**Disability-ramp advocates launch drive for Children’s Pool access**

By DAVE SCHWAB

Referring to it as the “grandfather of disability ramps,” advocates are clamoring to get La Jolla’s Children’s Pool’s access ramp now under construction brought up to current Americans with Disabilities Act (ADA) standards. The pro-access group Restoring Access to Many People (RAMP) has launched a drive to petition the California Coastal Commission (CCC) to restore safe access by disabled people to the beach at Children’s Pool.

“This is the only ocean pool, not only in La Jolla but on the West Coast, that’s been accessible for the disabled,” said RAMP spokesperson Cheri Jacobs Aspen. “It’s a cruel joke that they’re constructing now ADA-accessible showers at the Children’s Pool lifeguard tower when there’s no ramp to get the disabled down to the showers.”

Jacobs Aspen said she began a petition drive May 8 to get the CCC to direct that Children’s Pool’s new lifeguard tower, now under construction, have its ramp leading down to the beach upgraded to current ADA standards.

Disabled-rights advocates say mannmade Children’s Pool had a serviceable ramp for the disabled as early as the 1940s, built to accommodate wheelchairs, walkers, the elderly and toddlers, until it fell into disrepair in recent times.

Herself disabled, Jacobs Aspen insists that making Children’s Pool truly ADA-accessible once again would “put San Diego on the ADA map of the world.”

Jacobs Aspen said she’s gotten about 260 signatures counted toward her ultimate goal of 1,000.

SEE ADA » PG. 2

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**Fireworks negotiations fizzle**

Event canceled despite the collection of sufficient funds at eleventh hour

Eleventh-hour negotiations to save this year’s Fourth of July La Jolla Cove fireworks display in Ellen Browning Scripps Park failed, and the event has fizzled for 2014.

“After 29 years of strong community support and four years of litigation to preserve the Fourth of July La Jolla Cove fireworks display in Ellen Browning Scripps Park, the nonprofit La Jolla Community Fireworks Foundation has finally raised sufficient funding for the 2014 show,” said foundation spokesperson Deborah Marengo on the group’s website at lajollafireworks.org.

“However, the foundation regrets to inform the community that this year’s 2014 Fourth of July event has been unable to retain a fireworks company at this late juncture. The 2014 Fourth of July Fireworks at La Jolla Cove will need to be cancelled because of the lack of any available licensed fireworks companies to perform the show.”

It costs the foundation about $30,000 per year to stage the event.

Marengo said litigation by environmental activists seeking tighter regulations for fireworks displays held over water has “unfortunately significantly delayed the necessary 2014 funding to the point where all available fireworks companies have become committed to other events.”

Encinitas-based Coastal Environmental Rights Foundation has filed several lawsuits against the city’s permitting process for events, including those involving fireworks. Following its fourth action in 2011, it issued a statement that read, “Unfortunately, the city has instead chosen to vilify environmentalists, delay and avoid dealing with the issues head-on, and sidestep the law. All of this is being done for the right to play favorites with certain annual events.”

Marengo said the city has been “wonderfully supportive in containing the La Jolla event and has incurred substantial expense in settling the four years of litigation by environmental activists.” She said all submitted donations will be refunded upon request.

Marengo said there’s hope for the future.

“With the four years of litigation now behind us, the La Jolla Community Fireworks Foundation looks forward to putting on the 2015 Fourth of July event at La Jolla Cove,” said Marengo.

“Many thanks to the community for supporting this important civic event, and we sincerely regret this year’s disappointing news. It has been a privilege to serve the community in celebration of America’s independence,” she said.

— Staff and contribution
BRCC declines to take a position on Christmas parade's name

By DAVE SCHWAB

Community activist Howard Singer was rebuffed in his attempt to secure the endorsement of the Bird Rock Community Council (BRCC) in his quest to give the La Jolla Christmas parade a nonreligious name.

“The Bird Rock Community Council does not have a position on this issue,” said Jacqueline Bell, group president, in June. “Per our articles of incorporation, we are a Bird-Rock-focused organization. The La Jolla parade falls outside of our purview.”

The La Jolla Christmas Parade & Holiday Festival, now in its 57th year and run by the private, nonprofit La Jolla Christmas Parade and Holiday Festival Foundation, attracts more than 20,000 visitors to the streets of the Village in early December.

Decrying the Christian-inspired parade name as “noninclusive” and not representative of La Jolla’s diversity, Singer (who is Jewish) and other activists have been lobbying off and on since 2005 to have Christmas removed from the parade name.

Nine years ago, a handful of critics, including Singer, were successful in bringing the parade name change to a secret ballot vote of La Jolla Town Council, the event’s original sponsor. The effort to make the name faith-neutral fell short by a single vote of councilmembers at that time.

Singer said “there are 10 major events, everything from two San Diego college football bowls to a two-night event in Balboa Park,” all of which have changed their names to “holiday” or something faith-neutral, like “December Nights” in the case of Balboa Park.

Asked if he would be willing to place the faith-neutral name issue on an election ballot, Singer replied he would not.

IN OTHER ACTION

• Gabriel Uribe, proprietor of a new restaurant coming to town — to be named Bird Rock Oyster and Sushi Bar (formerly Station Sushi) — said his restaurant is scheduled for June 13 Health Department inspection, after which, if all goes well, he will be able to announce an opening date.

• Bell encouraged local residents to attend the BRCC’s annual picnic barbecue on Aug. 5, catered by Beaumont’s restaurant.

• Pablo Lanatta, owner of Adrenalina The Longboard Specialty Skate shop at 5726 La Jolla Blvd., suite 105, told the BRCC he has launched a petition drive securing the names of local merchants advocating that the west side of the 5700 block of La Jolla Boulevard be changed to two-hour unmetered parking to prevent people — many of whom are Bird Rock employees, from parking there all day, disrupting customer flow.

• BRCC board member Barbara Dunbar, in charge of the community’s Maintenance Assessment District, which pays for median and other landscape improvements, said someone has been stealing trees, roots and all. She asked anyone with information on the thefts to report them at info@birdrockc.cc.org.

Faulconer 'Meet the Mayor' set June 16 at rec center

Mayor Kevin Faulconer and Police Chief Shelley Zimmerman will address City Council District 1 residents Monday, June 16 at 5 p.m. at the La Jolla Recreation Center, 617 Prospect St., as part of his “Meet the Mayor” Town Hall parley series.

The officials will take questions from the audience and expand on their visions for the city:

“The best way to run the city,” Faulconer said in a press release, “is to hear directly from the people you serve... I know how busy people are, so I am asking everyone to come.”

Faulconer said he’ll call such a meeting every month in each of the city’s nine council districts. District 1 includes La Jolla, University City, Del Mar Mesa and Del Mar Heights, Torrey Hills and Torrey Pines, Carmel Valley and Highlands Ranch.

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Bikeshare gaining no traction with planning association members

By DAVE SCHWAB

La Jollans continued to bulk at plans to put Bikeshare stations in their community by summer’s end.

Community planners expressed reservations about the new short-term bike-rental program at the June 5 monthly meeting of La Jolla Community Planning Association (LJCPA), an advisory group making land-use recommendations to the city.

In 2013, the City Council signed a 10-year contract to partner withDecoBike to create a citywide network of 180 Bikeshare stations for short-term rentals to encourage bicycling and alternative modes of travel other than cars.

Fourteen of those stations — eight in the Village, three in La Jolla Shores, two in Bird Rock and one in WindanSea — are proposed in La Jolla.

DecoBike representative Angela Landsberg told LJCPA trustees that La Jolla’s proposed Bikeshare stations are not locked in and that the company is more than willing to switch them out for other viable alternative sites.

Landsberg said uniform Bikeshare stations typically come in 8- and 16-bay setups that will be available for business advertising opportunities.

“They’re in essence billboards with public advertising,” said Cindy Greatrex, immediate past president of La Jolla Town Council. “Greatrex’s concern was echoed by LJCPA secretary Nancy Manno, who said, “The idea of billboard advertising on kiosks is appallingly terrible. I find it tremendously offensive.”

