WHAT A DIFFERENCE 70 YEARS MAKE

This clutch of celebrants doesn’t come close to the numbers that gather for the La Jolla Rough Water Swim these days (participants total around 2,000 now, making this a signature annual Village event). Then again, the year was 1945, and the area’s thoughts may have been elsewhere amid the wartime mindset. The 84th swim, ranked No. 3 among the nation’s 50 open-water swims by openwaterswimming.com, will take place Sunday, Sept. 13, following a year’s layoff due to nearby construction. The swim began in 1916, when seven men thought they’d swim about two miles and back in La Jolla Cove. Today, men, women and kids compete in five events along courses of 250 yards, one mile and three miles. Costs are underwritten by the nonprofit LJRWS Foundation. For more, see ljrws.com.

PHOTO COURTESY LA JOLLA HISTORICAL SOCIETY

The ground is moving at the newly named La Jolla YMCA as construction teams began demolition Sept. 8 to start renovations to the facility, at its current location for more than half a century. The project is designed to enhance the Y from top to bottom over an estimated two-year time frame. Meanwhile, one official asserts that the current four-year drought will have nothing on the new landscaping plan.

“For the past 50 years, the La Jolla YMCA has played a special role in so many people’s lives in La Jolla and beyond,” said Sue Ball, regional vice president for the La Jolla facility. “The expansion and renovation of our branch will allow us to...

SEE YMCA>> PG. 4

Branching out
Demolition begins at newly named La Jolla YMCA; funds sought

By YMCA staff and MARTIN JONES WESTLIN

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SEE YMCA>> PG. 4

Picture it: La Jolla photographer is named lifeguard of the year

BY MARTIN JONES WESTLIN

When Village News last looked in on John Maher, he was in his two elements. Not only was he preparing to exhibit some of his ocean-oriented photography at 2014’s La Jolla Art & Wine Festival; the area’s legendary waves were beckoning his presence for a short afternoon swim. And just the other day, he was in the ocean shooting footage of a bunch of stunt-double pro surfers for some big-budget movie.

For Maher, the sea is as timeless as the photographic image, and vice versa – and now, the La Jolla native has been chosen for an award that reflects his dedication to both.

Maher, 33, has been named seasonal lifeguard of the year by a group of peers and supervisors from City of San Diego Lifeguards. The honor, presented at the annual Hardy Awards banquet last August at The Local sports bar in...

SEE JOHN>> PG. 10

Traffic group rains on Howard Singer’s parade

By DAVE SCHWAB

The third time was not the charm for Howard Singer, whose bid to host an alternative parade in protest of the La Jolla Christmas Parade & Holiday Festival name was unanimously denied by the La Jolla Traffic & Transportation Board on Aug. 27.

Singer or his surrogates have appeared before the board twice previously.

Singer has been lobbying for years to have “Christmas” stricken from the parade’s name, which he insists should be changed to something faith-neutral.

In turning thumbs down on Singer’s street-closure application, the board, composed of members from several La Jolla civic groups that make recommendations on transportation- and infrastructure-related issues, cited many reasons for its disapproval.

SEE SINGER>> PG. 16

“Pinnacle of Pancakes” - San Diego Magazine
"Breakfast 5 Best" - USA Today

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La Jolla Jewish Center ex-CFO to surrender, commence 1-year term

The former chief financial officer who embezzled more than $400,000 from La Jolla’s Lawrence Family Jewish Community Center will surrender Oct. 9 to begin a one-year federal prison term handed down Aug. 28.

Nancy Johnson, 59, of Escondido, has repaid all $412,289 since her guilty plea June 2 to interstate wire fraud and filing a false tax return. She is free on $20,000 bond until her surrender.

However, U.S. District Court Judge Dana Sabraw ordered her to pay more than $115,000 to the Internal Revenue Service, as the funds she stole were not listed as income on her tax returns from 2009 to 2014.

Assistant U.S. Attorney Andrew Galvin said Aug. 31 the stolen funds were considered income subject to taxes. He urged Sabraw to impose the one-year term while defense attorney Tom Warwick Jr. recommended probation.

Court records show Johnson, who was hired by the center in 1991, spent the funds for many personal expenses, such as $1,795 for Jimmy Choo footwear and $375 at a steakhouse. She charged $5,217 for a Maui vacation and $3,666 for a trip to the Bahamas on the community center’s credit cards. She also spent $879 for tickets to the ESPN X Games. The prosecutor said the embezzlement probably started in 2008 and continued until the spring of 2014, when Johnson left the organization.

According to letters received by the judge, Johnson constantly ordered department heads to reduce their expenses. The center reportedly laid people off to save money, and workers said they had to cut many programs and activities.

Warwick told the judge Johnson has severe arthritis and is caring for her 99-year-old mother.

Johnson’s case is separate from that of the center’s former accounts payable clerk, Tamar Azizov, of San Diego. Azizov, 62, also pleaded guilty to wire fraud and filing a false tax return. The U.S. Attorney’s Office said Johnson did not know that Azizov was also stealing from the center. In that case, the loss to the center amounted to $154,192.

