Now that a residence-only requirement for short-term vacation rentals has been passed, the battle has shifted from City Hall to the ballot box.

On Aug. 30, vacation rental coalition Share San Diego, along with Councilman Scott Sherman, HomeAway and Airbnb vacation-rental platforms, as well as numerous other stakeholders, announced they’d collected more than 62,000 signatures.

The county registrar now has until Sept. 29 to review those signatures to determine their validity. Some 36,000 valid signatures — 5 percent of registered voters — are needed to qualify the referendum for a future election ballot.

The coalition said it’s advocating for reasonable regulations that respect private property, establish an enforcement structure, create an affordable housing fund and protect neighborhoods.

The rental referendum seeks to overturn a 6-3 July City Council vote for an ordinance limiting short-term rental hosts to primary residences only, with one additional dwelling unit on the same parcel. That ordinance is sched-
The Museum of Contemporary Art San Diego’s (MCASD) director and CEO defended the institution against a claim by international architects and historians who’ve branded work which will destroy the museum’s post-modern entryway as “a tremendous mistake.”

One of two MCASD campuses, the oceanfront La Jolla branch has been closed since January 2017. An addition/retrofit, scheduled to begin in October, will quadruple its current gallery space from 10,000 to about 40,000 square feet.

During reconstruction, the museum’s current entryway, designed by high-profile post-modern architects Robert Venturi and Denise Scott Brown, will shift the entrance to the building’s south side, removing the signature columns and pergolas that have been there since 1996.

“We recognize the museum’s need to expand, but we ask that it do so without irreparably damaging a cultural landmark,” said a petition to MCASD signed by Harvard University architecture student Yaxuan Liu and about 90 others. “Brown and Venturi are widely recognized as among the 20th century’s most important architects … this building remains a shining reminder of their enduring cultural contribution. This well-loved urban space is now threatened by the museum’s expansion plan, which would tear down much of the museum’s façade as well as their dramatic colonnade/interrupting the urbane rhythm of the street and destroying the courtyard.”

MCASD La Jolla’s expansion-renovation was designed by Annabelle Selldorf of New York-based Selldorf Architects, who is leading the museum reconstruction project.

Kathryn Kanjo, the museum’s director/CEO, was puzzled by the petition drive’s timing. “The building redesign has been in the process since as early as 2014,” said Kanjo, noting, “changes are planned to the facade removing the colonnade, the pergola and the oversized columns and re-orienting the campus entry path. We’re rethinking the entrance, not just for aesthetic experiential things, but because the center of activity for the building has shifted to the south, where we’re moving the entrance.”

Kanjo added the public “was often confused on where to enter the old building.” She said what MCASD has asked for was “for somebody to give us more flexible gallery spaces for our collection and to unify and bring some kind of clarity to our historical buildings.”

The museum’s administrator said the objective of the museum redesign was to “make a clear and welcoming building entryway that would draw people in and let them know it’s a museum.”

Kanjo added Selldorf’s plan is to reconfigure MCASD La Jolla’s entryway “to make it glassy and welcoming, not a forest of columns.”

Sherwood Auditorium and its 500-seat capacity is gone in MCASD’s retrofit, replaced by exhibit space. But Kanjo said reconstruction plans include a 250-seat classroom/lecture/theater space.

Answering the charge of critics that MCASD is ignoring its own architectural history in its redesign, Kanjo replied: “Their petition wanted us to consider the history of the building. We did. We’ve been very systematic in considering not just our architectural history, but how our audience and the community...”
Pacific Beach: 3bd/3ba, 1,469 sq.ft., 3 Car Parking in Garage, Solar Powered, Rooftop Deck w/ Bay Views - $950,000 - $1,050,000

Upper Hermosa- 3bd/2ba, 1,514 sq.ft. - $1,725,000

La Jolla Shores: 2bd/2ba, 1,404 sq.ft. - $587,500

Bird Rock: 5bd/4ba, 3,333 sq.ft., Ocean views from the second story and rooftop deck - $2,950,000

La Jolla Alta: 3bd/2.5ba, 2,549 sq.ft - $1,395,000 - $1,450,000

Pacific Beach: 4bd/2ba, 1,762 sq.ft., 6,700 sq.ft., RM2-5 zoning allows for up to 4 units to be built - $1,199,000

La Jolla Shores: 2bd/2ba, 1,404 sq.ft. - $587,500

Pacific Beach: 3bd/3ba, 1,469 sq.ft., 3 Car Parking in Garage, Solar Powered, Rooftop Deck w/ Bay Views - $950,000 - $1,050,000

JUST REDUCED

SOLD

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University of California San Diego alum and tech pioneer, Sergey Sundukovskiy

Sergey Sundukovskiy has become an unlikely poster child for tech start-up success.

While earning a degree in computer science from San Diego, an Ukrainian native Sundukovskiy mastered English by watching “Married With Children” and “The Simpsons.”

Now a successful serial entrepreneur with a Ph.D. in information technology, Sundukovskiy is CTO of a software company that’s revolutionizing the construction industry: Raken.

Carlsbad-headquartered Raken is a provider of mobile apps and software for the construction industry. Since launching in 2014, Raken has grown to 3,000 customers in 50 states and 89 countries. Its top product is a smartphone app on web-based software to streamline daily job site reporting — a time-consuming compliance requirement.

Raken has raised $10 million in a first round of venture capital funding. The 53-employee company will now use the money to expand its mobile job-site software into new areas, including digital time cards.

Sundukovskiy has also helped birth a handful of other tech companies including, PushPoint, which he acquired in Capital One in 2014. PushPoint provides local businesses with mobile marketing tools that reduce management effort and grow their businesses.

Sundukovskiy remains active in San Diego’s startup community, benefiting from the guidance of the city’s tech pioneers and passing on his experience on to the next generation.

After coming to the United States at age 18 with an electrical engineering background, Sundukovskiy admitted, “I wasn’t exactly sure what I was going to do.”

But, after getting exposed to people in the software industry, Sundukovskiy said, “I decided to go into computer science, though I wasn’t sure what computer scientists or software developers did.”

But the budding entrepreneur might have been. Sundukovskiy replied, “E-commerce, how people shop online.”

Sundukovskiy noted he’s “passionate about being an entrepreneur,” Sundukovskiy pointed out he’s closer than ever with UC San Diego, re-engaging with the university to connect with “lots of incubators and accelerators, organizations that help entrepreneurs and start-ups along.”

