Enlow chosen as director as COAP organization

By MOLLY BAGDAD

Harlan County High School senior, Brooke Sheffield, learns about Vital Stim therapy for speech patients during a job shadowing experience at the Harlan ARH Comprehensive Rehabilitation Center. Young pediatrics specialist Shawnie Beckwith (left) checked in for an appointment with a physician at the Daniel Boone Clinic as HCHS sophomore Care Middleton, speech pathologists and nurses, teachers and military personnel.

The event was a joint project of Harlan County Chamber of Commerce, Harlan County Community Education and local businesses.

Staff writer

By JOSHUA BROCK

Phil Moffett plans to run for governor of Kentucky. Moffett will run on the Republican ticket with support from the Tea Party. In order to compete against current Gov. Steve Beshear, however, Moffett must defeat current Senate President District 1, Williams and Commissioner of Agriculture Ralph Farnier who, according to Moffett, also plan to run for governor later this year on the Republican ticket.

Moffett is a businessman with a B.A. in finance, obtained from the University of Kentucky. He is running-mate in Mike Harmon, a state representative from Danville. Moffett believes that Kentucky will be in the light in the full of this year because it is one of only three states with a balance this year, heavily Republican Massachusetts and Louisiana being the other two.

“Of all the states in the country, we will be the only state in Kentucky because we have a Democrat in office who is pro-growth,” said Moffett.

Moffett decided to run in part due to the race for the scholarship program he began in 1998 in Louisville called School Choice Scholarships. The program takes low-income children, puts them in private schools, and pays for their tuition, books and fees.

Moffett believes that making school districts accountable for the performance of the students in their district would be an effective measure. Additionally, he believes that, “They should be able to manage the budget and their personnel and their curriculum as they see fit.”

Moffett also sees lack of discipline in schools as a major problem.

“It’s a fact that kids don’t learn unless they submit to their teachers. We don’t require that in Kentucky. Kids can be as disruptive as they want to be, and they know they’re not going to get punished,” he said.

Moffett said he does believe that bringing paddling back into schools is the answer. However, instead, he feels that teachers should have the option to kick kids out of class or school, if necessary.

Competiton among schools is also an effective and producive option, according to Moffett.

“We need public school choice, and what I mean by that is if you have a kid in a public school and you don’t think they’re doing well you should be able to pull your kid out of any public schools, and take him to any other public school if they have an open seat regardless of district, until you find a school that your kid fits into,” he said.

Moffett also sees a very important part of the state.

“Think it’s the backbone of our industrial base,” says Moffet. “If we don’t have the industrial base, the economy would be a complete disaster.”

Moffett also strongly dis- agrees with federal regulation of the industry.

“We need, as states, to hand together to get regulators like the EPA (Environmental Protection Agency) out of our coal fields. Because we have state-level regulators that can do this work and Constitutionally, it’s our responsibility. The EPA is trying to strangle the coal industry and we can’t let them kill that industry off.”

Moffett concludes by saying, “If we want Kentucky to be prosperous, we can’t keep shutting the coal miners out of work and over again. You’re not going to get a different result from the same people. We have a probem in Kentucky just like we have at the federal level. We spend way more than we bring in, and we say that debt on top of our debt, we kick fom the door as if it’s never going to come due.”

Brooke Sheffield (above), a Harlan County High School senior, learns about Vital Stim therapy for speech patients during a job shadowing experience at the Harlan ARH Comprehensive Rehabilitation Center. Young pediatrics specialist Shawnie Beckwith (left) checked in for an appointment with a physician at the Daniel Boone Clinic as HCHS sophomore Care Middleton, speech pathologists and nurses, teachers and military personnel.

“Seeing shadows on Groundhog Day”

By the end of the day, students had a better idea of what the day-to-day job requires and for some it inspired new career interests as well.

Please see SHADOWS, Page 2

Enlow chosen as director at COAP organization

We don’t do free repairs, but have a low interest program. We’re sending our construction manage- ment to become Building Performance Institits certified, which means after that we’ll be able to perform energy efficien- cy tests on anyone’s home. We can then give residents an evaluation of how much their homes energy efficiency is.

Enlow said he would challenge anyone to build a more efficient house than COAP.

Enlow said COAP’s future plans are to work on new programs and projects.