Azizov worked at the center since 1989. Her tax loss is $43,173, according to her plea agreement. She used interstate wire transmissions through amazon.com to pay for personal expenses, according to records. She is free on $20,000 bond, and she will be sentenced Sept. 11.

The center, founded in 1945, celebrates the local Jewish community by offering social, cultural, educational and recreational programs and services. It operates a preschool and an eldercare center. Thousands attend the San Diego Jewish Film Festival and the San Diego Jewish Book Fair each year at its headquarters, 4126 Executive Drive.

Conviction and deadlock found in La Jolla robbery

A jury has convicted a Moreno Valley man of robbing two women in La Jolla, but the same jury deadlocked on whether he was guilty of kidnapping the women or carjacking them.

The question of a retrial on the unresolved counts against Keith RussellLuckett, 25, is set for a hearing on Tuesday, Oct. 6 before San Diego Superior Court Judge Louis Hansano. The sentencing won’t take place until after the retrial issue is resolved.

Deputy District Attorney Jessi- cato said Luckett faces six years in prison for the two counts of robbery. If he’s convicted of two counts of kidnapping for robbery, he would face life terms in prison with eligibility for parole.

The two women were in front of the La Jolla Women’s Club, at 7791 Draper St., on May 4, 2014 when a man approached them and exposed the handle of a black gun in his waistband. One woman said she had no money, and he forced the women into their rental car and told them to drive to their bank. One victim drove to a bank, ATM on Silverado Street in La Jolla while the other was threatened by the women.

The woman withdrew $510 from her ATM, and Luckett allegedly forced the women to drive to Chase Bank, at 7777 Girard Ave. in La Jolla, where the other woman withdrew $500 from an ATM and surrendered the money to him. He fled short- ly afterward, and the women contacted police.

A DNA sample from the car was a match with Luckett. He had also had a DNA profile following an arrest for allegedly threatening his father-in-law.

His attorney argued there was no carjacking since one of the women drove the car, and he said it was not a kidnapping either. Luckett remains in the central jail without bail.

— Nud Putnam

News group staffers to address La Jolla merchants

San Diego Community News- paper Group staff members repre- senting La Jolla Village News, including publisher Julie Main, sales director Will Fuller and advertising consultant Mike Fahey, will address La Jolla Village Merchants Association’s Village Marketing Collective at its next meeting Tuesday, Sept. 22, from 11:30 a.m. to 1 p.m. at Riford Branch Library, 7555 Draper Ave.

La Jolla Village Merchants Association, the community’s Business Improvement District covering a 30-block area in the Village, created the collective to provide expertise to its merchant members, free of charge.

The goal is to help local busi- nesses “capitalize on the synergy of neighboring merchants, creat- ing a marketing buzz.

Monthly collective meetings are brown-bag (bring your own lunch) sessions with guest speak- ers, presenters and networking opportunities. Reservations are required.

Attendees must be merchants association members in good standing and current with their business tax assessments.

For more information or to reserve a seat for the next month- ly meeting, email HVran- naelajollabythesea.com or call her at (858) 454-5718.

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Fourth Church of Christ, Scientist, San Diego
1270 Silverado, La Jolla • Sunday Services and Sunday School:
10 a.m. • Wednesday Meetings: 7-9 p.m.

Conviction and deadlock found in La Jolla robbery

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Mayor Kevin Faulconer and 52nd District Rep. Scott Peters announced the official start of the vast renovation project at the South Park YMCA. What this grand opening means is that you will be able to come out and enjoy the new fitness center, the new pool, the new locker rooms and more. The Y will also open a new childcare center, featuring a family pool, competition pool, spa and children’s area. A wellness center will be added, featuring 9,000 square feet of cardio and strength equipment, group exercise and multi-purpose rooms. The facility will also feature a children’s area. A wellness center will be added, featuring 9,000 square feet of cardio and strength equipment, group exercise and multi-purpose rooms. The facility will also feature a children’s area.

A probate may need to be done when someone dies to take the title or ownership of the asset from the deceased. This is typically done through a court process. The purpose of a probate is to ensure that property is distributed properly and to protect the interests of the estate.

The process of a probate involves the appointment of an administrator or executor by the probate court. The administrator or executor is responsible for locating and collecting the estate’s assets, paying off any debts, and distributing the remaining assets to the rightful beneficiaries. This can be a complex and time-consuming process, and it is often necessary in order to ensure that property is distributed fairly and legally.
Prospect Street information center to close soon, merchants group announces

By DAVE SCHWAB

La Jolla Village Merchants Association has announced that the La Jolla Village Information Center, at 1162 Prospect St., will close soon. Sheila Fortune, the association’s executive director, said a grant that funded the Information Center’s operational budget for fiscal year 2014-15 expired in June, necessitating the center’s closure.

“Since LJVMCA inherited the center from the San Diego Tourism Authority in December 2012, we have used their business model to run the center,” said Fortune, noting La Jolla Blue Book’s opening of its own information kiosk in an old Information Center location “created a lot of confusion and a divide in the advertising income that was projected to keep the info center operational.”