Man opens fire at Del Mar Racetrack, shot and wounded by police

Around 6:40 p.m. on Saturday, Sept. 1, a man fired shots outside the ticket turnstiles at Del Mar Race Track. The man, identified by the San Diego Sheriff’s Office as Daniel Elizarraras, 22, of Escondido, began shooting after being told that the post race concert, Ice Cube, was sold out.

According to a release from the department, Elizarraras began arguing with the teller — bringing deputies to the scene. Upon their arrival, it alleged that he pulled out a semi-automatic handgun and fired several rounds into a crowd. deputies acted quickly and returned fire, wounding Elizarraras.

The suspect was then transported to Scripps Memorial Hospital in La Jolla, where he is now reported to be in stable condition.

“There’s gunfire at the track,” the race announcer interrupted during a live broadcast of the race (one of the last of the summer season).

At 7:22 p.m., Del Mar Racetrack tweeted: “The situation has been contained. The concert is moving forward as planned.” The concert did indeed commence around 8:30 and ended promptly an hour later.

Finger pointing

In an odd turn of events, Michael A. Schwartz, executive director for San Diego County Gun Owners PAC, decided to politicize the event:

“In response to the shooting at the Ice Cube concert at the Del Mar Fairgrounds, the San Diego County Gun Owners PAC calls on the 22nd Agricultural Board to discontinue events that invite violence and, instead, support events that promote family, safety, and law-abiding San Diegans, such as the ‘Crossroads of the West’ show attended by thousands of law-abiding San Diegans families,” the release stated.

“Yet, the board is entertaining the idea, based on so-called moral grounds, of discontinuing the gun shows attended by thousands of law-abiding San Diegans families who learn gun safety. The board wants to close down or demand additional security for family-oriented events, but then they allow Ice Cube concerts,”

Like the majority of other race tracks, Del Mar does not require that attendees pass through a metal detector. The only time that metal detectors have ever been present was during the Breeders’ Cup last year.

La Jolla Village News reached out to the San Diego Sheriff’s Office regarding the officer-involved shooting, but, as of time of publication, had received no response.

NEWS BRIEFS

Salk Institute’s gala raises $1.1M for research, education programs

The evening concert showcased the multifaceted talents of Leslie Oлон, Jr., which won him both the 2016 Tony Award for Lead Actor in a Musical for his role as Aaron Burr in “Hamilton,” as well as a Grammy Award for Best Musical Theater Album as a principal soloist for “Hamilton’s Original Broadway Cast Recording.”

All proceeds support the Salk Institute’s wide-ranging scientific inquiries that have yielded more than 50 years of life-changing discoveries. The nonprofit institute’s internationally renowned and award-winning scientists directly influence areas as diverse as cancer, Alzheimer’s disease, Parkinson’s disease, aging, diabetes, ALS, schizophrenia, autism, spinal cord injuries, crop yields and world hunger. Proceeds also support Salk’s award-winning educational outreach programs that have helped generations of students discover their passions for learning and explore careers in science.

The La Jolla Woman’s Club at 1 p.m. on the third Tuesday of the month, September through April. The next meeting will be held on Sept. 18.

The La Jolla Garden Club will continue to celebrate its 50-year milestone.

Interested community members are welcome to join the club in these activities and can find out more at lajillagardenclub.org.

Osher Lifelong Learning Institute open house

Discover the joys of continued learning at an open house on Saturday, Sept. 8 at 9:30 a.m. on UC San Diego’s Extended Studies campus, 9600 North Torrey Pines Road.

Presented by the Osher Lifelong Learning Institute, this membership program for adults over 50 offers daytime lectures, seminars and guided tours by renowned university faculty and community leaders. Subjects include science, medicine, law, art and humanities, among others.

To learn more, visit the UCSD program at olli.ucsd.edu, or call 858-534-3409.
Marijuana found in breast milk up to six days after use

With the legalization of marijuana in several states, increased use for both medicinal and recreational purposes has been documented in pregnant and breastfeeding women. Although national organizations like the American Academy of Pediatrics recommend that breastfeeding mothers do not use marijuana, there has been a lack of specific data to support health or neurodevelopmental concerns in infants as a result of exposure to tetrahydrocannabinol (THC) or other components of marijuana via breast milk.

To better understand how much marijuana or constituent compounds actually get into breast milk and how long it remains, researchers at University of California San Diego School of Medicine conducted a study, publishing online Aug. 27 in “Pediatrics.”

Fifty-four samples from 50 women who used marijuana either daily, weekly or sporadically — with inhalation being the primary method of intake — were examined. Researchers detected THC, the primary psychoactive component of marijuana, in 63 percent of the breast milk samples for up to six days after the mother’s last reported use.

“Pediatricians are often put into a challenging situation when a breastfeeding mother asks about the safety of marijuana use,” said Christina Chambers, PhD, MPH, principal investigator of the study, professor in the Department of Pediatrics at UC San Diego School of Medicine and director of clinical research at Rady Children’s Hospital-San Diego.

“We don’t have strong, published data to support advising against use of marijuana while breastfeeding, and if women feel they have to choose, we run the risk of them deciding to stop breastfeeding — something we know is hugely beneficial for both mom and baby,” she added.

The World Health Organization recommends exclusive breastfeeding for up to six months. Early breastfeeding is associated with a reduced risk of obesity, asthma and sudden infant death syndrome and with improved immune health and performance on intelligence tests. In mothers, breastfeeding has been associated with lower risks for breast and uterine cancer and type 2 diabetes.

Cannabinoids — marijuana’s active compounds, such as THC — like to bind to fat molecules, which are abundant in breast milk. This stickiness has suggested that, in women who use marijuana, these compounds can end up in breast milk, raising concerns about their potential effects on nursing babies.

“We found that the amount of THC that the infant could potentially ingest from breast milk was relatively low, but we still don’t know enough about the drug to say whether or not there is a concern for the infant at any dose, or if there is a safe dosing level,” said Chambers, co-director of the Center for Better Beginnings at UC San Diego.

“The ingredients in marijuana products that are available today are thought to be much more potent than products available 20 or 30 years ago.”