“As we’re going to have to take it (Bikeshare) whether we like it or not,” said trustee Dan Courtney, who pointed out La Jolla’s often narrow sidewalks include competing car valets “grabbing every parking spot they can get.”

“It (Bikeshare) violates the La Jolla PDO (Planned District Ordinance governing development regulations),” said audience member Don Schmidt, a La Jolla Historical Society member. Trustee Frances O’Neill Zimmermann said the stations “are aesthetically terrible” and questioned whether the topography of La Jolla, with its many hills, would lend itself to short-term rentals.

Though La Jolla is not included in the first phase of Bikeshare’s rollout, the city has said the entire network is expected to be in place by the end of this summer.

IN OTHER ACTION

• Trustees voted to reaffirm a previous LJCPA vote against a proposed cell phone tower near Torrey Pines Elementary School.

• Parents and neighbors of the proposed tower continued to lobby against it, insisting such facilities raise health concerns and shouldn’t be located near schools or other youth-oriented institutions.

• A brief presentation was given by the city on plans to install unseen photovoltaic solar panels atop the Bay View Reservoir at 9175 Parkview Terrace.

• Trustees were clued in by the city on plans to develop an Urban Forest Management Plan to account for and maintain city treescape.

• LJCPA president Joe LaCava noted two seats on the board are open. A special election for them is to be held from 3 to 7 p.m. at the group’s next meeting, July 3, at La Jolla Rec Center.

Man accused in bank holdup to stand trial in eight robberies

An accused bank robber awaiting trial for allegedly holding up a Torrey Highlands bank has been ordered to stand trial in the robbery of eight other banks, including one in La Jolla.

Six witnesses, mostly bank tellers, testified June 4 in the preliminary hearing of Victor Lamar Moore, 32, for robberies that occurred in 2012 and 2013. He is accused of holding up the Wells Fargo branch bank on La Jolla Village Drive on Aug. 24, 2012 and seven others, court records say.

He faces a June 16 trial date in San Diego Superior Court for the Jan. 4 robbery of the U.S. Bank at 7895 Highland Village Place and the Jan. 3 attempted robbery at another U.S. Bank in El Cajon. Although Judge Eugenia Eyherabide set a trial date of July 24 for the other holdups, the cases may be consolidated later.

Moore has pleaded not guilty and remains in jail on $250,000 bail.

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Sentencing delayed in death of noted architect

The sentencing of a noted architect’s former employee convicted of second-degree murder in the man’s beating death has been delayed to July 8 after his attorneys requested more time to prepare. The sentencing had been scheduled for June 6.

San Diego Superior Court Judge Joan Weber granted the defense request for Higinio Soriano Salgado, 32, who is facing a term of 15 years to life in prison following the jury’s verdict Feb. 24. Salgado remains in jail on $3 million bail.

Downes, 56, was the architect for Hotel La Jolla’s guest rooms, Tower 23 Hotel in Pacific Beach, Hard Rock Hotel San Diego and theThin bar downtown. He is also credited with the overhaul of Tom Ham’s Lighthouse on Harbor Island and Bali Hoi on Shelter Island.

Downes and Salgado were drinking heavily at a party at Downes’ Bankers Hill home in April 2013 when Salgado argued over whether a former employee would return to the architect’s firm. Downes, once a member of the Old Mission Beach Athletic Club, died of several blunt-force trauma injuries.

FRIDAY · JUNE 13, 2014
LA JOLLA VILLAGE NEWS
3
URGENT APPEAL

The banner at La Jolla United Methodist Church has been visible to drivers, bicyclists and pedestrians on La Jolla Boulevard for the last several weeks, and the story behind it has fueled a public appeal. The national United Methodists have had a presence in Africa for 160 years, and they know well the troubles that the malaria parasite brings to the continent (a child dies there every minute from the mosquito-borne disease). Locally, the church seeks donations to fight the illness and has pledged to do its part in the national congregation’s goal of $75 million in aid. If you’d like to help, visit lajollunitedmethodist.org and click on Giving, or make checks payable to La Jolla United Methodist Church, IMN, 6063 La Jolla Blvd., San Diego 92037.

San Diego philanthropist Conrad Prebys has donated $25 million to the Salk Institute for Biological Studies to boost the La Jolla research center’s endowment, according to published reports. The gift is the second largest in the institute’s current $300 million capital campaign, following a March 2013 contribution of $2 million from the Helmsley Charitable Trust. Prebys’ contribution brings the tally to $275 million, with a year left in the campaign.

Property mogul gives $25 million to Salk Institute

San Diego philanthropist Conrad Prebys has donated $25 million to the Salk Institute for Biological Studies to boost the La Jolla research center’s endowment, according to published reports.

The La Jolla area’s Riford and University City libraries were represented when the City Council met June 9 to discuss the fiscal year 2015 budget and its recommended revisions. La Jollan Clinton Spangler, whose wife worked for the library for 30 years, was there with a La Jolla/Riford library sign of support to wave at council. Helen Lebowitz, president of Friends of University Community library, also had a UC library sign to share.

A large group of library advocates from across the city met on the 12th floor of City Hall to support suggestions from independent

Scripps scientists win $13 million grant in work on HIV vaccine

A team led by scientists at the Scripps Research Institute has received a grant of more than $13 million from the National Institute of Allergy and Infectious Disease of the National Institutes of Health to study antibodies to the human immunodeficiency virus — HIV — which will play an essential role in the creation of any effective HIV vaccine.

Richard Wyatt, professor of immunology and director of viral immunology for the International AIDS Vaccine Initiative’s Neutralizing Antibody Center at the institute, will be the principal investigator for the five-year study.

“The long-term goal is to elicit broadly neutralizing antibodies against HIV,” Wyatt said. “This is a difficult task because of the variability of the virus.”

Researchers have worked toward an effective HIV vaccine since the virus was isolated in 1983, but this has been challenging, because HIV’s unusual structure helps it evade the immune system and scientists’ attempts to harness the body’s defenses.
Preuss figures prominently among high schools amid 2014 graduations

La Jolla’s Preuss School UCSD, a charter middle and high school for low-income students who desire to be the first in their families to graduate college, was recently named by U.S. News & World Report magazine as the best high school in San Diego County and the fifth best in the state. That honor will take on a special meaning in less than two weeks, as Preuss joins the rest of the neighborhood’s high schools in graduating its class of 2014. Preuss’ commencement will take place Thursday, June 26, at 4 p.m. at Manchester Field on campus.

“We are extremely proud to receive this recognition,” said principal Scott Barton in a statement. “With our longer school day and school year, we have created a rigorous academic environment that offers the support students need to succeed.”

The lengthier year means the seniors will transition a little behind their counterparts. La Jolla High School graduated a class on Thursday, June 12; The Bishop’s School transitioned a senior class (its 105th) on Friday, May 30; and La Jolla Country Day School bade farewell to its seniors the same day.

La Jolla High School is also regarded as one of the country’s top secondary schools, as 92 percent of its graduating classes enter colleges or universities; a significant number of those wind up on Ivy League campuses. The Bishop’s School, founded in 1909, is the neighborhood’s oldest high school and a noted college preparatory institution. Country Day sports a student population from a vast area of San Diego County. Preuss is cut from the same mold of persistence toward excellence — of California’s top five schools, it is the only one that requires all prospective students to be from a low-income family and have no parent or guardian who graduated from a four-year college.

U.S. News & World Report also named Preuss School UCSD the 42nd best school in the nation based on state-mandated assessments and the methods by which it educates its minority students.

Graduation at UCSD’s six colleges will take place Saturday and Sunday, June 14 and 15.

— Staff and contribution

Woman hit by tour bus near La Jolla Shores

A woman was hospitalized with serious leg injuries on June 8 after being hit by a tour bus in the 2100 block of Avenida de la Playa near La Jolla Shores.

Police say the woman was crossing the street at Camino del Sol with three other women at about 4:50 p.m. but that the bus driver did not see her as he turned onto the sidestreet. The woman, 47, was pinned under the bus briefly before she was taken to the hospital.