Fortune said lease options are not being extended on the current center space. “Not being able to show a direct increase in hotel rooms booked through our reservation system,” she added, “we did not qualify for the 2015-2016 EDTS grant.”

Fortune said the Rotysn business office space, however, is part of the Alfonso’s Restaurant property. Alfonso’s announced months ago it will be closing its high-profile Mexican restaurant with patio dining at 1251 Prospect St. when its lease expires Oct. 15.

“I could be in this space a few more months — or several — depending on how that process works out,” said Fortune, adding that “Whenever we move the LJVMCA office, it will remain in the Village and be fully operational per our agreement with the City of San Diego.”

Fortune added that “all other business is being conducted as usual.”

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• Fortune announced that the organizers of So Fine on Kline, an annual fundraiser for Mary Star of the Sea Catholic Church in the Village, are exploring the idea of partnering with LJVMCA to expand its next fundraiser expected in November, which is to include a chili cook-off.
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UC’s Jack Schredder looks forward to the next hundred years

By SANDY LIPPE

Believe it or not, Tony Dow, legendary big brother Wally on the iconic “Leave It to Beaver” TV series, turned 70 this year. No big deal in and of itself, except that you’ll be able to wish him a happy birthday, however belated, at the 31st annual Fire Fighters and Friends Celebrity Waiters Luncheon for United Cerebral Palsy. The event is set for Friday, Sept. 25, at 11:30 a.m. at the Coronado Island Marriott Resort and Spa, 2000 Second St. in Coronado.

The luncheon draws a host of local and Hollywood celebrities to wait on some 400 participants. Last year, it raised $60,000 for United Cerebral Palsy. It’s the world’s largest single-day charity event, dedicated exclusively to raising money for UCP and other cerebral palsy organizations around the country.

Tony Dow was born in 1943 in Denver, where he was raised by his grandfather until he was seven. His family then moved to Los Angeles, where his dad was an actor, although his mother worked as a secretary.

Dow’s parents divorced when he was 13, and he was raised by his grandfather in and out of Hollywood. He later said, “It was a very confusing time for me.”

After attending Santa Monica High School, Dow joined the Air Force as a young man and, although he never served, he was given a draft number of 10 and finished high school in the Air Force JROTC program. His military service was brief, however, as he was discharged after eight months with an injury sustained while playing a game of touch football.

Dow went on to attend the University of Southern California on an athletic scholarship and played football, but he injured his neck twice and was forced to give up his dream of being an All-American and move on to his true calling: acting.

Dow landed his first major role on television in 1961 when he was cast as a child in the ABC series “The Sixth Sense.” Although he only appeared in a handful of episodes, it was his first step into stardom. He went on to appear in numerous TV series and films, most notably as Wally Cleaver on the iconic “Leave It to Beaver” TV series, which ran from 1957 to 1963.

Dow has been married twice and has four children. He has been involved in several charitable organizations throughout his career, including the Toy Drive for the Los Angeles Police Department, the Toys for Tots program, and the United Cerebral Palsy Association of Los Angeles.

In addition to acting, Dow has also been an active member of the Fire Fighters and Friends Celebrity Waiters Luncheon, and has been a多年for the past 31 years.

Dow lives in Los Angeles with his family and continues to be an active member of the Fire Fighters and Friends Celebrity Waiters Luncheon, and has been a多年for the past 31 years.
Second plaque dedicated to Robert Mosher, late local architect  

On Aug. 26, family and friends of late La Jolla architect Robert Mosher gathered at the observation deck named after him, next to Eddie V’s restaurant, to dedicate a second plaque there in his honor.

The new plaque, sporting a dazzling photo of the Coronado Bridge, which Mosher helped design, joins an existing bronze bust of the famed architect.

Mosher died July 26 in his San Diego home at age 94. He, along with Roy Drew, was part of the architectural firm of Mosher & Drew. They were responsible for the 1949, 1959 and 1979 expansions of philanthropist Ellen Browning Scripps La Jolla home, originally constructed by Irving Gill. These expansions were the first steps in creating the building that is now the Museum of Contemporary Art San Diego’s La Jolla location.

The ceremony was led by La Jolla entrepreneur Don Allison outside Eddie V’s, a restaurant Mosher also had a hand in designing.

Allison talked about how the Prospect Street observation deck, dubbed Mosher Point, got its start. He recounted that everybody involved thought creating a deck was a good idea, adding they estimated it would cost between $25,000 and $45,000.

“We were off by 100 percent,” Allison said, adding a decision was made several years ago to build the deck and attribute it to the Mosher family, who had owned the parcel on which the deck sits since 1944.

Allison said Mosher’s wife Jan-nie selected Mosher Point as the name for the deck. “Then my wife Janet came up with the (slogan) Mosher point of view — so that’s the title,” said Allison, adding that “The verbiage on the (Mosher) plaque came from (attorney) Marie Burke Lai.”

The bronze bas relief portrait of Mosher was sculpted by Benjamin Meza, present at the dedication.