The samples of breast milk used for the study were obtained from mothers who joined the Mommy’s Milk Human Milk Research Biorepository at UC San Diego, a program that focuses on looking at the numerous benefits of breast milk at the molecular level. Chambers and her research team collaborated with Skaggs School of Pharmacy and Pharmaceutical Sciences at UC San Diego to measure the levels of marijuana in the samples.

Chambers said the results are a stepping stone for future research. More studies need to be done, not only to determine the long-term impact of marijuana in breast milk for children, but more specifically: “Are there any differences in effects of marijuana in breast milk for a 2-month-old versus a 12-month-old, and is it different if the mother smokes versus eats the cannabis? These are critical areas where we need answers as we continue to promote breast milk as the premium in nutrition for infants.”

Reclaimed Wood San Diego

Reclaimed Wood San Diego is dedicated to providing the most unique of recycled building materials to the craftsman, architect and home owner. Our eclectic selection of lumber is stored just behind the sports arena in Point Loma. This allows us a unique opportunity to provide the like-minded with a vast array of possibilities.

Our discriminating clientele include fine home builders, wineries, do-it-yourself homeowners, Hotels, Pubs, Malls and anyone else who demands the most unique, beautiful, and environmentally considerate materials.

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Our discerning clientele include fine home builders, wineries, do-it-yourself homeowners, Hotels, Pubs, Malls and anyone else who demands the most unique, beautiful, and environmentally considerate materials.
‘Remember Me Thursday’ campaign announces ‘Rescue Pet Hero Award’ winner

With September under way, the Helen Woodward Animal Center, in partnership with Blue Buffalo, is deep into preparation to unite with animal-lovers worldwide for the sixth annual Remember Me Thursday.

Observed on the fourth Thursday in September each year, the campaign has garnered an esteemed group of celebrities who join with animal-welfare organizations and other animal proponents to become an unstoppable, integrated on-line voice advocating for orphan pets. This year, however, a special name will be added to the group of celebrities, despite being relatively unknown. For this reason, Helen Woodward has announced the very first honoree in a new Remember Me Thursday tradition, the “Rescue Pet Hero,” Yeti.

Yeti is a remarkable pit bull blend from Verde Valley, Ariz., who started his adoption journey in late 2016. Like many orphan pets, his path to finding a forever home was not an easy one. Yeti dealt with two unsuccessful adoptions, and was eventually returned to the shelter with a serious leg injury that required surgery. “A dog with this type of history, and new medical challenges, is often labeled ‘unadoptable’ by shelters around the world,” explained operations director Jennifer Shoery. “It is a credit to the Verde Valley shelter that they saw his amazing potential and tried again and again.”

Yeti patiently waited at the Verde Valley Humane Society for nearly 80 days until the Lennox family saw in him what many others did not. The family had been looking to add a new four-legged family member and knew they wanted a rescue dog. Bella Lennox, Yeti’s human mom, confessed that she hadn’t planned on taking home such a large dog but that Yeti’s goofy and outgoing personality won over the entire family including his new 6-year-old human brother, Fallon.

Not long after adopting Yeti, the family headed to the Verde River to enjoy an April Sunday picnic. Being so early in the season the water was too cold for swimming and young Fallon, who was still learning to swim, was enjoying playing on the rocks. But in a frightening twist of fate, Fallon slipped and fell into the chilly water and was swept downstream. Yeti jumped into action and went in after Fallon working to save him. In a panic, the adults recognized what was happening and rushed down the river yelling for Fallon to grab hold of Yeti and accept his help. A family member was able to pull Fallon from the river once Yeti pushed him back up to the rocks. The Lennox family, who had wanted to rescue a dog, says they are now in awe of how selflessly that very same dog was there to rescue Fallon. This type of incredible devotion can be seen in the eyes of home-less animals across the world and Yeti’s story serves as a fitting reminder of the Remember Me Thursday campaign message, “Unite to share the stories of these amazing orphan pets and stop them from dying in shelters before they can find their forever homes.”

“Yeti has brought so much joy into our lives and continues to amaze us,” stated Bella Lennox. “We’re forever grateful for actions to protect Fallon. On Remember Me Thursday we’re honored that Yeti’s story can help shine a light on the plight of orphan pets.”

Yeti will be celebrated at the sixth annual Remember Me Thursday Candle-Lighting Ceremony in Balboa Park on Thursday, Sept. 27, from 5:45 to 7 p.m. (6th Avenue, between El Prado and Juniper). The public is invited to join Helen Woodward Animal Center staff, volunteers, friends, and therapy animals as we shine a light on orphan pets on this global pet adoption awareness day.

For more information on Remember Me Thursday and a full list of participating celebrities and animal welfare organizations, go to rememberthursday.org.

Amtrak Pacific Surfliner works with MLB to raise rail safety awareness

In recognition of September Rail Safety Month and U.S. Rail Safety Week, the Amtrak Pacific Surfliner will highlight the importance of safety around train tracks with public education and outreach events in collaboration with California Operation Lifesaver (COL), and two Southern California Major League Baseball teams: the San Diego Padres and the Los Angeles Angels.

The Pacific Surfliner will host educational events featuring rail safety experts from CAOL on the dates listed below. Attendees will learn valuable tips for staying safe around railroad tracks, including those used by the Pacific Surfliner between San Diego, Orange County, Los Angeles, Ventura, Santa Barbara and San Luis Obispo counties.

• Sunday, Sept. 16 at Angel Stadium prior to the Angels game against the Seattle Mariners.
• Monday, Sept. 17 at Petco Park, prior to the Padres game against the San Francisco Giants.
• Saturday, Sept. 22 at the sixth annual Remember Me Thursday Candle-Lighting Ceremony in Balboa Park, Sept. 27, from 5:45 to 7 p.m. (6th Avenue, between El Prado and Juniper).

For more information, or to request a free rail safety presentation, visit pacificsurfliner.com/safety.

STVR>>

CONT. FROM PG. 1

uled to take effect in July 2019. Meanwhile, city Council members Barbara Bry and Lorie Zapf, along with supporters of the new tougher vacation-rental regulations, have attacked signature gathering efforts, saying it’s designed to pull out of the city’s rental-rental referendum drive alleging it employed “deceptive tactics.”

Short-Term Vacation Rental (STVR) Working Group, an umbrella organization including La Jolla, Mission Beach, and Ocean Beach town councils and Pacific Beach Planning Group, sent a letter to Secretary of State Alex Padilla requesting the state’s Election Fraud Investigation Unit probe allegedly fraudulent marketing used in the short-term rental referendum.

