point Loma High. The event takes place in the school’s gymnasium, located at 2335 Chatsworth Blvd. The event includes an overview of the various programs, clubs, and music opportunities at the school and the course-selection process and enrollment process for ninth-grade courses. For more information, call the PLHS counseling office at (619) 223-3121, ext. 1129.

FRIDAY, Jan. 13
The Ocean Beach Historical Society hosts a free presentation called “Shifting into the Real World: Preparing You for Humanity’s Shift out of the Substitute World and into the Real World.” As the old, unevolved structures of the world has been based on are crumbling around us, the world is quickly evolving into a new experience of reality. Learn how to be a part of this shift, rather than at the mercy of it, with intuitive and transformational counselor, teacher and author Jane Ilene Cohen. The free event takes place from 6 to 7:30 p.m. at the co-op’s community room, 4765 Voltaire St. The event is limited to 18 people. To RSVP call (760) 751-0733 or visit www.JaneCoshCounseling.com.

SUNDAY, Jan. 15
The Music on the Point series features a concert by pianist Jacqueline Schwartz at 4 p.m. The event takes place at All Souls’ Episcopal Church, located at 1474 Catalina Blvd. A donation of $5 is requested. A reception follows. For more information, call (619) 223-6194, ext. 13, or visit www.all-souls.com.

THURSDAY, Jan. 19
The Ocean Beach Historical Society hosts a free presentation called “Shifting into the Real World: Preparing You for Humanity’s Shift out of the Substitute World and into the Real World.” As the old, unevolved structures of the world has been based on are crumbling around us, the world is quickly evolving into a new experience of reality. Learn how to be a part of this shift, rather than at the mercy of it, with intuitive and transformational counselor, teacher and author Jane Ilene Cohen. The free event takes place from 6 to 7:30 p.m. at the co-op’s community room, 4765 Voltaire St. The event is limited to 18 people. To RSVP call (760) 751-0733 or visit www.JaneCoshCounseling.com.

SUNDAY, Jan. 22
Annual meeting of the United Portuguese S.E.S. R.S. The meeting will be held at the United Portuguese S.E.S. Hall, 2818 Avenida de Portugal at 7 p.m. All members and prospective members are welcome and encouraged to attend. For more information, call (619) 223-5880, or visit www.uspes.com.

PLHS 2012 CENTRAL LEAGUE BASKETBALL SCHEDULE

<table>
<thead>
<tr>
<th>Week</th>
<th>Opponent</th>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Crawford</td>
<td>Jan. 6</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Week 1</td>
<td>at Madison</td>
<td>Jan. 8</td>
<td>4:45 p.m.</td>
</tr>
<tr>
<td>Week 1</td>
<td>at Kearny</td>
<td>Jan. 10</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Week 1</td>
<td>at Christian</td>
<td>Jan. 12</td>
<td>4:45 p.m.</td>
</tr>
<tr>
<td>Week 2</td>
<td>at Crawford</td>
<td>Jan. 14</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Week 2</td>
<td>Madison</td>
<td>Jan. 16</td>
<td>4:45 p.m.</td>
</tr>
<tr>
<td>Week 2</td>
<td>Kearny</td>
<td>Jan. 18</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Week 2</td>
<td>at Clairemont</td>
<td>Jan. 20</td>
<td>4:45 p.m.</td>
</tr>
<tr>
<td>Week 2</td>
<td>at Christian</td>
<td>Jan. 22</td>
<td>7:30 p.m.</td>
</tr>
</tbody>
</table>

*Compiled by Scott Hopkins*

**HOOPS CONTINUED FROM PAGE 10**

I’ve never seen anyone use our style of play,” Brisco predicted. “Teams we’ve played are tentative, always worried when they’re dribbling, and I think they’re going to be shocked.”

Is a league championship banner headed to the Pointer gym? “I think we’ll be right there in the mix,” Brisco said.

**BITS ‘N’ BITES**

• Dave Aros (now head girls’ basketball coach) led the Pointers to the only boys’ tournament championship that any Pointer fans could recall, those coming in the Hilltop (Chula Vista) tournaments in the 1980s.

• Aros’ son, Josh, who was named to the Chula Vista Spartan Classic all-tournament team in 2005, is head coach of the Pointer boys’ JV team.

• Brisco is an off-campus coach, working at a San Diego middle school as a physical education teacher.

• A dedication to basketball and all other sports events at PLHS is free to seniors and older. CIF charges for playoff events.