Construction on the San Diego-Coronado Bridge, for some the city’s most recognizable manmade landmark, started in February of 1967. The bridge required 20,000 tons of steel and 94,000 cubic yards of concrete. To add the concrete girders, 900,000 cubic yards of fill was dredged, and the caissons for the towers were drilled and blasted 100 feet into the bed of the bay.

Originally, the toll was 60 cents in each direction. Several years later, this was changed to a $1 toll collected for traffic going westbound to Coronado only. Although the bridge was supposed to become toll-free once the original bridge bond was paid (which occurred in 1986), the tolls continued for 16 additional years. On June 27, 2002, it became the last toll bridge in Southern California to discontinue tolls, despite objections from some residents that traffic to the island would increase.

Bird Rock’s Midway bluff project delayed amid runoff issue

Bird Rock Community Council learned in September that construction on the Midway bluff stabilization project is going to be delayed.

City project manager George Freiha said the new timeline for completion has been pushed back to February of 2016. The project has been in the planning and design stages for more than a year.

Freiha previously told the community advisory group that storm water runoff was seriously eating away at the bluffs as far back as 2004.

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Call for details! 858-459-6919

Pacific Pearl La Jolla
6919 La Jolla Blvd. La Jolla CA 92037 www.PacificPearlLaJolla.com
The block section bounded by Prospect Street, Herschel Avenue, Silverado Street and Girard Avenue could be described as “restaurant row,” offering a variety of cuisines in comfortable settings indoors and out.

Two standout eateries in this area are Puesto, at 1026 Wall St., and Whisknladle, at 1044 Wall St. Puesto Mexican street food recently updated its menu. “We have a new octopus taco with crispy pulpo, avocado, chipotle,” said the restaurant’s management, which encourages patrons to “visit out popular eatery for unique artisanal takes on tacos, ceviches, margaritas and more in a bright and breezy eclectic dining room.”

“Whisknladle serves lunch, dinner and weekend brunch in the heart of downtown La Jolla, taking a back-to-basics approach to food and dining,” said the restaurant’s publicist, Cindy Nixon. “Owner Arturo Kassel and corporate chef/partner Ryan Johnston opened Whisknladle in 2008, seeking to bring good food, good wine and great people together. The culinary team focuses on creating comfort food with unexpected gourmet twists. With a strong dedication to the farm-to-table concept, the Whisknladle menu is in constant flux and reflects the best that local farms and seasonal bounties have to offer.”

Also on Wall Street is Karl Strauss Brewery-Restaurant, which brings its own brand of distinctive beers and cuisine to the Jewel.

Next door to Puesto on Wall Street is the Athenaeum Music & Arts Library, at 1008 Wall St., one of 16 nonprofit membership libraries in the country, offering a stellar collection of all things artistic and musical.

Yet another high-profile restaurant nearby, at 7811 Herschel Ave., is Hennessey’s Tavern, Inc. “Hennessey’s Tavern is your ‘local neighborhood gathering place,’ where locals and tourists meet for socializing,” said general manager Dan Lang. “We feature two fireplaces, a fire pit, outdoor dining and private rooms for special events and wedding parties. Hennessey’s La Jolla is open until 2 a.m. nightly offering entertainment daily.”

“We have award-winning fish and chips and buffalo wings as well as the best burgers in town,” added Lang. “Speaking of burgers, don’t miss out on the cuisine of Burger Lounge, at 1101 Wall St., which has handcrafted grass-fed burgers that you can feel good about eating, “and truly healthy salads,” said Robert Lane, the restaurant’s vice president of marketing.

Lane said Burger Lounge is all about “uncomplicated food that is made from scratch using whole-food ingredients.”

“It’s your neighborhood restaurant where you can get unpretentious, real food every day and feel good about it,” said Lane adding, “We’re a beloved brand in San Diego. We were born and raised here and now have 15 restaurants throughout Southern California.”

Marcos Sayd, spokesman for The Frap House, at 7844 Herschel Ave., said his new coffee shop is “a very boutique place, very lively, where people can sit outside and enjoy more than 20 flavors of frappuccinos as well as hot and iced coffee and many types of desserts and
Music School Grand Opening!
Kalabash School of Music + the Arts in La Jolla

Kalabash School of Music + the Arts opens its doors this month with private and group music and art classes for all ages. “Everyone, regardless of age, background or experience should have the opportunity to find and explore their artist within,” says owner and local musician Natasha Kozaily. Natasha and co-owner Chad Farran took over Prodigy School of Arts with the idea of bringing the local community together through music, arts and events.

For more information and available programs, visit KalabashArts.com or call 858-456-2753.

Debra Levine is your diamond expert in La Jolla! Debra’s grandfather established their family’s first jewelry store 95 years ago in Endicott, N.Y. “I developed a passion for gemology watching my father and uncles’ enthusiasm for gems,” said Debra. In 1986, Debra moved to California to attend the Gemological Institute of America where she obtained her graduate gemologist diploma. Upon graduation she was selected to work at the G.I.A. as a diamond grader in their lab. Debra’s desire to work more closely with people led her to transfer to the education division where she continued her career as a diamond instructor. In 1990, she moved to San Diego where she became a partner in a diamond wholesale company.