“We are asking you to launch an investigation into the recent reports of signature gatherers lying or misleading San Diego voters to gain their signatures to oppose a short-term rental ordinance passed by San Diego City Council,” said STVR Working Group chair Arik Kerr Bache in the group’s letter. “Multiple reports have come out recently about signature gatherers throughout San Diego using false statements to convince local voters to add their name to the petition. Several voters reported that one of the false claims used by signature gatherers was that the petition was in favor of building additional affordable housing, which is a completely false and fraudulent statement.”

The joint letter claims petition gatherers used other false marketng tactics, including “telling voters the recently passed bill completely outlawed Airbnb and would infringe upon ordinary citizens’ property rights. This is untrue and misleading and allows the petition to be unchecked. If allowed to continue, it could help overturn an ordinance intended to help the very people being tricked into opposing it by signature gatherers hired by Airbnb,” said Kerr Bache in the group’s letter.

State law holds petition circula-
tors can be fined or put in jail for misrepresenting the contents and purpose of a petition. It is imperative that these underhanded petition signature gathering tactics be shut down and all illegally obtained signatures be thrown out,” concluded the STVR Working Group.

“This is nothing more than a desperate, last-minute attempt by hotel-funded opposition to derail signature gathering,” said Share San Diego spokesman Noah Mechanic react-
ing to fraud allegations. “San Die-
gons want a reasonable policy—not something that destroys a decades-long tradition, violates private property rights, hurts the local economy and puts tourism in San Diego at risk.”

Mechanic characterized the “broad coalition” of short-term vacation rental opponents as being comprised instead of “paid special interests with hotel ties, unlike the tens of thousands of voters, small businesses and local representatives who have stood up to the de facto ban passed last month. It is unfortunate to see elected officials standing up for out-of-town hotel inter-
estors over local homeowners.”

Mechanic added the possibility of a future lawsuit to block the new City ordinance from going into effect “remains on the table.”

Pointing out such litigation can be more time consuming than the ballot-initiative process, Mechanic said, “The vacation rental industry remains open to meeting with the other side to craft an ordinance that is fair allowing everyone to take part in the sharing economy. We’re wide open for that.”
Youngest pro surfer ever, Caroline Marks, sets sights on Surf Ranch Pro

At just 16-years-old, when most awkward teens are just getting their driver’s permits, Caroline Marks is competing on the World Surf League’s Championship Tour (CT). As of this year, Marks will officially be the youngest competitor on tour, male or female, but the grounded goofy-footer prefers to keep things light. Have fun. Block out all of the cameras and crowds, and just focus on surfing.

Prior to her upcoming competition, the Surf Ranch Pro held at Kelly Slater’s Surf Ranch in Lemoore on Sept. 7, Marks and her father, Darren, made a press junket stop in La Jolla. The event, a first of its kind and a benchmark for the sport, could ultimately signal a transition in traditional surf contest scoring and setting.

Like Slater, Marks was raised in the small-to-occasionally marginal surf of the central Florida coast (She grew up in Melbourne, Fla.). Both can lay claim to famed 1st Peak in Sebastian Inlet as a home break. Also similar to the 11-time world champion, Marks entered the sport at a relatively young age – making quite an impression from the get-go – surfing against pros twice her age.

“They did a really good job of mimicking ideal ocean conditions at Kelly’s [Slater] ranch,” said Marks from the Shores Restaurant on Aug. 28. “Once you’re up and on the wave, it truly feels like a normal wave. When we were up there last, we were fortunate enough that there weren’t many other people around, so my brother and best friend I grew up surfing with were able to take some of my waves.”

“At first, it is a bit nerve-wracking... Unfortunately, through a TV or computer screen, people cannot see the raw ability of how amazing these pros are. They just make it look so easy. One thing that is different about this competition is that there isn’t much to do between heats or warm-ups. For this reason, everyone tends to watch every session. This can be really helpful to see how different surfers with different styles approach the wave.”

It’s only fitting that Marks be so generous with her allotted waves, as her brother, Zach, and dad introduced her to the sport. Prior to the age of 9, aside from nose-riding small waves with her father, Marks was obsessed with competitive horseback – rodeo, to be specific. It wasn’t until her brother set the hook in her that she discovered her deep admiration for the surfing.

Her first year on the CT, Marks is making quite the name for herself, placing third at the Bell’s Beach competition. She also returned home to win a contest at 1st Peak and placed 2nd at the Supergirl Pro in Oceanside.

“Bell’s was such an amazing competition, and was made that much more memorable that I was able to see Mick Fanning’s last competition before retirement,” said Marks. “I mean, Mick [Fanning] is just legendary to the sport of surfing, and I had my best results on the CT at Bell’s.”

The Marks family now resides in Orange County, but the budding force-to-be-reckoned-with tries to make it back to the East Coast at least twice a year – to fish and possibly catch some tropical storm swell. While on tour, she keeps up with her academics by attending a homeschool program through Lighthouse Christian Academy.

“As for her tour goals, Marks’ light-hearted approach is refreshing. “When I first started out, I didn’t come into events thinking about results,” said Marks. “I’m doing well not worrying about standings, so I’m going to continue that route.”

As for the Surf Ranch Pro, Marks has some wave pool time logged, so has the initial jitters at bay.

“The first wave I caught there was intense because, it’s like, all eyes on you,” said Marks. “There’s an alarm that goes off that notifies you have 30 seconds until the wave approaches’ and there are screens streaming it all over the ranch. It really is so awesome to ride, though!”

Cole Raulston, La Jolla High School water polo goalie

Cole Raulston has the kind of mentality that locks in when the competition becomes real.

“He’s one of the best game-time goalies I’ve had,” says his long-time water polo coach at La Jolla High, Tom Atwell. “He’s serious about the sport. He’s one of the best game-time mentality that locks in when the competition becomes real. He could fill a valuable role in the back.”

Raulston is a 6-foot-3-inch-tall senior, credits communication with his defenders for his effectiveness.

“I’m pretty long. Having quick reactions is important,” said Raulston. “But having your team talk makes it possible to cover the opponent effectively.”

“I’ll call for a drop (a teammate on defense filling a gap near the goal), If a teammate has someone on defense filling a gap near the opponent effectively.”