**You Pick Your Meal**

Mix and Match to make your Perfect Dinner
7 days a week from 4 til closing

**$13.95* You Pick Your Meal**

1. Choose Your Entree
2. Choose Your Preparation
3. Choose Your Side

• Fillet of Sole
• Salmon
• Chicken Breast
• Sea Bass
• Mahi Mahi
• 10oz. Pork Chop

• Macadamia Crusted
• Blackened
• Lemon Caper Butter
• Teriyaki Glaze
• Pesto Cream Sauce
• Grilled

• Baked Potato
• Garlic Mashed Potatoes
• Rice Pilaf
• French Fries
• Cottage Cheese
• Steamed Vegetables

*All Entrees come with choice of soup or salad

Excluding Holidays

www.theredsails.com

Red Sails Inn
2614 Shelter Island Dr. San Diego CA • 619-223-3030

IN THE NEIGHBORHOOD

Photo by Scott Hopkins I The Beacon

Pointer basketball players Dillon Fitzmorris, left, and Kali Meyer were named to the Chula Vista Spartan Holiday Classic All-Tournament Team.
San Diego music fans have a lot of options when it comes to events, but one of the best-kept secrets is the "Listen Local" event that takes place every Thursday at Winston’s Beach Club from 5 to 8 p.m.

In its third year, the show is emceed by promoter and musician Cathryn Beeks, host of KPRI-FM’s “Homegrown Hour” and features an eclectic mix of acoustic artists and bands. Upcoming performers include The Mighty Sun and singer-songwriter Bianca Faras (today), Jan. 5; Two Worlds Connect (Jan. 12), Julian Temple (Jan. 19) and 90’s Vox (Jan. 26).

Since her arrival in San Diego in 1999, Beeks has worked tirelessly to promote local music, with showcases at several venues around San Diego — including the House of Blues. However, she said this particular music series is her favorite.

“I think that Winston’s is one of the great San Diego stages,” Beeks said. “No matter what, there’s always a space for some kind of music,” Beeks said. “It ranges from thrash metal to softer music, though things are never quite that extreme. It used to be just an acoustic showcase, but we’ve since welcomed all styles. Luckily, our soundman can handle all the different setups.”

Cathryn Beeks

Listen Local” emcee at Winston’s

“Listen Local” is her favorite.

— Including the House of Blues. How- ever, she said this particular music series is her favorite.

“It’s easy to sign up,” she said. “Just email me or call and I will do it.”

Anyone interested in performing can contact Beeks directly via the “Listen Local” website. “It’s easy to set up,” she said. “Just send me an email with a link to your music and you’re in. It’s that easy.”


“Matt Smith, formerly of The Ordeal, and I are starting to write some songs again,” Beeks said. “Whether it’s The Ordeal or some other project involving San Diego all stars, I just don’t know yet.”

In the meantime, she said she’ll continue bringing live music to lucky San Diegans. Pressed for a favorite, she feels demonstrates what a special place Winston’s is. “At our Christmas show, the owner was in, and I guess he was taken with all of the Christmas songs everyone was performing,” Beeks said. “He ended up buying the whole bar a round.”

- Listen Local Showcase: 5 p.m. on Thursdays at Winston’s Beach Club, 1921 Bacon St. No cover. 21 up and listennialocal.com.

Tango del Rey to host internationally flavored classical concert

Tango del Rey will host an unusu- al concert on Friday, Jan. 11, featur- ing tenor Ivano Giurini and soprano Aurica Avonaries.

Giurini was mentored by the great Luciano Pavarotti for three months in 2005 and Avonaries is a well-known singer in Bulgaria and a centerpiece of several Moscow orchestras, including Bolshoi Theatre’s “Kapris.”

The two will unite for a duet to per- form some of the most beautiful and timeless arias of the classical world.

Giurini performed at the San Diego Civic Theater in 2007 and 2008 as the lead soloist in the role of Camille de Rossillon in the “Mercy Widow.”

Thus, the same role Guirini gave more than 80 performances in more than 20 other opera houses in the U.S. and spectacles in every major Japanese opera hall.

Avonaries is a young opera actress who has been a singer at the Moscow Mayakovsky Theater and various orchestras like The Concert Brass Band, Moscow Folk Orchestra and Moscow Youth Chamber Orchestra. She participates as a singer in Moscow’s dramatic theaters, where she performs solo artes by Verdi, Verdi, Bellini, Tchaikovsky and others.

Tickets vary, but range from as low as $20 per adult up to $60 for the entire show. Children 10 to 21 are $10 or $11 per act and free for those 9 and younger.

Tango del Rey is located at 1567 Del Rey St. For price break- downs or information, call (858) 581-1114, or visit www.tangodelreyom. For other information, call (888) 776-0860 or email www. vassya.info.

The Beacon
Tile and Grout Cleaning Specialists

Have Floors Sparkling and Homeowners Smiling

As many homeowners know, keeping a clean and beautiful home can be a full-time job. After picking up, doing the dishes, vacuuming the floors, folding the laundry, and drying; and gardening, most home-owners don’t have the time or energy to tackle their grout and tile floors. Cleaning your floors by hand can be a lengthy and frustrating process no matter how hard you scrub your grout it still doesn’t look clean. Perhaps it is time to turn to the professionals.