Missing the personal connection with her clients she opened a small jewelry store near UTC and then moved to Mission Valley in 1998. She chose to open a store in Bird Rock because it has the intimate feeling of a small community, and is reminiscent of her hometown. Debra is joined by her son David at her new location in Bird Rock. Stop by and say hello! For that personal touch in selecting the perfect engagement ring, making custom jewelry, or jewelry repair, they will take care of you.

*The monthly payment for a 30-year mortgage rate is 3.50%, payment of $4,500.00 on a loan amount of $150,000.**

**For a 30-year, the initial interest rate for the first 12 months will be 3.50%, and is intended to adjust upward upon the sum of the current index plus margin to 2.00% for the next 12 months. The interest rate may adjust annually thereafter.

Rates are based on the latest Freddie Mac weekly survey, which is an average of mortgage rates reported by lenders. Rates are subject to change daily. These rates are as of 5/20/2015.
Jacobsses to receive Carnegie philanthropy medal in New York

By CHARLENE BALDRIDGE

La Jolla philanthropists Joan and Irwin Jacobs will receive the Carnegie Medal of Philanthropy at the New York City Public Library Thursday, Oct. 15. The Jacobsses’ San Diego arts beneficiaries are legion, foremost among them San Diego Symphony. San Diego Symphony’s 2015-16 season opens Friday, Oct. 9. USCD graduate and opera singer Priti Gandhi, San Diego Opera’s artistic administrator, is in the cast of ion theatre company’s “The Master Class.” Sandy Campbell portrays Maria Callas, who shows her true diva colors while teaching a master class in opera. Kim Strassburger directs. The Terrence McNally play with music opens at ion Sept. 26. The Athenaeum Music & Arts Library announces its Northern Lights Anniversary Series with Victoria Martino and James Lent, who survey the music of Estonian composer Arvo Pärt Thursday, Sept. 17; Danish composer Carl Nielsen, Friday, Oct. 3; and Finnish composer Jooni Sibelius, Friday, Nov. 20. Concerts, performed in the Joan and Irwin Jacobs Music Room, begin at 7:30 p.m. at The Athenaeum, 1008 Wall St. To reserve tickets, call (858) 454-5874 or visit jlathenaeum.org/special-concerts. In case you misconstrued recent remarks here about soprano Lise Lindstrom singing in the “Turandot” chase scene in the current film “Mission Impossible,” La Jolla arts lover Marty Bloom set the record absolute[ly] straight by contacting Lindstrom, who reports that although the big action sequence was filmed in the Vienna Staatsoper and she recorded excerpts with the Vienna Philharmonic at the Vienna Musikverein, she is heard but not seen in the film. In the end, only a small bit of her singing survived. I am sorry if you were misled.

Former Old Globe Shakespeare Festival artistic director Darko Tresnjak, who recently staged “Kiss Me, Kate” at the globe and who is now artistic director of Hartford (Conn.) Stage (from whence sprang the co-world premiere of his/her/the Globe’s 2014 Tony Award-winning “The Gentleman’s Guide to Love and Murder”), will direct Kevin Bacon in the world premiere of “The Rear Window” at Hartford Oct. 22 to Nov. 15. Bacon plays L.B. Jeffries, the James Stewart character remembered from the 1954 Alfred Hitchcock film “Rear Window.” Mister Bacon announced the Bacon appointment resulted in advance sales that broke all Hartford Stage records.

Backyard Renaissance, which temporarily occupies ion theatre company’s lilypad Theatre in Hillcrest, is a new company established by well-known local actors/impresarios Jessica John and Francis Gercke. With the addition of Mike Sears, the company staged Jer Butterworth’s “Parlour Song,” directed by Lisa Berger and certainly one of the best productions in San Diego of late.

To make maximum use of the space at 5704 Sixth Ave., in Hillcrest, Backyard Renaissance “Unleashed” presented a terrific pay-what-you-can reading of Leslie Headland’s riveting “Renaissance” Sept. 2.

Directed by Diversionary Theatre artistic associate Anthony Methvin, the cast included Tom Zohar, Sarah Errington, Jake Rosko, Stewart Calhoun, Cara Hanhurst and Taylor Henderson. Backyard Renaissance produces “The Elephant Man” next spring with Gercke in the leading role of John Merrick. Butterworth’s “Jerusalem” was named by Michael Billington in his controversial book “From ‘Aida’ to ‘The History Boys’: Michael Billington’s 101 Greatest Plays.” Billington is the Guardian’s critic.

San Diego Musical Theatre appointed San Diego native Coleen Kollar Smith executive director of the organization, founded by Erin and Gary Lewis.

Next up for the company is the musical “La Cage aux Folles,” playing at the Spreckels Theatre Sept. 25 to Oct. 11. More information can be found at sdmt.org.

San Diego’s New York Fringe Festival production, “She-Rantus From Outer Space – in 3-D!,” copped a festival award for Best Costumes. Congratulations to all involved and especially to costume designer Jennifer Brown Giddings.