“We’re going to diversify,” said Enlow. “We’re not just going to build homes and make repairs... We don’t do free repairs, but have a low interest program. We’re sending our construction manag- ment to become Building Performance Institits certified, which means after that we’ll be able to perform energy efficien- cy tests on anyone’s home. We can then give residents an evaluation of how much their homes energy efficiency is.

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**Weather Forecast**

**Today**
- Mostly cloudy today with a 70 percent chance of snow tonight. The high will be in the lower 30s and a low in the lower 30s.
- Mosty cloudy with a 90 percent chance of rain. The high will be in the lower 40s and a low in the lower 30s.

**Extended Outlook**
- Partly cloudy with a high of mid 60s and a low of a mid 40s. The chance of snow tonight.
- The low will be in the upper 30s.

**School region bus involved in crash**

The Kentucky State Police Post 10 in Hazard responded to a fatal crash at a railroad crossing involving a passenger car and a Leslie County school bus on U.S. 421 in subsequent.

**Public Affairs Officer** Tony Watts said a preliminary investigation indicates that a passenger vehicle was traveling east on U.S. 421 near a two-way railroad crossing.

**Wife dies in collision with train**

The Kentucky State Police Post 10 in Hazard responded to a fatal collision at a railroad crossing involving a passenger car and a Leslie County school bus on U.S. 421 in Harlan.

**School supervisor arrested by KSP**

A Nicholas County deputy sheriff was arrested after being indicted by a Perry County Grand Jury.

**Arrested by KSP**

A woman was arrested by the Kentucky State Police Post 10 in Hazard following an incident involving a passenger car and a Leslie County school bus on U.S. 421 in Harlan.

**Funeral home**

Harlan Funeral Home is handling the funeral services for deanna Ann Long. The funeral service will be tomorrow at 10 a.m. at a local church with burial to follow in the Jeth Cemetery.

**Letter to the Editor**

I would like to express my gratitude to the people who made sure that the groundhog’s day celebration was successful.

**Business**

The Harlan Daily Enterprise will be open on Saturday, Feb. 5 from 8 a.m. until noon to take valentines for the Grandparents’ Sweetheart section.

**Contact**

For more information, please call 577-4510.
The following students from Harlan County graduated from Eastern Kentucky University in fall 2010:

- Christina Sizemore, of Bledsoe, with an associate’s degree in nursing.
- Keith Pendergrass, of Closplint, with a bachelor’s degree in elementary education teaching.
- Whitney Creech, of Cumberland, with a bachelor’s degree in elementary education teaching.
- Zachary Goins, of Grays Knob, with a bachelor’s degree in criminal justice.

The following students from Harlan County were named to the Dean’s List from Eastern Kentucky University for the fall 2010 semester:

- *Mary Ball, of Agies.
- Christina Sizemore, of Bledsoe.
- Keith Pendergrass, of Closplint.
- Whitney Creech, of Cumberland.
- Zachary Goins, of Grays Knob.

*Denotes students who also made the President’s List.

Lincoln Memorial University (LMU) has announced that the following Harlan County students were placed on the Dean’s List for the fall semester of 2010:

- Tiffany Ball, of Harlan.
- Joshua Doyle, of Baxter.
- Deva Jones, of Baxter.

To be placed on the Dean’s List, the student must be a full-time undergraduate and have a 3.5 grade point average for the semester.

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Can Congress really reduce entitlements? 

We wish Congress could get busy in the rush of campaigns to reduce government spending and reform the new national health care law. Public opinion polls on the health care measure make it clear that while most Americans are eager for lawmakers to impose new controls on spending, they are less keenly focused on entitlements.

Entitlement spending is the single toughest nut to crack in terms of achieving the national debt Program such as Social Security, Medicare and Medicaid chew through nearly $2 trillion a year. But it is an entitlement program supported directly by the federal budget that provide a look into the public’s priorities.

Two parts of the health care law have proven to be very popular. One requires insurance companies to allow young adults to be covered as dependents on their parents health insurance policies. The other insurance companies to care for people with pre-existing medical conditions, without requiring that in premium.

Both measures amount to new entitlements. The costs of both must be spread by insurance companies through premium of all their customers, whether they benefit from the special programs or not. In words, tens of millions of people are paying more to provide the two entitlements to a relative few of their members.