Police say it’s not yet clear if the driver will be cited, but that the accident appeared to be caused by the pedestrian.

— Neal Putnam

27 Fast and Easy fix ups to get the best price for your home

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Weldon D. Donaldson, a San Diego philanthropist and former television executive, has died. He passed on May 23 with his wife and family by his side. He was 78.

Donaldson served in a variety of professional and volunteer positions with local television stations, the San Diego Zoo, the San Diego Bowl Game Association and numerous civic organizations, but he always made time for his family and friends.

Donaldson took time to enjoy life, be it work or leisure activities. He was a very fun-loving person who loved his family and loved San Diego. He was quite a beachgoer and organized many beach parties. He and wife Barbara traveled the world. In particular, their annual trips to St. Martin and Anguilla were their favorites.

Donaldson was born on May 5, 1936 in Orange, N.J. He grew up in El Paso, Texas, where he attended the University of Texas at El Paso. There, he joined the Officer Training Corps and was commissioned as a second lieutenant in the Army. He served from 1964-66 at the Olathe missile site near Kansas City, Kansas. He and his family moved to San Diego, where he forged a 29-year career as a television executive, working as sales manager of KFMB-TV between 1970 and 1994 and then with KUSI-TV.

He later served as executive director for the National City Mile of Cars.

“His reputation in San Diego was unparalleled as far as straightforward honesty and integrity, as well as his love of life and his feeling for the people he dealt with,” said Harry Melkerson, who worked with Donaldson and counted him as mentor, best friend and brother.

Others shared the sentiment. “He had this infectious ability to engage people in a way that everybody around him was having a good time or was motivated,” said Bob Sexton.

Aside from his TV work, Donaldson contributed his time and skill to civic and sports organizations. He volunteered as a “Red Coat” with the San Diego Bowl Game Association, which has produced the Holiday Bowl and Poinsettia Bowl football games for more than 30 years. He served as president of the Holiday Bowl in 1998.

Donaldson also lent his experience to the San Diego Zoological Society’s board of directors, served as a trustee from 2003 to 2012 and collaborated specifically on the marketing and investment committees.

In addition, Donaldson was a member of the San Diego Ad Club and recipient of the group’s Lifetime Achievement Award. He was also a member of the San Diego Advertising Golf Association. He served on the boards of the Downtown YMCA and San Diego Crimestoppers.

He enjoyed the game of golf and was a member of the San Diego Country Club.

He is survived by his loving wife of 57 years, Barbara; sister Marylee Skelly; sons Glen Donaldson and John Donaldson (Kim); daughter Val Lattin (David); three granddaughters, Jessica Donaldson, Shelby Donaldson and Grace Lattin; and several nieces and nephews.

Donaldson was very loving, generous, active and instrumental in all their lives and will be greatly missed.

A celebration of life is scheduled for June 26 at Qualcomm Stadium, Club Level Lounge, from 3 to 5:30 p.m. Guests can enter through security gate A on the Plaza Level.

In lieu of flowers, the family wishes for donations to be made to the San Diego Zoological Society or San Diego Hospice.
Q: My husband was laid off six months ago after 26 years on the job. He is 58 years old and spends all his waking moments watching TV! He refuses to take advantage of the free career evaluation and the executive placement services the company offered. He refuses to have a conversation about what he will do next, how he will find work. He refuses to go to counseling. He just sits and rots! I cannot take it anymore. Do you have any suggestions?

A: Many boomers across the nation are facing similar problems. More than 900,000 are competing with all age groups. Joe Wasylyk, author of the book Encore! Encore!, founded the Senior-preneur Project to find ways to help boomers become more educated and productive, primarily by starting their own businesses. He believes that programs like Social Security, Supplemental Security Income and medical services may be on the chopping block given the economic stresses of national debt. Smart boomers will figure out how to create an income stream to be more secure in their golden years.

The re-employment rate for 55-64-year-olds is 47 percent and only 24 percent for those over 65, and securing a new position takes an average of 46 weeks. Despite the law, there is age discrimination, and experience does not necessarily win out over less-qualified but cheaper and younger employees.

If he is not working at finding another job, a psychologist, psychiatrist or therapist may be the best shot. If getting him to go is a problem, go by yourself. If he is seriously depressed, I suggest that you find a professional and call family and friends together for an intervention.

You and your spouse may want to look at this as an adventure. That is a good way to evaluate your resources and goals and consider reinventing your lives. Many in your situation choose to move to less expensive areas of the country, buy less expensive homes in the same area or use their homes to generate income.

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GUEST COLUMN
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Scripps researchers following data that fuels El Niño forecast

As the probability of an El Niño winter increases, researchers at La Jolla’s Scripps Institution of Oceanography are following the climate phenomenon as it develops off Southern California, and they’re finding that local readings closely align with El Niño monitoring place at the equator.

El Niño, characterized by warmer seasurface water in the equatorial Eastern Pacific, is often associated with greater rainfall on much of the U.S. West Coast and frequently enhances the encroachment of storm surges by raising regional sea level for several months at a time. The opposite phenomenon is known as La Niña.

An autonomous underwater glider known as Spray monitors water temperature and other parameters off Dana Point, Calif. Scripps physical oceanographer Dave Rudnick said the Spray data so far strongly agree with a measure of National Oceanographic and Atmospheric Administration (NOAA)-based El Niño findings based on temperature data collected at the equator. Currently, NOAA forecasts a probability of El Niño conditions at 70 percent during the Northern Hemisphere summer and reaching 90 percent during the fall and winter.

The Spray data are one of several means by which scientists are following the developing El Niño. Deployment of Spray gliders off the Galápagos Islands began in October 2013 in a joint project with Woods Hole Oceanographic Institution and the Oceanographic Institution of the Ecuadorian Navy. The National Science Foundation (NSF) and NOAA fund this project, called Repeat Observations by Gliders in the Equatorial Region.

The next Spray deployment in the Galapagos is scheduled for July. Scripps oceanographers have beefed up their data coverage in the equatorial Pacific Ocean as part of a larger endeavor to demonstrate how long-term observations in the tropical Pacific Ocean can be improved. Dean Roemmich, a Scripps oceanographer, said that a series of floating devices have provided an unprecedented view of the Pacific-wide evolution of El Niño conditions. A burst of westerly wind in the western Pacific in January resulted in a strong subsurface pulse of energy that crossed the equatorial Pacific from February to April.

“This warm temperature anomaly became shallower in the eastern Pacific where it was felt as a warming of sea surface temperature,” Roemmich said. “The next few months will tell whether this warm pulse is followed by others and whether it will develop into an El Niño.”

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Healthy Lifestyles

Do your hands shake?
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The International Essential Tremor Foundation has teamed with the UC San Diego Health System and local movement disorders specialists to offer a FREE educational seminar on the diagnosis process and treatment options for ET.

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Speakers:
Fatta Nahab, MD – Movement Disorders Neurologist
Dept of Neurosciences UCSD Movement Disorders Center

David Barba, MD – Neurosurgeon
UCSD Chief of Functional Neurosurgery

Carter McElroy, MPT - Physical Therapist
Kim Bond, OTR/L, CLT, ATP - Occupational Therapist

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Latest styles, low prices are among Haute Bridal’s rules of engagement

The Haute Bridal Boutique has opened at 7514 La Jolla Blvd., directly across the street from Margaret’s Cleaners. This elegant boutique offers past-season samples at terrific prices. Some of the top designers carried here are Oscar de la Renta, Badgley Mischka, Anne Barge, Monique Lhuillier, Kenneth Pool and Carolina Herrera. Bridal styles don’t change as fast as regular fashion, so this store is the perfect solution for the girl who wants a designer name, great construction, brand name quality and must-have deals.

Amia French, who owns this beautiful shop and recently moved from L.A., began her business as an online store. There is a wonderful boutique feeling here, with fabulous wood floors and designer mirrors, and I especially love French’s unique hand tags and business cards, made from silver foil wrap.