The work, written by Phil Johnson and Ruff Yeager, was commissioned by Diversionary Theatre, where it had its world premiere last season.

SANDY Campbell (left) is a dead ringer for opera icon Maria Callas in ion theatre company’s “The Master Class” – or is it the other way around? COURTESY PHOTO

John Maher, left, helps out with Day at the Beach, wherein the Windansea Surf Club introduces homeless kids to ocean culture. COURTESY PHOTO

Like the strains of a well-tuned computer with your vinyl music? You’re in luck, then, as UCSD’s ArtPower, the creative outfit designed to enhance the campus’ arts presence, will open its season Friday, Sept. 25, with “Shifting/Drifting,” a violin piece driven by real-time computer processing. School officials call it a depiction of “two ways of moving” – but before you make a choice, you might want to see our story on page 13 for further explanation.
Looking back at the 1940s in Beverly Hills, it seems extraordinary now. Everyone seemed to know movie stars; they were not such a big deal. June Haver was in my class, and I helped her put on make-up in our high school bathroom the day she landed a contract with Fox Studios.

André Previn went to my high school and played piano at my graduation. He later became a well-known jazz pianist and the principal conductor of the London Symphony Orchestra. The Tallchief sisters danced at my graduation. Both later became prima ballerinas, and Maria married world-renowned ballet choreographer George Balanchine.

I often went to Hedy Lamarr's house to watch movies; she lived just a few blocks from us. I remember the white rug we sat on — she served only white wine to avoid red spots. Sundays, I played volleyball at Betsy and Gene Kelly's house, and we usually ended with a game of charades. I wonder why no one plays this anymore. It was a lot of fun.

The big events in Los Angeles were the movie openings at the Grauman's Chinese and Pantages theatres. We would read about them and were even invited occasionally if we knew the star of the film. I have a photo of Errol Flynn and me. And actor Walter Pidgeon made a pass at me in our garden when I was 17, but my father interrupted him.

There were few live theaters then. I remember my favorite, the Turnabout Theatre. Elsa Lanchester performed there. What was special about it is that the first half of the performance was a puppet show, then at intermission, all the seats turned around to face the stage review so that those in the front row found themselves in the last. As I was one of many regulars, I had my own coffee cup there with my name.

We had season tickets to the Hollywood Bowl and had a box. My mother would bring dinner, as everyone else did. A few months ago, I was invited by friends to go to their box. Now, there is a catering service, and we ordered from a menu.

Gregory Ratoff, the movie director and actor, was also a good friend of the family and arranged for me to have a screen test at Fox Studios. It was successful, and I was offered a seven-year contract with Fox. The contract included dance, voice, and acting lessons and obligatory outings with male movie stars to feed the gossip columns. My parents said no, and instead, I went off to college. This is how I did not become a famous star.

In 1944, I graduated from high school, and, in 1945, the war was over. My parents had met a French professional dancer-turned-party who told them about Scripps, a women's college. That short conversation was the deciding factor. The professor vouched for my family, and I was accepted at Scripps. I was one of three foreign girls there. I majored in philosophy and psychology.

I graduated in three years, going to summer school at UCLA and at Berkeley, where I stayed at the International House. Whenever tour buses came by, we all lined on the ground and pretended to eat grass.

It was not the first time I was away from home. I had gone to summer camps at Big Bear Lake and Lake Arrowhead and worked as a junior counselor. I loved camp and especially being in charge of little children. Later in life, I worked as a psychiatric social worker in a child guidance clinic.

My brother was becoming overly Americanized, according to my parents. He had rowdy friends coming over and was caught by the police sitting with a bunch of boys on a tree branch in front of a girl's window to watch her undress. He was 14 and sent to a boarding school.

In January of 1948, when I was 21, we took a trip to France to find that all we have ever owned was gone. The apartment we had lived in had other tenants. No one knew where all our furniture, paintings, and personal belongings had disappeared to, and there was no one to ask. The visit was bittersweet — I loved Paris and the young people I met. French youths were very different from my American friends; they were politically engaged and were discussing Sartre and existentialism.

They were also freer with their morality, which worried my parents.

Yet my parents let me travel alone from Calais to Dover by ferry. I had wanted to see the white cliffs of Dover, which turned out to be gray. I also wanted to see a Shakespearean play at Stratford-upon-Avon.

The play ended too late to return to London, so I rode a milk train, which took all night. This adventure was one of the highlights of my youth.

I wanted to stay in Paris, but my parents insisted that I come back with them to the States. My story will continue sporadically...

— Natasha Josefowitz taught the first course in the U.S. on women in management and is the author of 20 books. She lives at the White Sands in La Jolla.

How Do You Match Extensions? If you are blending color choices extensions that are at the same level of color as the clients own hair. If you are blending color of your clients hair choose a shade that works well with the skin tone. A coloring process can be done to the natural hair 48 hours prior to application and extensions can be matched to that.