Professional tile and grout cleaners can come to your home and apply a certified green cleaning agent to your floors. Then they use a professional extraction of your soiled grout lines. Once your floors are sparkling clean, a solvent-based sealer is applied to your grout lines to ensure easier cleaning for years to come.

For more information on tile, grout, and upholstery cleaning, you can contact Frank Blake Tile & Cleaning, a company with 15 years experience serving San Diego, at (619) 264-7676.

619.264.7676 BLAECARPETCLEANING.COM
**OPEN HOUSES**

**LA JOLLA**

- **Sun & Sat 1-4pm**
  - 6838 Armanda Ave. 389/5BA  $850,000-$1,075,000  David Schreider  619-459-2020

- **Sun & Sat 1-4pm**
  - 800 Prospect 4D  2BR/3BA  $495,000  Lynn Wolans  619-459-3651

- **Sat 12-3pm**
  - 553 Bonaire Place  3BR/2.5BA  $900,000  Tami Fuller  619-226-8264

- **Sat 1-4pm**
  - 1475 Caminito Cudlerino  3BR/2.5BA  $1,375,000  Gokul Srinivas  619-342-0035

- **Sun 1-4pm**
  - 7342 Eads  1BR/1BA  $300,000  Susan Weber  619-565-4707

- **Sun 1-4pm**
  - 553 Bonaire Place  3BR/2.5BA  $900,000  Alex De Rosa  619-754-3634

- **Sun 1-4pm**
  - 7344 Broaddus Way  2BR/2BA  $619,000  Maryl Weightman  619-354-2913

- **Sun 1-4pm**
  - 7005 Via Estrada  5BR/4BA  $2,000,000-$4,000,000  David Schreider  619-459-2020

**PACIFIC BEACH / MISSION BEACH / CROWN POINT**

- **Sat & Sun 1-4pm**
  - 1369 Humboldt St. 389/2BA  $515,000  Kathy Evans  619-489-7305

- **Sat & Sun 1-4pm**
  - 4076 & 4080 Morrell St. 4BR/3.5BA  $844,000-$849,000 each  Kathy Evans  619-489-7305

- **Sat & Sun 1-4pm**
  - 1056 Chadboung St. 3BR/3BA  $694,000  Kathy Evans  619-489-7305

- **Sun 1-4pm**
  - 1944 Mosaic  2BR/2BA  $375,000  Stoney Studebaker  619-349-3075

- **Sun 1-4pm**
  - 1716 Beryl St.  2BR/2.5BA  $775,000  Karen & Mike Dodge  619-394-8538

**POINT LOMA / OCEAN BEACH**

- **Sun & Sat 11-4pm**
  - 873 Loma Valley Place  4BR/4BA  $595,000  Robert Realty  619-652-8827

- **Sun & Sat 11-4pm**
  - 885 Armasa Terrace  3BR/2BA  $695,000  Robert Realty  619-652-8827

- **Sat & Sun 11-4pm**
  - 3751 Biloxi St.  2BR/2BA  $1,575,000  Robert Realty  619-652-8827

- **Sat & Sun 11-4pm**
  - 876 Armasa Terrace  2BR/2BA  $2,375,000  Robert Realty  619-652-8827

- **Sun 1-4pm**
  - 4042 Via Vista #375  1BR/1BA  $150,000  Tami Fuller  619-226-6264

- **Sun 1-4pm**
  - 2105 Emerald St.  2BR/2BA  $425,000  Tami Fuller  619-226-6264

- **Sun 1-4pm**
  - 3532 Quinby St.  2BR/2BA  $375,000  Tami Fuller  619-226-6264

**PLACE YOUR LISTING AT:** sdnews.com by Monday 5 p.m.

**RE MAX**

- **HOT REAL ESTATE PROPERTIES**

**Wrap it up for the holidays!**

**Great Homes, Quiet Streets, Desirable Neighborhoods, Great Deals**

Selling Beach Area Properties for over 30 years. Contact me or go to my website beachpropertybrokers.com for a free market analysis or list of properties for sale.

David R. Hill-REMax Coastal Properties
619-889-4955 DRE #00531219

**Real Estate Directory**

Advertise for as low as $75 per week. Call Kim for details. 858-270-3103 x140

**Mission Bay Real Estate Association**

Real Estate Trade Association for 92109

“Where professionals meet to serve you”

www.mbreacom

**ALREADY SAW IT?**

If you’re going to sell your house in the next six months, there are some things you can do now that will help you get top dollar for your house when you do sell it.

There’s a free report available that shows you the things that buyers most look for in a home, and how to make your house irresistible to buyers. You’ll learn:

- Why buyers love model homes and how to make your house look like one.
- A little-known designer’s secret that could net you $1,000 to $5,000 more when you sell your home.
- How to sell your house in as little as 24 hours – without ever putting it on the market.
- Three things you can do to get your house on a buyer’s “must see” list.