“Raulston is on the short list of prospects for USC’s program, according to Atwell.

“They have three goalies (they’re recruiting),” he said. “One is from Europe. The other two are from California (including Raulston). They were told, ‘You’re all equal in ability. Whoever verbally commits first goes in the ranking.’”

“It’s a dog-eat-dog world, in which college programs extend verbal offers of scholarships to more high school athletes than they can really accommodate, in the interest of having more players to choose from. Then, as the scholarship deadline approaches, colleges can withdraw their verbal offers. Parker Seale, an All-CIF swimmer for La Jolla High, had that very thing happen when USC, which had recruited the standout, cancelled their offer in April, after application deadlines for other schools were passed.

Fortunately, Seale was able to enroll at UCSD, where he competed. Atwell, always the coach, says further on Raulston, “I’m trying to get him to take the same (serious) attitude toward workouts.”

Raulston’s younger brother, Max, an inch shorter as an incoming ninth-grader at La Jolla High, is showing promise as a football and basketball player.

“He’s a good athlete,” the older brother says proudly. “He grew up too fast. He’s going to dominate basketball.”

Max played summer league in that sport with Coach Paul Baranowski’s varsity in June and July, showing poise, in the trite phrase, beyond his years.

He could fill a valuable role in the front court if Baranowski chooses to include him on this winter’s varsity roster.

In football, Max, a receiver, teamed up with freshman quarterback Jackson Stratton for three scores in a preseason scrimmage against Hilltop and El Capitan in a promising performance.

Cole and Max Raulston come from “good genes,” as Atwell says. Their father, Brad, teamed with Brent Woodall (who died in the 9/11 attack) on the football team for La Jolla. They both went to Cal, where they played.

Cole Raulston, carrying five Advanced Placement classes in one semester last year, has a 4.0 grade-point average, and looks ahead to study in finance.

Atwell says Vista and Poway should be strong in CIF again this year, in addition to the traditional elite powers of La Jolla, Bishop’s, Cathedral Catholic, Coronado, and Carlsbad.

“I eat a lot,” acknowledges Raulston, who faced two-a-day workouts with his teammates during “Hell Week” (actually three weeks) prior to the season. He favors breakfast burritos and ice cream cookie sandwiches.
University City updates: Doyle Park celebrates 25 years, Miramar Air Show

BY JEMMA SAMALA | LA JOLLA VILLAGE NEWS

Doyle Park celebrates 25 years

The Doyle Recreation Advisory Group recently announced that the 25-year anniversary celebration of Doyle Park will be held on Sunday, Sept. 16, from 5 to 7 p.m. Join friends and neighbors in the park (8175 Regents Road) for an evening of music from around the world.

With its proximity to San Diego, which attracts students and talent from across the globe, the community surrounding Doyle Park is extremely diverse. In addition to celebrating the 25-year anniversary of the park, the recreation advisory group aims to celebrate the diversity of the community as it is a unifying thread for many residents.

The timing of the event near the beginning of the school year was intentional, and the recreation advisory group hopes this event can serve as a nice welcome to the new students and families of north University City.

Mario Marauak, a singer, songwriter and guitar player from Brazil, will be one of the featured performers. Listening to his music, you can feel the influences of classic Brazilian Bossa Nova, samba and contemporary along with a combination of reggae, dancehall and hip hop.

His greatest strength is a rare musical fusion of Brazilian classics with America’s African-Influenced beats. Marauak’s repertoire is made of originals, in English and Portuguese, and reinterpretations of other artists.

The event will also feature the Dornob Trio. Dornob are a collective of musicians – now spanning two generations – who’ve been playing Persian music in San Diego since 1988. Their goals, in addition to friendship and fun, include learning the musical traditions, fostering creativity and crossing cultural bridges.

The Doyle Park Celebration event is free and open to the public. Bring your own picnic; the recreation advisory group will provide water and cake. Doyle Park is located at 8175 Regents Road.

‘100 Years of Women in the Marine Corps’

University City’s military neighbor is MCAS Miramar, whose annual air show runs Sept. 27 to 30. This year’s Miramar Air Show theme is “100 Years of Women in the Marine Corps.”

The public and current service members the opportunity to see Marine Corps tactical equipment. While the air show performance dates are Friday to Sunday, Sept. 28 to 30, military and civilian aircraft will be seen and heard in the skies above University City and surrounding areas from Wednesday, Sept. 26 to Monday, Oct. 1. Important dates are as follows:

- Wednesday, Sept. 26 – Aircraft arrival
- Thursday, Sept. 27 – Air Show practice
- Friday– Sunday, Sept. 28 to 30 – MCAS Miramar Air Show
- Monday, Oct. 1 – Aircraft departure

The Miramar Air Show is free and open to the public. For more information and the complete schedule of events, go to: miramarairshow.com.

‘Coping with Life Transitions’

The North University Community Library will be hosting a discussion on the topic of “Coping with Life Transitions” on Thursday, Sept. 20, starting at 10 a.m.

Life’s changes can be hard, and you’ll find Sharp Mesa Vista clinicians to learn about healthy aging and coping with the transitions of life. Come away with tools to help combat stress and anxiety, helping you lead a more balanced, fulfilling life. The North University Community Library is located at 8820 Judicial Drive.

Good deeds: Donate your blood

On Saturday, Sept. 15, the next UC San Diego Blood Bank Bloodmobile Blood Drive will be held from 8 a.m. to 1:30 p.m. Located at the Sprouts Marketplace in the center of the parking lot. If you know you’re coming, you can sign up at mysdbb.org.

After the Sept. 15 Blood Drive, the next UC San Diego Blood Bank Blood Drives at the Sprouts Marketplace through 2019 will be on Saturdays: Nov. 10, Jan. 12, March 9, May 11, July 13, Sept. 14, and Nov. 9; all eight-plus weeks apart for your perpetual bloodletting pleasure.

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Researchers from Scripps Institution of Oceanography at the University of California San Diego and University of Washington have found that small river outflows in the presence of strong waves remain along the coast longer than previously thought before dispersing offshore. This new finding, published in the journal Geophysical Research Letters, could change the way health officials monitor pollution and control beach closures.