What type of hair extensions do you use? Judy uses Great Lengths-all natural hair extensions and probably those extensions because they are created from 100% human hair and use a unique, application process that attaches a bond of protein to the natural hair structure of your hair. Your hair is not harmed by this application process. Others use techniques such as welding, glazing, and knitting, which strain your hair to a high degree. Judy uses a much more gentle principle called modulating. An extremely high-tech method of bonding the hair strand to your own hair. Extensions can be used for volumizing, lengthening, coloring or simply adding texture; Judy will offer a free consultation guiding you through your new style. Whether creating a new look, following fashion or with a special occasion on the horizon, Judy’s hair extensions have over 55 colors to choose from and blend with your own hair. Most importantly, your own hair will not be damaged and the extensions can be easily removed by an expert.

Can hair extensions damage my hair? No, they will not. Actually, even very fine and damaged hair can be worn with judiciously chosen extensions because they will protect your hair from things that could damage like curling irons, blow dryers, styling heat and environmental damage. Because of the unique application bonding system, the extensions can be easily removed. This is different than many hair extension methods that bond too tightly to your hair. Judy is fully trained on how to educate her clients professionally take care of their hair extensions at home. Judy will recommend hair care products, brushes, combs and appliances for use at home. Hair styling is very similar to how you style your hair without extensions. Contact Judy in La Jolla VILLAGE for answers to any more of your hair extension questions. hairextensions@jollassvillage.com.

Call today and receive $200 off on your first full head of hair replacement! 858-456-2344. Judy Judy Judy, 7734 Herschel Ste #9, La Jolla.

Women with Hair Loss can have Thick and Healthy Hair

Volume is the most requested service of all clients. Thick, healthy hair is never out of style! Even with all the excellent professional volumizing products available, nothing compares with the real thing: thick, healthy human hair.

The unique patented process used at Judy’s salon attaches a protein bond of real human hair to a section of your own hair. The bonds are so discreet you can style your hair anyway you choose. This unique application process makes it the only system that does not further damage your hair.

By Natasha Josefowitz, Ph.D.
Bird Rock's Voce Del Mare excels from top to bottom  

By MARTIN JONES WESTLIN

I wonder if Voce Del Mare, a little Italian venue that helps shape Bird Rock's lofty neighborhood vibe, was something else before it decided to morph into an eatery. I don't imagine you normally see a restaurant with ceilings so low-slung, unless the intent is to draw attention to the oversize wall hangings. The ceiling fans and chandeliers are a nice touch too, underscoring the place's boutique look and feel—everything considered, Voce Del Mare could easily have been a high-end art gallery at one point, with cuisine just happening along amid the patrons' tastes.

None of this is meant to take away from the delicious fare here; au contraire. In fact, the physical setting is part of the presentation at Voce Del Mare—such a welcoming, lived-in space begs your presence as you settle into your meal. More than 50 items pepper the menu, with pasta dishes among the signatures. Even the pork chops, about as Americanized a dish as there ever was or will be, get a deliciously Italianate treatment at Voce Del Mare, with a pesto sauce so good you'll think you, like, died.

But let's talk about the pasta for a couple seconds—or, more particularly, the spaghetti carbonara. You might have had a brush with this somewhere and not known it, because fettuccine is often used as the pasta in place of spaghetti. But this staff flexes its muscle with the eggs and cheese, two main ingredients in any self-respecting carbonara. The spaghetti takes it from there, fueling the succulence of this very Italian dish. And pasta isn't the only item on any Italian menu—just as Italy is a champ nation among seafood harvesters,
ArtPower, a creative enterprise designed to fuel the arts presence at UCSD, will open its 2015-16 season with the world premiere of “Shifting/Drifting,” a solo violin piece driven by real-time computer processing, at the Department of Music’s Conrad Prebys Music Center Experimental Theater on Friday, Sept. 25, at 8 p.m.

Inspired by Pulitzer-prize-winning composer and UCSD Prof. Roger Reynolds’ 40-year connection with the Arditti Quartet and violinist Irvine Arditti, “Shifting/Drifting” is a duet that captures the metaphorical journey from the violinist to the computer-musician (in this case Paul Hembree).

The "two ways of moving — also that seem[s] to me inherent in the way my friend Irvine plays his violin," Reynolds explained. "At times, a sudden and decisive shift from one position to another is called for; at others, a gradual and subtle repositioning of the hand, or an attitude, is more appropriate: 'shifting' or 'drifting.' The new work is a response to him and to his instrument."

Additional program information can be found at artpower.ucsd.edu. Tickets are $18 and can be ordered online at boxoffice.ucsd.edu or by calling the box office at (858) 534-TIXS (8497).

Reynolds, a Del Mar resident, is known for his capacity to integrate diverse ideas and resources and for the seamless blending of traditional musical sounds with products of technology. His work responds to text of poetic and mythological origins. He won the Pulitzer in music in 1989 for the string orchestra work "Whispers Out of Time."

Irvine Arditti studied at the Royal Academy of Music, where the Arditti Quartet was formed in 1974. Both in the quartet and as soloist, he has performed throughout the world in most of the leading concert halls and festivals, promoting the most challenging new music, and has given world premieres of hundreds of works.