The Haute Bridal Boutique also carries trendy lingerie and intimates for the bride to be. Customers can also find exquisite jewelry and headpieces by American designers.

French said she is planning a grand opening on Thursday, June 26, from 6 to 9 p.m. This will be a networking event for those specializing in weddings, such as planners, stylists, hair and makeup specialists and, of course, the brides to be.

Hours are Tuesdays through Sundays from 10 a.m. to 6 p.m. Appointments are recommended, but walk-ins are welcome.

For more information, visit the hautebridalboutique.com.

UPCOMING EVENTS
JULY 24-26: LA JOLLA INTERNATIONAL FASHION FILM FESTIVAL at the Museum of Contemporary Art La Jolla. This gathering of the fashion film community includes filmmakers from around the globe. For tickets and more, visit www.ijfff.com.

— Diana Cavagnaro is a nationally recognized hat designer and milliner. Diana has been operating a fashion business for 30 years, the last 20 years in downtown San Diego’s historic Gaslamp Quarter. She has been teaching in the fashion department at San Diego Mesa College for 20 years. Diana is an active member of the Gaslamp Quarter Association, the American Sewing Guild, the San Diego Costume Council and the Fashion Group International.

La Jolla artist makes rainy Paris weekend a little brighter

By MARTIN JONES WESTLIN

One of the negative about Paris (if there are any) is the weather. The city’s northerly latitude is often an accurate predictor of clouds and rain, sometimes when you least expect or want it.

But Paris didn’t get its colossal reputation for beauty by everybody staying home. Case in point: Thousands braved the wet weather there May 22 to 26 to attend the annual Ateliers d’Artistes de Belleville, featuring the works of 250 artists from 130 studios, the largest exhibit of its kind in France – and one La Jolla painter was thrilled to note that a stranger held a key to her trip’s success.

Judy Judy Judy, as she prefers to be known (with all due respect to Cary Grant), was invited by a friend to show her works. The group was founded in 1989 as a center for cultural exchange, seeking to demonstrate “how art can be made accessible to everyone and contribute to the cultural vitality” of Paris.

An invitation to exhibit there is a pretty big deal, but Judy Judy Judy, a member of the La Jolla Art Association, is otherwise an old hand at travel to the City of Light. She’s been there about 20 times and has taken in the works of everybody from modernist photographer Robert Mapplethorpe to the legendary Vincent van Gogh to Leonardo da Vinci. The Musee d’Orsay, the Louvre, any or all of Paris’ 140 museums: She’s likely been there, savoring the art and history that defines Paris and, by extension, much of the world.

“You know how all roads lead to Rome?” she asked. “All flights lead to Paris for me.”

Taste and intelligence are her brands, she says as she seeks to evoke a nod to her subjects’ femininity. Such is the case with “Midnight Rendezvous,” an oil on linen that features a lone woman with a phone in her hand – by the look in her eye, and for better or worse, the caller could be anyone from her past or her future.

It was through this work that Judy would experience a watered-down in her career – for here, in a renowned metropolis of 11 million, surrounded by centuries of artistic expression in every venue from world-famous museums to corner cafes, a Belleville patron was moved to seek her out on the strength of some faceless introductory material.

“I usually go to other places when I travel,” she explained, “like London or Istanbul, which I love. But the art always draws me back to Paris, and that’s why it was so wonderful to be [sought] out there. He was a little man, very polite and very interested. There was another man who was looking at something of mine, but we didn’t meet.”

To make matters better, Judy said, she sold an unrelated painting.

“It’s a destination,” Judy said of Paris and the untold activity surrounding the city’s visual arts community. “Having your work recognized in Paris is an enormous thrill.” The voice is resolute and matter-of-fact, as if the prospect of settlement there is a foregone conclusion. For now, Judy Judy Judy is content to ply her trade amid the memories of the city that inspires her.

For a look at Judy Judy Judy's work, please see judyjudyjudy-yart.com.

'American Idol' hitmaker to appear at La Jolla Festival of the Arts

“Casey’s got soft lips,” Jennifer Lopez said of rocker Casey Abrams when he so boldly and inappropriately stole a smooch during his “American Idol” turn in 2011. It happened right after Abrams killed the old Maroon 5 song “Harder to Breathe” – and the memory of the incident leads us to announce Abrams’ headline appearance at the 28th La Jolla Festival of the Arts, to be held the weekend of June 21 at USD’s Warren Field.

Artisans, families and tourists will convene to view the work of nearly 200 vetted artists who ply their trades in photography, sculpture, glass and, of course, painting. Mediterranean and vegetarian food are featured among a menu dotted with fish tacos, hot dogs, cheeses and gourmet cupcakes. Craft beers are also on the agenda, as is wine.

The La Jolla Festival of the Arts is a charity event, with proceeds to benefit the non-profit Torrey Pines Kiwanis Foundation. The foundation has collected nearly $2 million since the festival’s inaugural event in 1987. Sports, educational and recreational programs for disabled San Diegans receive the support.

The event is open from 10 a.m. to 5 p.m. on both days, with Abrams performing from 2 to 5 p.m. Saturday on the main stage. Parking is free, and those under 16 and military personnel with a valid ID are admitted free of charge. The musical acts are included in the admission price, and weekend passes are available, along with bicycle and shuttle services.

For more information, see lajollaartsfestival.org or call (760) 753-1670.

— Staff and contribution photos

La Jolla artist makes rainy Paris weekend a little brighter

"Midnight Rendezvous" intrigued a patron to such an extent that he sought out the artist. COURTESY PHOTOS
The play that will not be named is a mother of an entry

They call it “the play that will not be named” because it’s got a big dirty word in the title. In an attempt to assuage their guilty consciences, they put a couple asterisks where the two telltale letters would be. Let’s just refer to it by one of its alternate titles — “The Mother with the Hat” — and stop worrying about “them,” whoever “they” are. The title, after all, doesn’t weigh that heavily into the final analysis.

The final analysis is that Old Town’s Cygnet Theatre, well-known among younger La Jolla audiences, has a perfectly good piece here, its 4 million f-bombs audiences, has a perfectly good problem is that they eventually grow wearisome, taking some of the dynamic from the action. Guirgis slathers his dialogue with curse words, but his character’s introduction and nuances are insufficiently developed to separate the one from the other, and the taut tech direction and casting to type take it from there.

The play that will not be named runs at the Old Town Theatre, 4040 Twiggs St., through June 22. For more, please visit cygnettheatre.com.

Treat Dad to something delicious this Father’s Day!

Visit our retail store for complimentary tastings of all our products including Smoked Olive Oil, Bacon Jam and our Fresh Garlic EVOO and Retail Wines.

Visit our store this weekend for some great foodie events!

- Saturday, June 14th, 12-3 pm Join us for an in-store product demo for Gracious Gourmet Foods including free appetizers and special discounts on food and wine pairings.
- Sunday, June 15th, 10 am - 9 pm Father’s Day Sunday! Happy Hour all day long!

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By MARTIN JONES WESTLIN

According to news reports, The Che Café’s days at UCSD may be numbered as the school considers its annual budget. But it’s important to note that until a final decision comes down, the beloved venue continues to host shows. On Saturday, June 14, the Che hosts a particularly strong double bill, featuring two of the most exciting bands to emerge from San Diego’s music scene in the past decade. Closing the night will be intense indie rockers The Burning of Rome, going strong with a new album, “Year of the Ox,” and a recent appearance on late night TV’s “Last Call” with Carson Daly. Meanwhile, openers the New Kinetics are everything right with rock ‘n’ roll, mixing up blues, ‘60s garage influences and a whole lot more. The quartet, featuring guitarist Brian Reilly, singer Birdy Bardot, drummer Jon Bonser and bassist Joshua Kmak, is a constant blur of manic motion. That their songs are catchy as heck seems almost like a bonus.

NEW KINETICS:
Saturday, June 14, at the Che Café, 9500 Gilman Drive. 7 p.m. $10. All ages.