The interaction of estuaries and surf zones—the region where waves break—is important for the transport of contaminants, nutrients, and sediments. Numerous studies have focused on the two regions separately, but there has been little emphasis on how estuaries and surf zones interact. These are highly energetic areas, influenced by waves, currents, turbulence and tides. Adding a river mouth into the mix means the variables are hard to tie down. But Angelica Rodriguez, a PhD student at Scripps and lead author of the study, wanted to do just this. Specifically, she wanted to know how small river plumes disperse in coastal waters in the presence of breaking surface waves. Her model results show that wave-current interactions trap dye in the waters off Imperial Beach and the Tijuana River Estuary to study dispersion in the nearshore environment.

This study was inspired by an experiment done in fall 2015, in which Sarah Giddings and other researchers released pink dye in the waters off Imperial Beach and the Tijuana River Estuary to study dispersion in the nearshore environment. This research was supported with funding from the National Science Foundation GRFP and the Blasker-Rose-Miah Fund of The San Diego Foundation.

"This project is exciting because it is the first time dynamics of buoyant plumes and dynamics of the surf zone have been linked together," said Sarah Giddings, a coastal/estuarine researcher at Scripps and co-author of the study. Nirnimesh Kumar, faculty at Civil and Environmental Engineering, Univ. of Washington and a co-author of this study further emphasized that the coupled modeling approach also allows for exploring the parameter space of changing freshwater input and wave conditions.

Many coastal regions in Southern California face the same pollution concerns as Imperial Beach. Dense populations and sparse rainfall couple to make downpours problematic for the rivers and streams in a given area. It is not uncommon for beachgoers to be advised to avoid the ocean for up to 72 hours after a rainfall, which washes accumulated pollutants from land into rivers and storm drain outfalls en masse.

"This study is an important step toward understanding all of the relevant physical processes occurring in the ocean that can inform more efficient water quality sampling efforts," said Rodriguez.

This research was supported with funding from the National Science Foundation GRFP and the Blasker-Rose-Miah Fund of The San Diego Foundation.
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La Jolla Villag News
PAGE 10 · FRIDAY, SEPTEMBER 7, 2018 · LA JOLLA VILLAGE NEWS
How Amazon’s new hub ended up in University City

A new Amazon office is nestled into San Diego’s Golden Triangle neighborhood, which is home to a budding tech sector, and within shouting distance of both the Pacific Ocean and the University of California San Diego main campus.

Soon, hundreds of engineers and scientists will join the more than 200 Amazonians currently working in the company’s San Diego Tech Hub. Inside the modern, glass and steel structure holding Amazon’s new office, they’ll work on Amazon’s machine learning and data science capabilities. And they’ll add even more brainpower to software teams who are integrating Whole Foods and Amazon even more closely.

Amazon’s journey to opening a San Diego office has ties to a six-page memo that all big ideas at Amazon are submitted in the form of a “six-pager,” the peculiar internal memo that all big ideas at Amazon must go through before getting the green light. Wiger is now the General Manager of Amazon’s San Diego office. But in the spring of 2016, he was a senior manager at Amazon Web Services working at the Irvine office. Looking around at the tech talent clustering near UC San Diego and nearby University of California Irvine, he saw an opportunity for Amazon to attract talent that, like final exams, requires a lot of preparation to be done right. Its role is to sharpen proposals by forcing Amazonians to concisely explain their plan, and to thoroughly think through everything they put down on paper.

When Wiger put pen to paper, his plan came to life. “The more data I pulled, the more obvious it was that San Diego was being overlooked,” Wiger recalled. “UC San Diego’s computer science program is ranked number eleven in the world. There’s a lower cost of living here than many cities in California. After looking at all the geo-location data, it seemed we’d be missing out if we didn’t open an office here.”

Wiger’s manager encouraged him to look into the feasibility of opening a San Diego office. The more data Wiger discovered, the more convinced he became that a new tech hub made good business sense. So, he started to draft his proposal the same way nearly every iconic Amazon business began, including Prime Now and AWS - as a six-pager. To Amazonians, the six-pager is an institution that’s revered but, like final exams, requires a lot of preparation to be done right. Its role is to sharpen proposals by forcing Amazonians to concisely explain their plan, and to thoroughly think through everything they put down on paper.

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Wiger spent two to three weeks head down, collating data, comparing San Diego with other similar locations, and writing up his six page memo. When it was done, he and his boss flew to Seattle. In an ordinary conference room, they sat down with some of Amazon’s most senior leaders to review the proposal. For about half an hour, people just read, which is standard practice when discussing a six-pager. And then, the questions came. “The funny thing was, people who weren’t as familiar with San Diego were a little skeptical at first. They kind of thought of it as a beach town with fish tacos,” Wiger said, laughing at the memory.

Wiger and his boss talked about San Diego’s huge biotech and defense tech sectors.
‘Katy Perry Cares Pass’ gives back at KAABOO Del Mar

Katy Perry and KAABOO Del Mar are pleased to announce an exciting partnership with MusicCares to launch the official Katy Perry Cares Pass program.

Since Aug. 20, Katy Perry fans now have the opportunity to purchase a Katy Perry Cares Pass, a KAABOO Del Mar pass that allows entry into the festival starting at 6 PM Sunday evening to exclusively see Katy Perry perform.

A portion of all ticket proceeds from Katy Perry Cares Passes sold will benefit MusicCares, a charity of the Recording Academy.

Katy Perry Cares Passes are available for $89 exclusively at kaaboodelmar.com/katycares.

Last year, KAABOO officially named MusicCares as the exclusive global music charity of KAABOO, as well as a beneficiary of the KAABOO Del Mar Kindness program.

KAABOO has carved out its name among national and destination music festivals by offering a curated lineup, and remains a beneficiary of the KAA-BOO Del Mar Kindness program.

The KAABOO Kindness program continues to support charities in the San Diego region and across the globe. A portion of proceeds from every pass sold is donated to featured charitable partners including global partner The Recording Academy’s MusicCares program, as well as three local charities including the San Diego Armed Services YMCA, Surfrider - San Diego Chapter, and Voices for Children.

For more information, please visit kaaboodelmar.com/charity.

Ceron pleads guilty to home invasion

A man who pleaded guilty to committing a home invasion robbery in La Jolla testified Sept. 5 against a second man whom he says pointed a gun at the victim’s head.

Gustavo Ceron, 26, and another man testified against Jose Nunez Torres, 23, who is standing trial in El Cajon Superior Court as Torres is also charged with committing an unrelated murder in Santee in 2016.