ArtPower is designed to engage diverse audiences through vibrant, challenging, multi-disciplinary performances by emerging and renowned international artists. Through a network of partnerships, ArtPower provides opportunities for research, participation and creation of new work, igniting powerful dialogue between artists, students, scholars and the community.

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82% Reduction in Dementia?

With all the talk these days about Dementia you could be forgiven for thinking it's an infectious disease. Don't laugh… I actually had a client ask me if it was! The thing is, in years past everyone knew some older person who was a bit 'senile' but now it seems hardly a day goes by without hearing of a friend, family member or some famous person with Dementia.

Much of the research points to the simple fact that people are simply living longer, which is great, but who wants to be around and have the most important part of your body failing miserably? Naturally this begs the question of 'What can I do to minimize my chances of getting the disease?'

In a recent 10 year study by the Institute of Public Health at Cambridge University they have established that regular exercise can reduce your risk of Dementia by up to 82%.

So what do they mean by 'regular exercise'? Here's what they recommend:

- 3 x a week of vigorous exercise for 20 minutes with examples including jogging and swimming.
- 5 x a week of moderate activity for 30 minutes and the best example of this is walking.

Can it really be that simple? Yes, 'but' other key contributors are smoking and being obese, so it really is a combination of lifestyle factors but clearly the most important consideration is getting some exercise!

Your thoughts? Let me know at ss smith@comforcare.com

Longest summer racing season comes to a close as American Pharoah says goodbye to Del Mar

Del Mar Thoroughbred Club finished its 76th summer season on Labor Day, completing a 40-day stand that saw total handle figures rise by nearly 10 percent, field size hold firm despite more racing and its new dirt track receive positive feedback from local horsemen.

The track had two exceptional racing highlights during its season. The first was the track’s premier race – the $1 million TVG Pacific Classic – won in smashing fashion by the champion mare Beholder, the first time a female had beaten males in the 25-year history of the mile and one quarter.

In addition, Del Mar basked in the return of Triple Crown winner American Pharoah, who set up shop for training at the seaside course for the summer following his run to glory this past spring. The handsome colt, winner of the Del Mar Futurity in 2014, highlighted his summer activities with a special parade for the racing fans on Sunday, Sept. 6, when nearly 33,000 fans turned out to see racing’s newest hero.

Del Mar stretched its summer season out to eight weeks for the first time – running between July 16 and Sept. 7.

The new dirt main track, installed over the winter at a cost of approximately $5 million, performed well throughout the session.

"We had a strong racing product and generated momentum going into the fall season. There is a new normal, not just at Del Mar, but with California racing in general," said Joe Harper, Del Mar Thoroughbred Club president and CEO.

Del Mar’s second fall session, which will consist of five weeks instead of four this year, will run between Oct. 29 and Nov. 29.
Warwick, who took the lead on opposing Singer’s street-closure application, said his petition asking merchant support was “confusing in intent.”

Warwick added Singer has not done the things necessary to launch a successful parade, such as provide a website, solicit participation or secure funding for an expensive, time-consuming effort. Warwick said Singer also had not shown that he would provide security, as required by law, to ensure that the event would be safe for the public.

From the audience, La Jolla resident Tom Brady said Singer’s petitions were “flawed and without merit.” Noting the city is ultimately responsible for approving or denying Singer’s bid for another parade, Brady said it was his view that Singer’s request “should not con- sume any more time of this board.” Meanwhile, Chair Dave Abrams noted Singer’s street-closure request still “lacked detail.” Singer, noting he is a lifelong Rotarian, echoed that group’s motto in claiming his alternate parade would “build goodwill and better friendship” among community members.

Howard Singer has insisted for years that the name La Jolla Christmas Parade & Hol- iday Festival be changed to something faith-neutral.

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Ooh la la: French tarragon très bien magnifique!

By LINDA MARRONE

French tarragon flourishes in the summer months and is one of my favorite herbs. With just a light hint of licorice, French tarragon is preferred in cooking over Russian or Texas tarragon (Mexican mint marigold) due to its lighter flavor, which beautifully complements fish, chicken, eggs and vinaigrettes.

Plant your tarragon where it will receive full morning sun and light afternoon sun that is not too hot. Keep it watered during hot dry months, and the plants will produce a multitude of deep green, spearlke leaves on two- to four-foot plants. As do most plants, it prefers well-drained soil and needs an occasional feeding of organic fertilizer. Tarragon can be grown in the garden or in containers and is not picky about the type of soil it is grown in, but keep it organic.

Plant small tarragon plants in the spring and they will reward you with tasty leaves throughout the summer. Known to become root-bound even in the garden, the plants need to be dug up and their roots bound even in the garden, the plants will produce a multitude of deep green, spearlike leaves on two- to four-foot plants. As do most plants, it prefers well-drained soil and needs an occasional feeding of organic fertilizer. Tarragon can be grown in the garden or in containers and is not picky about the type of soil it is grown in, but keep it organic.

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