THECHECAFE.BLOGSPOT.COM/
Ex-La Jolla chef cooks your dinner at Espresso Cucina

Italian cuisine always seemed to work for the old Espresso Pizza. The popular Ocean Beach eatery served it with speed and pride as far back as the early 1970s. It built its reputation for service well before then, when it was first open as a malt shop in the 1940s.

Time marches on, and the malt shop and pizza place are gone. In their steads stands Espresso Cucina, recently reopened after a four-month facelift that features a new chef late of La Jolla, artwork by local artists and a respect for what the co-owner sees as a new OB vibe.

Chris Stavros and his wife Adriana Alcaraz, owners of OB's Olive Tree Marketplace, bought the restaurant last year upon the former owner's retirement. Pizza, of course, is a staple (for $12, the customers get to make their own 14-inchers), and more than 80 entries, including beer and wine, dot a menu that features favorites such as smoked salmon and veal Parmigiana.

Jose Lares, formerly at Avanti's in La Jolla, cooks your dinner. The Stavros family work ethic and Ocean Beach have essentially grown up together – and Stavros notes that the eatery's upgrade reflects the change in the neighborhood's climate.

"You're seeing a huge influx of wonderful restaurants coming in in OB," he said. "You're finding people refining their taste buds, demanding higher-end foods and better product. It's the same in the craft beer industry, too. We've noticed the trends among young owners, and we went for it to give the city what it wants."

Espresso Cucina is located at 1776 Sunset Cliffs Blvd. And is open from 4:30 to 9:30 p.m. every day except Tuesdays.

Further information is available at (619) 224-2227 or espresso cucina.com.

Art of presentation is king at University City’s Ahi Sushi

If you love Sushi, then you’re in for a treat at the new Ahi Sushi & Grill. With more than 260 items on their menu, they are sure to have all your favorites.

As casual venues go, Ahi caters to a different level of taste, chiefly because of its attention to presentation. You get a dragon roll in the shape of a dragon, a caterpillar roll that looks like a caterpillar and an orange cut to look like a bear, a rabbit or any animal that comes to the artist’s mind. Meanwhile, that giant menu includes Chinese entries as well, and you can eat them in front of a big-screen TV.

Ahi Sushi & Grill is located at 3949 Governor Drive in University City in the shopping center.

For more information, call (858) 678-0288 or visit iloveahi.com. Ahi has other locations in Alpine, San Marcos and San Diego as well.
Speaking up for children – defending the defenseless

Imagine being born to parents with little or no sense of responsibility for their own children; where such horrors as alcoholism, addictive drug use and domestic violence are part of everyday life. Fortunately, many children in such situations are rescued from these threats — but without loving parents who will work to care for them, who will speak for them in the courtroom, the classroom, the town and the community. Providing desperately needed guidance and support, a CASA is often the one solid, supportive person in a child’s life.

But even for an organization with such a noble purpose, expenses must somehow be met. Disadvantaged kids need a friend, and so do well-meaning nonprofit organizations. Makua (the word is Hawaiian for parent) is a women’s fundraising organization founded by the Superior Court to recruit, train and assign Court Appointed Special Advocates (CASAs) to speak for the needs and rights of San Diego County’s foster youth. CASA volunteers transform lives daily by serving as the “voice” of these children in the courtroom, the classroom, the town and the community. Providing desperately needed guidance and support, a CASA is often the one solid, supportive person in a child’s life.

Even for an organization with such a noble purpose, expenses must somehow be met. Disadvantaged kids need a friend, and so do well-meaning nonprofit organizations. Makua (the word is Hawaiian for parent) is a women’s fundraising organization founded in Point Loma 31 years ago. In 2004, Makua “adopted” VFC as the recipient of its fundraising efforts, becoming that organization’s auxiliary.

Makua hosts an annual themed gala to benefit VFC. Clarissa Flamenco, Sheri Liebert and Sherri Worthen co-chaired this year’s, dubbing it “Vintage Hollywood.” Held at La Jolla’s posh Marine Room restaurant, it attracted 142 guests, many costumed as stars of the silver screen. They strode the red carpet past a vintage Rolls Royce and through a phalanx of “paparazzi.” A reception offered specialty cocktails, canapés, a silent auction and entertainment by vintage Hollywood stars “Frank Sinatra” (Peter Pavone) and “Marilyn Monroe” (Emily Marie).

Famed chef Bernard Guillas created a gourmet dinner that started with King Oyster Mushroom Bisque. A Braised Short Rib and Prawn entree was next, followed by a Lemon Hibiscus Almond Tart dessert.

The nine-item live auction climaxed with a dinner for eight by chef Bernard that sold for $3,000 (bosterled by the good chef dolffing his apron during the bidding) and a 15-night Russian cruise on the luxury ship “The World” that brought $10,000.

VFC president/CEO Sharon Lawrence introduced Rosie Burton. A foster child since age 3, Rosie finally received a CASA when she was 12 years old. Now in college, she also works to raise awareness of the CASA program. After she told her story, a “Fund-a-CASA” paddle-raise brought in another $35,000. Overall, the event netted $74,000 for VFC.

Afterward, guests enjoyed danc ing to the classic Rat Pack stylings of the Richard James Quartet. “Vintage Hollywood” was the latest in Makua’s continuing 61-year tradition of “putting the FUN into FUNDraiser.”

The organization is currently welcoming new members — interested parties are invited to visit www.makua.org.

The historic Cosmopolitan Restaurant in Old Town is unveiling a new brunch menu on Sunday, May 18, which combines traditional American favorites with Mexican breakfast staples that will be sure to delight hungry brunchers of all ages.

“One of the oldest hotels in California, The Cosmo isn’t just a beautifully restored building; we blend history with specially prepared dishes to provide an excellent dining experience that is unlike any in Old Town,” said Chuck Ross, owner and operator of the Cosmo.

Guests dining on May 18 will receive a special $2-off per person discount if they mention the secret word “Victorian.”

Served from 10 a.m. to 2 p.m. on Sundays, the extensive menu features moderately priced dishes, such as the Polenta Cake Fonpetites for $9.95 and the Goat Cheese Veggie Omelet for $8.95. Some of the must-try midway offerings include the BLT & A sandwich, the Sunny Side-Up Sandwich and the Monte Cosmo Sandwich, which features ham, turkey and Swiss cheese on a French bread dipped in egg batter, pan-fried and dusted with powdered sugar.

“The brunch menu was created to incorporate the newest culinary trends by using fresh fruits, vegetables and spices from the Cosmo’s garden, much like former residents Albert Seeley and Juan Bandini would have done in the 1870s,” continued Ross.

Hyatt can include in mimosa offerings, such as Vodka’s Mimosa with champagne, Triple Sec and cranberry juice, topped with a lemon twist and the Blushing Mermaid, made with champagne, orange juice, pineapple juice and grenadine. Other drink options include red sangria, margaritas and Bloody Marys.

The Cosmo’s new menu also serves up distinctive signature dishes, including the Red Morn Chicken and Chorizo, Piggy Grilled Cheese, and Buckwheat and Green A la carte breakfast staples such as OF Fashioned French Toast, Solyer’s Buttermilk Sackpots and Eggs Your Way, are also notable highlights on the menu.

Guests can enjoy specialty dishes like The Nuer Brainer — braised short ribs eggs benedict topped with crispy onions and house-made husband Hollendersauce. The menu also features Mexican dishes such as mole dishes and housemade chilis.

Children 12 and under can enjoy chocolate chip pancakes, cinnamon French toast, breakfast burritos, scrambled eggs and griddle pancakes, chicken fingers, and grilled cheese, each for $4.95.

The Cosmopolitan Restaurant & Hotel is a meticulously restored 1870s-era restaurant and 10-room bed and breakfast hotel, overlooking Old Town San Diego State Historic Park. Guests can choose to enjoy brunch al fresco in the lush orchard setting of the courtyard or indoors in the historic saloon – the scene of many of early San Diego’s most elegant and extravagant parties. For reservations, call 619-297-1874 or visit www.oldtowncosmopolitan.com.
A history on the founding of Father’s Day

They go by many names: pops, papa, daddy, dad. No matter what you call them, they’re fathers, and they deserve some recognition.