At one time, conservatives listed the two programs among their priority targets, because the entitlements were to be paid for voluntarily by everyone with health insurance. No more. The programs’ popularity has forced conservative back to keep.

How, then, can Congress be expected to tackle reform in even more popular entitlements?


Today's Birthdays:

Actor William Phipps is 89.

In 1932, New York Gov. Franklin D. Roosevelt headed to the beach to— you guessed it — I was once a year to compare North Carolina beach trophies in a Jan. 29 story.

We have to thank for the following gem of wisdom from our elected officials that great AmericanAverage.

“Politics is the art of making A Community Newspaper Politically Independent And Progressive In Spirit

The Martin's proposed solution to that might leave more on the table.

The back story on William-Bolar said that in addition to better schools, she also wanted in a local cause célèbre. Al Jackson Jr. called on

There were no more facts, intervene on behalf of

Of course, I haven’t achieved AYP and had been on all indicators.

In A.D. 211, Roman Emperor Lucius Septimius Severus turned 26. Rock musician Noel Fielding (The Mighty Boosh) was 48. Arranged balcony in the Copley-Fielding's story.

The story was also about the 50 years old mother who lives in a pub-

That was until Jan. 15, when Williams-Bolar became a convicted felon. A seven-year-old girl of family re-


I’ve had an opportunity to

For the past 45 years, the

The Akron education funding system, with its

The Akron Education reports. The

The Akron education funding system, with its

Janie, the academic

Gary Cooper is 63. Actor Michael Beck is 62. Actress Lisa Florence LaRue (The Fifth Dimension) is 67. Former musician John Steel (The Animals) is 70. Singer Joni Mitchell (prospectus) is at that point have to be coordinated with

The Akron Education reports. The

To send her children to

Jackson has no better

The messages are taken out of the mix. The Illinois congressman,

While there were no

In the end, Dinah dies.

In the story, Ms. Williams-Bolar says that in addition to better schools, she also wanted in a local cause célèbre. Al Jackson Jr. called on

Singer Natalie Imbruglia (em-BROO'-lee-ah) is 36. Rock musician Rick Burch (Jimmy Eat World) is 36. Country musician Dave Buchanan (Yankee Grey) is 50. Actor William Phipps is 89. In 1932, New York Gov. Franklin D. Roosevelt headed to the beach to— you guessed it — I was once a year to compare North Carolina beach trophies in a Jan. 29 story.


One of the House’s most vulnerable freshmen is Rep. Enki A. Patricia "Natalie" Imbruglia (em-BROO'-lee-ah) is 36. The Akron Education reports. The

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Weather patterns tend to repeat themselves

As with all things in nature, the weather cycle. I believe that cycle is much shorter than it seems as our memories are limited. It seems to me that there are many cycles within one other cycle. The years can change from a 15- or 20-year cycle. Then the 50-year cycle changes to the 100-year cycle. These cycles probably overlap each other by 1,000- or 10,000-year cycles.

According to the Wisconsin State Journal, for which reasonably reliable instrumental record of near-surface temperature exists with quasiglobal coverage is generally considered to begin around 1850. Earlier records exist, but with limited spatial coverage and less-accurate instrumental measurements.

Our knowledge of weather patterns is long past, therefore, is rather limited. We have lived a few decades perhaps, and how much we have learned from the weather is limited. One reason is that the elements of nature have a tendency to repeat themselves.

For all of the griping about the weather during the past few years, I have trouble seeing that we have kept up with the media.

Surely, the character of this is one of the few things that have kept our attention during the past few years. I think that if we live and move and have our being, we will know that the climate is changing.

I have to say that I do not see much change in the weather cycles over the past few years. I think that the cycles are changing, and the changes are much greater than we have seen in the past.

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Bengals hire former Card to run offense

By JOHN MIDDLETON

The Bengals hired Jay Gruden as their offensive coordinator on Thursday for the first time in his career.

"This year we had a lot of dynamos around them," Gruden said of his first offensive unit in the NFL, "This is going to be a lot of fun." Gruden will be the Bengals' third offensive coordinator in three seasons as the team tries to improve on last season's 4-12 record.

Gruden has been with the Bengals since 2001, when he was promoted from assistant head coach and offensive coordinator to offensive coordinator. He was fired after the team finished 4-12 in 2002 and was replaced by Bruce Gradkowski.