Jeffrey has compiled a free report that he calls How to Sell Your House for Top Dollar – Fast! This report details several specific ways to prepare your house for sale and how to make your house irresistible to buyers. Jeffrey says the information in this report is the secret to his success in selling homes so quickly, and the reason he can guarantee to sell any house in less than 90 days.

To get a copy of this free report, How to Sell Your House for Top Dollar – Fast! call 888-611-6015, ext. 38 for a 24 hour free recorded message. Or go to www.Berniesosna.com. There’s no cost or obligation and your report will be mailed today!

**Mission Bay**

- **4042 Via Vista #375**
  - 1BR/1BA  $150,000

- **2105 Emerald St.**
  - 2BR/2BA  $425,000

- **3532 Quinby St.**
  - 2BR/2BA  $375,000

**Point Loma**

- **873 Loma Valley Place**
  - 4BR/4BA  $595,000

- **885 Armasa Terrace**
  - 3BR/2BA  $695,000

- **3751 Biloxi St.**
  - 2BR/2BA  $1,575,000

- **876 Armasa Terrace**
  - 2BR/2BA  $2,375,000

**Point Loma / Ocean Beach**

- **Sat & Sun 11-4pm**
  - 6838 Armanda Ave. 389/5BA  $850,000-$1,075,000  David Schreider  619-459-2020

- **Sat & Sun 1-4pm**
  - 4076 & 4080 Morrell St. 4BR/3.5BA  $844,000-$849,000 each  Kathy Evans  619-489-7305

- **Sat & Sun 1-4pm**
  - 1056 Chadboung St. 3BR/3BA  $694,000  Kathy Evans  619-489-7305

- **Sun 1-4pm**
  - 7344 Broaddus Way  2BR/2BA  $619,000  Maryl Weightman  619-354-2913

- **Sun 1-4pm**
  - 7005 Via Estrada  5BR/4BA  $2,000,000-$4,000,000  David Schreider  619-459-2020

- **Sat & Sun 11-4pm**
  - 873 Loma Valley Place  4BR/4BA  $595,000  Robert Realty  619-652-8827

- **Sat & Sun 11-4pm**
  - 885 Armasa Terrace  3BR/2BA  $695,000  Robert Realty  619-652-8827

- **Sat & Sun 11-4pm**
  - 3751 Biloxi St.  2BR/2BA  $1,575,000  Robert Realty  619-652-8827

- **Sat & Sun 11-4pm**
  - 876 Armasa Terrace  2BR/2BA  $2,375,000  Robert Realty  619-652-8827

- **Sun 1-4pm**
  - 4042 Via Vista #375  1BR/1BA  $150,000  Tami Fuller  619-226-6264

- **Sun 1-4pm**
  - 2105 Emerald St.  2BR/2BA  $425,000  Tami Fuller  619-226-6264

- **Sun 1-4pm**
  - 3532 Quinby St.  2BR/2BA  $375,000  Tami Fuller  619-226-6264

**PLACE YOUR LISTING AT:** sdnews.com by Monday 5 p.m.
BE RESOLUTE!

2 for 1
“Get a Friend. Get Fit”
(A $249 value)
Offer expires 1-30-12

Beginners Series

crossfitoceanbeach.com • 1811 Sunset Cliffs Blvd.

MURPH SEL
“Happy New Year!”

NEW HAIRDRESSER • NEW LOOK • NEW YOU

elaine dill studio for hair
3857 voltaire street san diego, ca. 92106
619.222.3455
tues-fri 10-6 sat 9-3 evenings by appointment

NEWPORT AVENUE OPTOMETRY

Newport Avenue Optometry showcases more than 1,000 frames and sunglasses from top designers

Contact Lens Package
• Complete Eye Exams
• All follow up visits
• Six month supply of Disposable
• Contact Lens Care Kit

COMPLETE OCULAR HEALTH EVALUATION including exam for glasses

$156

COMPLETE OCULAR HEALTH EVALUATION including exam for glasses & contacts

$88

NEWPORT AVENUE OPTOMETRY

www.NewportAveOptometry.com

4958 Newport Avenue, Ocean Beach • (619) 677-2739

www.happyhighherbs.com

Not a dispensary, but we offer many herbal alternatives

Think Ocean Beach for the Holidays

Herbs for health, happiness, horniness, energy and wellbeing

Great Gift Ideas • Gift Certificates

Have a Healthy Happy New Year!

Voted Best Farmer’s Market in San Diego"
www.OceanBeachSanDiego.com

Ocean Beach "Where the sun sets on San Diego"

CrossFit Ocean Beach

©2012 Ocean Beach Mainstreet Association