Every year, on the third Sunday in June, we honor and celebrate the special men in our lives by bestowing upon them cards and gifts as a token of gratitude for all they’ve done; however, it wasn’t until 1972 that President Richard Nixon officially made Father’s Day a federal holiday.

The holiday’s origins date back to 1909 in Spokane, Washington, where a woman by the name of Sonora Smart Dodd tried to establish a Mother’s Day equivalent for her father.

Raised by a widower and one of six children, Dodd campaigned across the state at local churches, YMCAs, and other organizations for a day to be dedicated to male parents.

By that time, Mother’s Day, celebrated on the second Sunday in May, had already become a successful commercial holiday. Finally, on June 19, 1910, Washington celebrated the first statewide Father’s Day, and the other states quickly followed suit.

This Father’s Day, The Patio on Lamont Street is celebrating by offering a special entree and beer pairing all weekend long.

For each male diner on Sunday, June 15, $1 will be donated to the Prostate Cancer Foundation.

For more information or to make a reservation, call (858) 412-4648 or visit www.thepatiosd.com.

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The Broken Yolk Café

The Broken Yolk Café offers a large selection of home cooked meals in a comfortable and casual atmosphere. There are more than 20 different omelets to choose from as well as a wide variety of other breakfast favorites, which include pancakes, waffles and french toast. Feel more like lunch? Try one of our juicy half-pound burgers or one of our large sandwiches.

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LUNCH BREAK Pizza (and lunchtime) are all-around favorites at San Diego Community Newspaper Group, publisher of The Peninsula Beacon, Beach & Bay Press and La Jolla Village News. Amici’s East Coast Pizzeria, which recently opened venues in La Jolla and Hillcrest, heard the call and responded accordingly. Amici’s will soon offer a brunch menu, and it’s the only pizzeria in California to offer champagne. Shown are, from left, Amici’s representative Zabi Nibi, newspaper group publisher Julie Main and managing editor Kevin McKay. PHOTO BY MIKE FAHEY
Adventures in online dating

By Natasha Josefowitz, Ph.D.

That’s really scary. I said to Heather, my 46-year-old trainer. I don’t want to do this. Heather insisted. It was not about a new set of exercises that she was promoting; it was for me to get online on a dating site. As I was resisting, stating huge embarrassment, she got onto my computer and signed me up. This was two years after my husband died.

A couple days later, she asked how it was going. What was she talking about? Oh, was I supposed to look? We did together. One 90-year-old man had found my profile interesting — well, that’s a relief. He wanted a photo, which I was reluctant to send. His photo looked a lot younger than his supposed age. I did not reply. A young man in his 60s wrote he wanted to meet me. I wrote back that he’s younger than my children, and he wrote:

“I am 60 and I am interested in a woman of 80-plus years, retired professor, author, thin, with a good sense of humor. I don’t have time for all this — it will be one e-mail, one phone call, and then on to the coffee shop.

As I was scanning the various supposed matches, I noticed that 80-year-old men’s cut-off age for women was 75 and their preference was someone in their 60s and thin, with a good sense of humor. I don’t qualify. No one seemed interested in a “woman of 80-plus years, retired professor, author, warm, friendly and fun, looking for conversation and a long-term relationship.”

Perhaps I just should sit quietly by the fireplace in my rocking chair with my slippers on, doing my needlepoint, and forget about adventures. Although that doesn’t sound appealing either.

There are many sites: Plentyoffish.com is free; others, such as E-Harmony, Match.com and Jdate, require a fee. There are also many senior dating sites. The statistics are that a large number of marriages today began at an Internet site. This is just a new technology to replace the marriage broker of past generations. My Russian great-grandfather had never met his bride until their wedding day. They were both 11. When she lifted her veil, so the story goes, he exclaimed, “She’s so ugly!”

This is probably why, to avoid such disasters, photos are posted with the descriptive profiles. From what I have been told, some people use photos of their younger selves and lie about marital status and income. According to the New York Times, “men exaggerate their height by two inches and people exaggerate their income by about 20 percent.” But as I perused some of the photos, there are many gray-haired men who seem honest, at least at first glance. The Shadchans (Yiddish for “marriage brokers”) of yesterday had correct information and could be relied upon (shades of “Fiddler on the Roof”).

Yes, I still wish for companionship, as do so many widowed people, and I would like to find someone to share thoughts with, someone with whom I can have an ongoing conversation about the latest newspaper article or what we had for dinner. The minutiae of daily life is meaningless when not shared, and a lot of fun when given a little prominence.

It is now two years later, and I have not tried this again. I am waiting to be in my 90s and possibly appeal to a centenarian.

Find One First

The books proliferate with advice teaching you how to get a man and keep him forever. The book jackets promise that you will know what will make him love you. The books will help you to not fall in love with the man who hate women.

It is like writing a recipe for an omelet when there are no eggs available!

— Natasha Josefowitz taught the first course in the U.S. on women in management and is the author of 20 books. She lives at White Sands in La Jolla. Visit her website at natashasword.com.
Health BRIEFS

Look for the positives in aging

Are you one of the people that celebrate and enjoy every birthday and each year that goes by or do you think life is on the downturn at 29? If you’re one of the latter, here is a list of positive things associated with aging.

You’re wiser — You have lived through a lot of things over the years and you’ve learned from it. Being a “wise old man or woman” can be satisfying and rewarding.

You’re more patient — By this time in your life, you’ve learned to be more tolerant and “not sweat the small stuff.” It makes for less stress and anger in your life.

You have confidence — This is the time in your life where you can reflect on what you have accomplished and know you still have a lot to offer.

You know your identity — At this time in your life, you know what you like and what you don’t. You don’t take rejection personally.

You may be a grandparent — Nothing helps keep you younger than grandchildren. They help you stay excited, be playful and curious. As my husband said “We should have skipped children and gone straight to grandchildren.”

You have a network of friends and family — By having long time friendships as well as new friends and your extended family, you stay involved and connected.

You Are Motivated to Make The Most of Your Time — You are aware of how quickly time goes by so you use it more wisely. Continuing a number of interests, such as learning, volunteering or work can be good for your health.

We are all aging. Learn how to make the best of it by calling our RN geriatric care managers at Innovative Healthcare 760.731.1334 or innovatevhec.com.

About The Artist’s Touch

The Artist’s Touch is based on the belief that our client’s needs are of the utmost importance. We are committed to meeting those needs. Jenifer Broomberg, a professional painter and sculptor, is now implementing her classical training in art and anatomy to enhance the beauty of the human face and camouflage imperfections caused by surgery, trauma or just aging.

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AlpineAutoRepair.com

Rob & Claudia Rowsell, Owners
Plants, flowers and imagination fuel the living wreath

By LINDA MARRONE

A living wreath can be planted with almost any type of plant, succulent, herb and flower to suit the season or holiday, and the combinations of plants and decorations you can use are as endless.

From time to time, I add branches, artificial flowers, seashells and holiday decorations to my wreaths. By the end of June, I plan to add red, white and blue flowers along with small flags as a salute to the Fourth of July.

I have one wreath on my garden gate, one outside my kitchen door, filled with sun-loving herbs, and another by my front door, with plants that prefer shade, such as variegated ivy, angel vine and ferns. I’ve had a living wreath in one form or another on my garden gate since 1999, and last month, someone decided to steal it in broad daylight. I’ve replaced the wreath, and my husband ingeniously secured to the gate so that it will not walk away again!

Following are ways to make your own living wreath. You can take a tour of my garden on www.LindaMarrone.com and see some examples of my ever-changing wreaths.

Materials
• 20-inch, 2-piece coated metal, snap together wreath frame (forms are available at Green Gardens Nursery in Pacific Beach or online)
• 12 dry quarts of sphagnum moss
• Approximately 3.4-inch pots of plants or flowers
• 2-3 six-packs of plants or flowers
• Quality organic potting soil
• Peat moss
• Wire or hanging device

Step 1
Add wire or a hanging device to the center top portion of the bottom wreath frame. Soak the moss in water for a few minutes and squeeze out the excess water. Remove the top portion of the wreath frame and cover the entire bottom portion of the bottom with a thick layer of the moss.