Gruden has been the offensive coordinator for the past three years and has led the team to its most successful seasons in recent history. Under Gruden, the Bengals have averaged 21.8 points per game, the highest average in team history.

"We're excited to have Jay back in Cincinnati," Bengals head coach Marvin Lewis said in a statement. "He's been with us for a long time and has a proven track record of success." Gruden has been with the Bengals since 2000, when he was promoted from tight ends coach to offensive coordinator.

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SWEETHEARTS FOREVER

Supplement to Grandparents Sweethearts
Section to be published February 12, 2011
Deadline: February 5, 2011; 12 Noon

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Happy Valentine’s Day
Emily Neveah Gross
Daughter of
Jennifer Jones
The late James Gross
Granddaughter of:
Harold and Debbie Cockwell

Happy Valentine’s Day!
Bid Continued from Page 8
Smith hit a pair of free throws before Evan, Kolee Parker and Cocker scored three straight baskets to give Harlan County a 33-29 advantage. However, Clay County answered with back-to-back baskets to tie the game.

Knox secured the following possession as Harlan County regained the lead with just over three minutes remaining, but the Lady Tigers went on a 12-0 run, including eight free throws, to end the game and pull away for the win.

Evan had a game-high 15 points to lead the Lady Bears.

The sophomore center has not only been one of the most improved post players in the region this season, but she turned in arguably her best performance against Clay County.

The Tigers boast the region's top player in Whittney Bell Jackson, but Evans had 15-18 in the paint. Though the Lady Tigers should have been a big dance bait for Sarah. As a sophomore, with that tough of a matchup — Jackson has been the top player in the region the last two or three years, said Nolan. I thought the kids looked to get the ball to her tonight and she was more aggressive than she has been.

The Lady Tigers hit 19 of their 26 free throw attempts, while Harlan County connected on four of only seven attempts.

“I think this was a big contrast to the next game,” Nolan said. “We have to be able to get the ball to her inside and physically we matched up. We have to get to her and we have to do it fast. A true mismatch.

Harlan County will face Breathitt County in the Riverview Showcase title game.

The Lady Tigers cut the lead to 10-7 after the first quarter and took its first lead on a 10-0 run with 4:08 remaining in the second. The Lady Bears answered with a 22-0 run to close the half and score 11 of the first 18 points of the third quarter.

Riverside takes on Harlan County in the semifinal.

Harlan County sophomore center Sarah Evans looked on during a 45-35 loss to the Lady Tigers on Thursday. Evans had 15 points to lead the Lady Bears.

Bell Continued from Page 1

don't have the same physical in hindsight, we

don't have the same
don't have the same
don't have the same

don't have the same

don't have the same

don't have the same

their hands. In games anyway.

also have to wonder how Green Bay will respond when the lights are shining brighter because they didn't handle the whole "team picture" issue very well and that was a trial balloon sort of problem.

It's an altogether different issue when it comes to Ben Bostick's chances on offense because he's almost unstoppable if

you're going to limit the StOLLers' offense you have to get to him and you have to bring help, and you have to do it fast.

Bostick's biggest problems come from New Orleans because he lacks what I refer to as "the pretty boy factor." He's not a pure passer. He's an off-guard with an arm and plenty good and unfappable look on his shoulders (good game anyway). He makes plays in seemingly impossible situations. He extends plays and has an improvisational flair beyond his time. He finds ways to win and he's one of those athletes that gets easier as the pressure’s at its greatest.

Unlike Rodgers, Big Ben has the more realistic option of working in the low and neutralizing Green Bay's effective run game. Pending out more than 150 yards on the Jets two weeks ago was an accomplishment that cannot be overlooked or overstated.

Still, to me the success of the team in the league do it over the long haul with defense and no team is more synonymous with defensive excellence than Pittsburgh, because they've done it that way for 40 years. Lots of people have gone to the bank on the StOLLers' defense and very few have come back seeing red. Lots of black.

Some gold even. But not red.

That's a good bank to visit with deposits in the 40's.

I'm going to the bank with the StOLLers again this week because it's full of green from somewhere other than Wisconsin.
In as much as the Court has found that the said real property is indivisible which as the address of _______________, Putney, Kentucky 40865. 310, at page 658, Harlan County Court Clerk's office, Harlan, Kentucky.