Ceron, dressed in jail clothes, dis- closed to the seven woman, five man jury that he pleaded guilty to robbing Robert Hill on Oct. 12, 2016. Ceron said Torres used scissors to cut the screen of the kitchen window and get inside the La Jolla home.

Ceron said Torres was driving him around in La Jolla neighborhoods and Torres picked Hill’s home to burglarize because he saw windows that were left open. He said after Torres went through the kitchen window, Torres let him inside through the front door.

Ceron said the maximum sen- tence he faces is seven years in prison and remains in jail pending sen- tence. Torres also remains in jail.

Ceron was arrested in Feb., 2017, and remains in jail pending sen- tencing. Torres also remains in jail.

Torres has pleaded not guilty. If the jury convicts Torres of first-degree murder with the special cir- cumstance of lying in wait and committing a murder during a robbery and burglary, he could be sen- tenced to life in prison without the possibility of parole.

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Residents upset with homeless population at Pacific Beach Library

By DAVE SCHWAB | LA JOLLA VILLAGE NEWS

Some are arguing that Pacific Beach Library, at 4275 Cass St., has become a regular homeless hangout at the community’s expense.

Answering back, a City library official noted libraries serve everyone, adding enforceable regulations provide security for all while punishing violators.

“The Pacific Beach Library recently changed their rules to better accommodate the homeless population,” said PB entrepreneur Mike Spangler. “The previous ‘code of conduct’ specifically prohibited sleeping and resulted in expulsion.

“They have relaxed that policy and replaced it with ‘Interfering with another person’s use of the library; or the library staff’s performance of their duties including disturbing, offending, intimidating, annoying or harassing of others or engaging in any disruptive or unsafe behavior,’” Spangler said.

Misty Jones, San Diego Public Library director, defended the library system, its mission, and policies.

“We are a public building serving everyone regardless of their circumstances,” said Jones. “We have a code of conduct across-the-board for everyone. You can’t be under the influence. You can’t interfere with other library users or staff doing their jobs.”

Jones added the homeless are not singled out because “targeting one specific population is discrimination. We make sure the rules apply to everyone.”

But some residents, like PB Neighborhood Watch block captain Racheal Allen, feel the homeless situation at the Pacific Beach Library has gotten out of hand.

“The library has turned into a homeless shelter and is no longer an establishment dedicated to higher learning, families, children, studying or education,” Allen said. “The library welcomes the homeless population and recently relaxed their no-sleeping policy.”

Head librarian Jones said it’s tough to regulate sleeping at the library.

“It’s very difficult to enforce across-the-board equitably,” she said, noting, “if sleeping were strictly prohibited, toddlers would be removed for falling asleep, or teenagers, or 80-year-old men who fall asleep reading the newspaper.”

Henish Pulickal, chair of Pacific Beach Planning Group, fears for his family’s safety.

“I think the homeless at the library is a real problem,” Pulickal said. “It is a serious inhibitor for many families who live in the area from using the facility because of how uncomfortable it is to step over the homeless on the exterior of the property, deal with them on the inside, and share bathroom facilities that are being used as showers.

“I know personally that my wife and many of our friends with kids won’t go to the library because homeless people have effectively taken over the area. They end up driving to Clairemont or Point Loma to use those libraries,” Pulickal said.

Among actions prohibited in all City libraries:

• Smoking, vaping, eating or bringing in open containers and sleeping bags, bed-rolls or blankets.
• Bringing in animals other than service animals.
• Coming into the library without shoes/shirt.
• Using mobile devices at a volume that disturbs others.

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In search of a quiet mind in today’s culture of unquiet times

By Natasha Josefowitz, Ph.D.

When the Dalai Lama was asked whether he believes in the power of positive thinking, he replied: “I believe in the quiet mind!” That struck a chord within the cacophony of racing thoughts in my very unquiet mind.

The quiet mind does not fit in the culture of display depicted by David Brooks in his wonderful book, “The Road to Character.”

Instead, he says we are compelled to compete in a world of high-tech information while continually updating our online social presence. Grandiosity is rewarded with approval, and so we keep pushing insatiably for more and more applause for our overt accomplishments. It is a bottomless pit screaming: “Notice me, notice me!” But it is not only in contemporary times that humans have striven to outdo themselves and others: in the 13th century Dante wrote: “The ardor to outshine burned in my bosom with a kind of rage.”

We pay a high price for always being on call like emergency-room physicians, running at top speed and never able to catch up. As Pico Iyer writes in his book, “The Art of Stillness,” we have lost our Sundays and nights off. Our new greatest luxury is freedom from information overload and the chance to sit still. We need to go nowhere as a respite from running at top speed everywhere.

This respite can come from being invisible. In her article “How to Be Invisible” (New York Times, Feb. 8, 2013), Akiko Busch advises that when circumstances confer invisibility upon us, perhaps it is something to appreciate and even welcome. Low-impact living, the ability to recede into the background, may provide us with a fuller appreciation for our place in the greater scheme of things. Silent attentiveness rather than active participation can allow us to absorb on a deep level the laws of social dynamics that go on around us.

It is our quiet mind that can lead us both to a sense of inner peace and to the freedom of expressing our essential being. A quiet mind is also a wildly creative mind, but in a different way. It is not necessarily just contemplative, it is also playful. It still holds on to the 5-year-old child playing in the sandbox; it is still the 10-year-old looking with wonder at the night sky and the awkward 15-year-old adolescent with crushes and angst. The quiet mind is all of these. It likes to laugh uproariously at silly jokes and smile contentedly as it writes or paints or dances for its own pleasure. It has need of genuine expression, not to display its uniqueness nor superiority.

What stops us from playing is the fear of appearing foolish, of going into unknown territories and failing. We don’t trust our imagination, into unknown territories and fail-

We have lost our primary senses as a way of knowing. Socrates said a man learns more playing with ideas in his leisure time than by sitting in classrooms. Plato wisely added: Life must be lived as play, freed from the world of commerce and politics. But if we spend every waking moment engaged in augmenting our online social presence, there is no space left for our thoughts to play in. I’m entranced with the notion of the quiet, attentive mind. Meditation accomplishes this, but it is only a few minutes at a time. What I aspire to is the quiet mind to be my everyday being. And so I wondered what would make my brain most efficient if I wanted a quiet mind. There are two key words: creativity and concern for others. Creativity is to receive; it resides in the brain’s higher cortex. It grows stronger with use. Concern for others is to give; it resides in the more primitive limbic system. The two brain regions, cortex and limbic, need to work together to help attain a quiet mind.