Step 2
Mix several cups of potting soil and available at Green Gardens Nursery in Pacific Beach or online)

When she brought Ms. Malcolm over to Charlie, Dryden remarked that he as much as said, “Thanks, mom, for the girlfriend.” How is the time-out pen working? Dryden has gutters turned the “wrong” way to keep her pets out of her backyard flower beds, noting if she didn’t they would “dig them out.”

Meanwhile, Dryden is as inseparable from her pets as they are from one another.

Ms. Malcolm has no longer sexually viable, but she still develops eggs each year, six on each side.

“But she can’t deliver them,” said Dryden, who has to take the tortoise to the vet every year to have her eggs extracted.

Tortoises generally have the animal kingdom’s longest life spans, with some known to have lived longer than 150 years. Female tortoises dig nesting burrows in which they lay from one to 30 eggs, which they cover with sand, soil and organic material and take from 60 to 120 days to incubate. Fully formed hatchlings dig to the surface of the nest and begin a life of survival on their own.

In most tortoise species, the female tends to be larger than the male.

By DAVE SCHWAB

SLOW BUT GOING STEADY

Charlie the tortoise shares a treat with Ms. Malcolm.

Photo by Dave Schwab

Meanwhile, most land-based tortoises are herbivores, feeding on grasses, weeds, leafy greens, flowers and some fruits, although there are some omnivorous species.

Dryden said her pet tortoises are “very low maintenance.”

“They sleep all night. They get up in the morning and sun themselves then go to bed for a nap until about 2 p.m., when I feed them,” said Dryden as she carried Ms. Malcolm, who weighs about 15 pounds (mostly shell).

Declaring she can’t conceive of being without her tortoises, Dryden said, “They’re sweet.”
The food at Mary's English Kitchen is just like mother used to make

By DAVE SCHWAB

In the 1960s came the British Invasion, with the Beatles and rock 'n' roll conquering the U.S. mainland. Fifty years later, a new British import — Mary's English Kitchen — arrived in April, taking the jewel by storm, overwhelming locals with Anglo cuisine and culture.

"It's a slice of Great Britain," noted proprietor and native Brit Alison Brown of her homegrown menu, borrowed in large measure from her late mother, Mary Brown. A La Jolla resident for a decade who returned to England but couldn't stay away, Brown said, "My dream really was to come back and open up a café where people could come and have traditional, home-cooked food. We wanted to give visitors a taste of British culture and atmosphere — arrived in April, taking the Jewel offshore, blue water ocean, & downtown views!! Enjoy an endless summer HERE!!!

Mary's features classic British entrees, everything from bangers and mash to toad in the hole. Breakfast headlines the menu, starting off with crumpets and finishing with a full English breakfast.

Brown said her eatery pays homage to her mom, whom she said was always "baking and making jams and chutney."

"I have so many fond memories of her quiche Lorraine. I can't even talk about her fresh soups made daily or chicken pies can't be topped, nor her full English breakfast.

Brown said Mary's is also open for hosting parties and special occasions.

"We do dining inside and outdoor seating — baby showers, weddings, tea parties, birthday parties for little girls, et cetera," she said.

Brown said Mary’s is also up for doing company lunches. "We’ve done board meetings taking up scones,” she said. “It’s a bit of a different twist, something new and fresh in La Jolla.”

The restaurant and tearoom also sells imported teas and homemade jams as well as unique china, such as extra-large cups.

Mary's English Kitchen is open 7 a.m. to 5 p.m. every day.

For more information, call (858) 263-4614 or visit marysenlishkitchen.com.
Behind the scenes: get ready for the summertime gas spike

By DAVE SCHWAB

With summer almost here, fun — and higher gas prices — are both likely right around the corner.

There are a variety of reasons why gas prices in Southern California fluctuate throughout the year, especially during summer, when consumers take to the roads in droves for seasonal vacations, according to experts and observers who track such statistics.

One reason for higher summertime gas prices, of which many consumers are not aware, is that gas, too, is seasonal in California, said experts.

“Our (state’s) air-quality requirements mandate a special blend of gasoline not used by many, if any, other states in the summer, so basically the California supply is pretty much limited to what California’s 17 oil refineries produce,” said Marie Montgomery, spokesperson for the Automobile Club of Southern California. Though every year is different, Montgomery said there are seasonal trends in fuel consumption and gas prices that tend to repeat over time.

“How it usually goes is that we get a big spring price hike almost every year,” Montgomery said. “That price spike usually peaks in May before Memorial Day.”

“The reason why spring is spring where gas price are concerned,” Montgomery said, is that springtime is when refineries switch over from one blend of gasoline to another.

“We have two blends of gasoline, a summer blend and a winter blend,” she said. “The winter blend is for cooler temperatures and summer is for warmer. There’s a certain date, that varies by region, when gas stations are required to start selling the summer blend of gasoline.”

The change-over from winter to summer gasoline blends typically isn’t an easy transition, she said. “Refineries have to taper off production of the winter blend and start producing the summer blend every year, and it’s difficult to predict how much they’re going to need to meet the demand,” Montgomery said. “The summer blend is more expensive to produce — by about 12 cents a gallon or so.”

Patrick DeHaan, senior petroleum analyst with GasBuddy.com, a Minnesota-based company that operates websites and mobile apps reporting fuel prices to the public, noted California’s higher gas prices are a trade-off for cleaner air.

“It’s important to remember why it began,” he said. “The summer gasoline requirement was a critical part of the Clean Air Act. It was approved with overwhelming support by Congress and signed into law by President George H.W. Bush in 1990. That’s why the Environmental Protection Agency (EPA) regulates the volatility of conventional gasoline sold at retail stations during the summer smog season (June 1-Sept. 15) to reduce evaporative emissions that contribute to smog.”

Reformulated Gasoline (RFG), said DeHaan, was mandated for those metro areas with the worst smog beginning in 1995. “It’s blended to burn cleaner than conventional gasoline, reducing emissions of smog-forming and toxic pollutants,” he said.

But DeHaan noted there’s also a trade-off with the change-over from winter to summer gas blends in terms of price going up in exchange for better performance and gas mileage. “Cars like warm weather a lot better than the punishing cold,” he said. “Winter gas contains more butane, and the fuel diluted with ethanol and/or butane typically lowers fuel economy by 1 to 3 percent due to lower energy content. Gasoline sold in warmer months has a higher energy content, which results in better gas mileage.

“Heat reduces your oil’s viscosity and that reduces drag on the engine and increases your gas mileage,” he said. “Your car’s engine operates more efficiently when the oil flows like water, not sludge.”

GasBuddy.com is the premiere source for real-time local gas prices. Founded in 2000, GasBuddy.com developed as an initiative to provide consumers access to local current gas prices. Through the GasBuddy.com website and the free GasBuddy mobile app, users can find and share gas prices with fellow drivers, saving at the pump.

Bishop’s School sports camps set to swing into action

By DAVE THOMAS

With the school year winding down for most students and parents, thoughts turn now to summer for most students and parents.

There are a variety of reasons why gas prices in Southern California fluctuate throughout the year, especially during summer, when consumers take to the roads in droves for seasonal vacations, according to experts and observers who track such statistics.

One reason for higher summertime gas prices, of which many consumers are not aware, is that gas, too, is seasonal in California, said experts.

“Our (state’s) air-quality requirements mandate a special blend of gasoline not used by many, if any, other states in the summer, so basically the California supply is pretty much limited to what California’s 17 oil refineries produce,” said Marie Montgomery, spokesperson for the Automobile Club of Southern California. Though every year is different, Montgomery said there are seasonal trends in fuel consumption and gas prices that tend to repeat over time.

“How it usually goes is that we get a big spring price hike almost every year,” Montgomery said. “That price spike usually peaks in May before Memorial Day.”

“The reason why spring is spring where gas price are concerned,” Montgomery said, is that springtime is when refineries switch over from one blend of gasoline to another.

“We have two blends of gasoline, a summer blend and a winter blend,” she said. “The winter blend is for cooler temperatures and summer is for warmer. There’s a certain date, that varies by region, when gas stations are required to start selling the summer blend of gasoline.”

The change-over from winter to summer gasoline blends typically isn’t an easy transition, she said. “Refineries have to taper off production of the winter blend and start producing the summer blend every year, and it’s difficult to predict how much they’re going to need to meet the demand,” Montgomery said. “The summer blend is more expensive to produce — by about 12 cents a gallon or so.”

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CONT. FROM PG. 17

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for complementary industries in the Pacific region.

Home to more than 6.5 million residents, the region has a gross regional product of more than $200 billion and accounts for more than 70,000 northbound commercial and vehicular border crossings every day.

“Understanding the industry concentrations and comparative advantages of our regional economy is of central importance to ensuring long-term, sustainable economic growth,” said David Shirk, visiting professor of international relations at UCSD and a contributing author to the report. “As the United States and Mexico work to expand cross-border trade flows — now valued at more than $500 billion — this study is designed to enhance competitiveness by providing unique insights into the core strengths of the binational economy along the U.S.-Mexico border.”

The study identified 41 highly concentrated regional industries with strong capacities for export-oriented manufacturing, including audio and video equipment, medical equipment and supplies, hardware, communications equipment and semi-conductor and electronic components.

The report says that in the region’s top 10 industries’ employment concentration in 2008, Baja California supplied 74 percent of the labor force, while San Diego and Imperial counties supplied 26 percent.

**TIME FOR SOME NEW LISTINGS!**

1138 Missouri St. - 3 bedroom, 2 bath, single level house built in 2004. 2033 sf. Great location on the “Bluff” at $1,100,000

1321 Coral Way - 5 bedroom, 4 bathroom house with Sweeping Bay and Ocean views from most rooms. 2388 sf. Just completed an extensive remodel. $1,649,000

4118 Haines - 2 master bedroom, 3 bathroom, Town home with attached 2 car garage. Big private patio. Fireplace. Full size washer/dryer. Close to the Bay. $664,000

1050 4650 Island - Downtown condo close to the ballpark! 1 Bedroom, 1 bath. Unit is in the #2 building. Washer/Dryer in unit. Designated parking space. Just listed at $419,000.

**Coming Soon 1138 Beryl** - New construction estimated completion date 2014

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**RENTALS**

Sun 1-4:30PM - 2993 W Canyon - 3BR/2.5BA - $578,000 - Felipe Lara • 858-243-3860

Sat & Sun 1-4PM - 5366 Chelsea St. - 3BR/2BA - $1,700,000-$1,900,000 - David Schroedl • 858-459-0202

Sat 10-1PM - 3355 Ocean Front Walk #F - 3BR/2BA - $999,000 - Alex Rojas • 858-410-7000

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**PACIFIC BEACH / MISSION BEACH / CROWN POINT**

Sat & Sun 11-4PM - 1242 & 1424 Thomas St. - 2 HOMES - Kathy Evans • 858-488-7395

Sat 10-1PM - 3355 Ocean Front Walk #F - 3BR/2BA - $999,000 - Phil Carrillo • 858-243-5884

Sat 1-4PM - 5339 Pendleton - 4BR/3BA - $1,550,000 - Brenda Wyatt • 858-775-7333

Thu 4-7PM & 10-12PM - 841 Thomas Ave 15 - 2BR/2BA - $555,000 - Chris Love-Clapperton • 858-922-4062

Thu 4-7PM & 10-12PM - 2430 Girmita Dr 451 - 2BR/2BA - $1,195,000 - Chris Love-Clapperton • 858-922-4062

Thu 6-7PM - 3802 Riviera Dr 4 - 3BR/2BA - $1,795,000 - Chris Love-Clapperton • 858-922-4062

Fri 10-12PM - 1321 Cary Way - 1 bedroom, 1 bath loft in the M2I building. $1,100,000

Sat & Sun 1-4PM - 819 San Gabriel Pl - 3BR/2.5BA - $899,000 - Brian Keiner • 630-418-5880

Sat 11-3PM - 5366 Chelsea St. - 3BR/2BA - $1,700,000-$1,900,000 - David Schroedl • 858-459-0202

Sun 11-4PM - 7977 Caminito Del Cid #46 - 3BR/2BA - $849,000 - Sandra Cohen • 833-454-0555

Sun 1-4PM - 3818 Cabrillo Ave - 3BR/2BA - $1,150,000 - Scott Booth • 858-775-0280

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Sun 11-4PM - 7757 Eads Ave #A4 - 2BR/2BA - $699,000 - Irene Chandler • 858-775-6783

Sat 11-4PM - 1492 Wilbur St. - 2BR/2BA - $1,850,000 - Chris Love-Clapperton • 858-243-5884

Sat 11-4PM - 7356 Rue Michael - 3BR/2BA - $1,895,000 - Deborah Greenspan • 858-972-5060

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**358 Gravilla Street, La Jolla - 2 BR/2BA - $1,175,000**

This beautifully remodeled turn-key home is absolutely perfect! Located on the west side of La Jolla Blvd and in the highly desired Beach-Ballet Tract neighborhood, just steps to the prestigious Windansea Beach of La Jolla. This home is ideal for home buyers looking for a visible vacation rental property, second home, or perhaps downsizing to live the easy-going lifestyle by the beach. Don’t miss this opportunity!

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**240 Coast Blvd. Unit A2**

Studio - $1,700 per mo - Mary McGuire • 858-863-4141

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**3 NEW LISTING!**

Klatt Realty has just listed For Sale this beautiful 3 bedroom, 2 bath condominium town house in Fashion Hills! You will enjoy the Mission Valley and City lights views. Priced at $575,000!!! Call today for your appointment to see this great deal!

**Rental: 1. $3,950*** RPM:** We have a furnished Solana Beach home in the heart of Solana Beach ideal for corporate/extended lease. For more information please call us at 858-454-9792.

* *** = Owner requires an acceptable credit check, a Security Deposit, Sorry, no smokers, please.

**CA BRE Broker's # 01312924 Karen Dodge**

CA BRE Broker's # 01522546 Philip Carrillo and Rachael Kaiser

858-243-5884
viewsavvy.com

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**FAQ**

**Where do I go to see this House?**

Please call the number listed on the ad (24 hour emergency contact). We make it easy for you.

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**Welcome to Pacific Paradise Realty!**

Karen & Mike’s Pacific Paradise Realty

E-mail: PacificParadiseRealty@gmail.com

Web: www.karen-mike.com

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Just Listed! Bird Rock Perfection • Open this Saturday 1-4

5366 Chelsea Street
La Jolla
Offered between $1,700,000 to $1,900,000
5366ChelseaStreet.com

This spectacular one level 3BR/2BA Bird Rock home was just completely and meticulously remodeled to perfection. Taken down to the studs - everything is new and of the highest quality design, detail & finish. Gorgeous European white oak floors, Calcutta Bettogli marble kitchen island & Pietra Del Cardoso stone counters. Situated on the west side of La Jolla Boulevard just two blocks from the sand on an oversized 6,800 sf lot. Walk to all the wonderful restaurants & shops that Bird Rock has to offer... Starbucks, Beaumonts, Yoga & the beach!

A Passion for Preservations and Gardens too...

Linda has owned a historic La Jolla home and garden since 1989 and fully understands all the details involved in owning a historic home, historic designation and the Mills Act property tax benefit. Trained and certified as a specialist in selling historic real estate and architecturally designed homes by the National Trust for Historic Preservation in Washington, D.C.

Being able to walk a potential buyer through the benefits and restrictions associated with owning a historic home is very important and Linda’s experience as both a historic homeowner and her years of involvement in the historic preservation field will make selling your historic home a pleasure.

Go to www.LindaMarrone.com to learn more about historic designation.

Be sure to read Linda’s garden column, From My Garden in this issue.