My own creativity is expressed in my writing and my needlework. I make needlepoint pillows for weddings and babies, stitching the names and dates with the newlyweds’ favorite colors and in pinks and blues for the newborns. My mind gets very quiet while I stitch. Being there for others is really quite simple. Look around you and see where there is a need. It can be giving a helping hand to carry someone’s grocery bag, a shoulder to lean on, or a listening ear. Our most precious and limited commodity is our time; giving some of it to someone is the greatest gift. What quiets the mind most is to have a sense of concern for all human beings.

Natasha Josefowitz is the author of more than 20 books. She currently resides at White Sands Retirement community in La Jolla. Copyright © 2018. Natasha Josefowitz. All rights reserved.

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The San Diego Airport Authority has launched a new mobile app that provides members of the public an easy-to-use, no-cost way to submit an aircraft noise complaint.

The app is part of an upgraded Airport Noise and Operations Monitoring System (ANOMS), that uses near real-time flight data. Razor has been monitoring the most accurate data of aircraft movement that is available from the Federal Aviation Administration (FAA).

The upgraded complement the airport's existing WebTrakTM flight tracking system, which allows the public to monitor the movement of flights and air traffic patterns and which allows the public to monitor the movement of flights and air traffic patterns and submit a complaint to the airport directly from the website.

For more information about the airport’s noise mitigation efforts, visit san.org/Airport-Noise.

“We recognized there was a gap between a convenient, easy-to-use tool for the public to submit aircraft noise complaints, and our ability to obtain the accurate data we need from the public to help influence change with our industry stakeholders,” said Dennis Probst, airport authority vice president of development. “This system upgrade and app incorporate state-of-the-art software and equipment that solve that with a few simple clicks.”

In addition to the near-real-time flight tracking data, the ANOMS upgrade includes replacement of 23 permanent noise monitors with new equipment.

The devices are located at sites within communities surrounding the airport to monitor aircraft noise 24-hours a day and transmit real-time data into the airport’s system.

A workshop will take place at Point Loma Library, 1901 Valhalla St., 2 to 4 p.m. Tuesday, Sept. 11.

In order to help community members set up the new mobile app on their devices, if members of the community are unable to attend the workshop, one-on-one appointments are available through the Airport Noise Mitigation Office by calling 619-400-2660.

For more information about the airport’s noise mitigation efforts, visit san.org/Airport-Noise.
Google announces initiative at Liberty Station to help veterans find jobs

Google CEO Sundar Pichai announced a grant for new tools and resources to help service members transition into civilian jobs at an Aug. 27 press conference at the new United Services Organizations Inc. Council of San Diego in Liberty Station.

The $2.5 million grant will enable the USO to incorporate the Google IT Support Professional Certificate into their programming. The IT Support Professional Certificate is a first-of-its kind program, with highly interactive content, developed by Google, and which provides a direct route for those who successfully complete the program to get their information into the hands of employers.

Additionally, employers can implement this feature on their own career sites using Google Cloud’s Talent Solution. The announcement was part of the tech company’s Grow with Google initiative to help create economic opportunities for American service members.

To help veteran-owned or led businesses find customers, Google maps and search will offer a new attribute. Users will see the “veteran-led” designation when searching for a place on Android or iOS mobile device or in Google maps when they open a business listing and tap the two-lined description of the business to see the attributes associated with that business.

The USO is a nonprofit organization supporting American service members, which, since 1941, has worked in partnership with the Department of Defense. USO is congressional, but not a government agency. It relies heavily on private contributions and on funds, goods, and services from various corporate and individual donors.

From my garden: Create a whimsical, under-the-sea like world with succulents

Over the years, I have visited several gardens that have created landscapes out of succulents that perfectly mimic the flora and fauna you might find living under the sea.

Perhaps the most notable example is the undersea garden at the San Diego Botanical Gardens in Encinitas (230 Quail Gardens Drive), where their underssea succulent gardens make you feel as though you are looking at an aquarium.

I have a small area in my sunken garden near an old rock wall and waterfall where I have begun planting several different varieties of interesting shaped succulents mixed in with rocks, seashells and driftwood.

Hanging from a nearby tree branch and floating over the garden is a giant “jellyfish” that Chrissy from Green Gardens Nursery in Pacific Beach 4910 Cass St. created for me from a photo I gave her. The hanging basket is made from chicken wire and moss and uses purple echiveria for the creature’s body and long strands of gray dichondra and Spanish moss for its tentacles that will not sting.

To create an underssea garden, choose a spot that received adequate light and set out the bones of the garden using different sizes of rocks. RCP Block & Rock in Encinitas is a great resource for rocks and pebbles of all sizes.

If you can find a large rock with a hole, it can be placed in the garden and will look like a sea cave. Plant your choice of succulents around the rocks and fill in with small pebbles, seashells and or sea glass.

Consider using succulents that resemble branch-like coral, such as brilliant orange “Sticks of Fire” (Euphorbia tircuilli), which needs full sun and very little water to keep its bright color.

Echeveria grows to resemble rounded masses of coral and when combined together with the euphorbia and rocks you can create your own coral reef.

Echeveria comes in many different shapes, sizes and colors and some even have lovely ruffled edges. Also known as “Topsy Turvy” and “Baseball Plant” (Euphorbia obesa), it looks just like sea urchins and “Agave vilmoriniana” is the perfect replica of an octopus. Plant it next to a rock or continuing out of a sea cave. There are many different types of octopus agave and be sure to choose one that is the right size for your garden since many can grow quite large. Add some “seaweed” in the form of Rhipsalis or “Mistletoe Cacti,” which can be used to drape rocks or cascade down walls.

Drought-tolerant ornament grasses can also be added to an underssea garden, and when the wind blows they look as though they are moving with the current. Golden Mexican Feather, Blue Boulder Festuca or the lime green variegated leaves of Japanese Sedge grass will all complement an underssea-like garden scape.

Now all you need to do is add a few ornaments, such as fish, mermaids and seahorses, and you will be transported to an underssea wonderland.
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