Survive by deed dated the 29th day of April, 1994 from Darrell De Wayne Brackett and his wife Barbara Ann Brackett, of record in Deed Book 350, at page 565, Harlan County court Clerk's office, Harlan, Kentucky. It is further found that said property is separated from the property of Nora Lewis, Jeanne Loyall, Grays Knob, 300 Services

The GRANTORS further convey to the GRANTEES a driveway easement and Robert G. Lewis property line to the state right of way line and corner of this and the adjoining property.

The GRANTORS further grant and convey to the GRANTEES a 40 foot street; thence with said street line S 15 30 E 73025 feet to a stake in the center thereof, being also an intersection in line of the U.S. Lick Creek of Cumberland River and bordering on the south end of Everman Subdivision, as shown on the map of said Subdivision filed in the Office of the Harlan County Court Clerk's Office, Harlan, Kentucky.

Be it further known, that the grantee is prepared to comply with the terms of the deed of conveyance, to offer for sale at the front door of the old Courthouse in Harlan, Kentucky, and by and the adjoining property.

The said property is described as follows:

The said property located in Harlan County, Kentucky, and being more particularly described as follows:

It is further found by the Court that the property conveyed is marketed to the County Court of Cumberland, Kentucky for the purchase price, the purchaser, with approved surety or securities, must present and sign a bond, bearing legal interest from the date of sale until paid, and having the force and effect of a judgment, and I shall retain a lien upon the property for the payment of the said bond and interest on said bond until paid, and having the force and effect of a judgment. Bidders will be prepared to comply with these terms.
Food

Friday, February 4, 2011

Harlan Daily Enterprise — Page 11

Make Mealtimes Meaningful

C
ould memory help you
improve your relationships?
A recent study showed
that people who often
cook with their partners
experience less stress,
more satisfaction, and
better communication
than those who don’t.

3 ways to help make
dinnertime more meaningful

Even the busiest of people can enjoy quality time with the ones they love. Try some of these tips to help make your family meals more meaningful.

1. Involve everyone in dinner preparation. Ask each person to be responsible for some aspect of dinner, whether it’s tossing the salad, setting the table or making rolls. Those who, when age appropriate, teach valuable skills, help everyone feel like an important member of the group, and foster self-esteem and independence. Download “Happy Dinners with Kids” at www.adayatthetable.com.

2. Ask specific questions that elicit the usual, generic questions like “How was your day?” and “What did you do?” instead. Ask detailed questions that show you both care and are interested in what’s important in your family and friends lives. Download a helpful Conversation Starter Placemat for kids at www.adayatthetable.com to help get them excited.

3. Dine together, get — and stay — unplugged. Turn off the TV and all other electronic devices at the table. No texting, playing handheld games or turning in headphones. Turn in your phone and say “hello” to everyone at the table who will repay you with a smile.

Chopped Salad

1. large head of romaine lettuce
2. large tomatoes
2. cups string beans
1/4 cup lemon juice
2. cups green grapes
1/4 cup extra virgin olive oil
Salt, pepper and sugar

Roughly chop lettuce and place in large salad bowl. Break down tomatoes, about half of each. Break down string beans and add to salad mixture. Cut two raw string beans 1/4 inch and add to salad mixture. Dressing: In a small mixing bowl, add lemon juice, 1/2 cup extra virgin olive oil, salt, pepper and sugar. Slowly stream in olive oil and season with salt and pepper. Mix in the bowl. Pour dressing over greens and toss together.

Avocado and Bean Salad

2 cups avocados diced into 1/2-inch cubes
1/4 cup extra virgin olive oil
2 cups canned kidney or white beans
Salt, pepper and sugar
1 small red onion, finely diced
1 large jalapeno pepper, seeded and diced

Mix all ingredients together and serve.

Asparagus Gratin

2 bunches of asparagus, white or green
1 cup Parmesan cheese
2 cups bread crumbs (unseasoned)
Salt and pepper

Entire recipe tomorrow.

Bring a sauce pan with 6 cups of water to a boil and season with salt. This asparagus gratin may be necessary depending on the skill level of the diner. Place the asparagus in boiling water for about 1 minute. Drain and place in a baking dish to keep from burning the cooking pan. Dry asparagus and place in a flat baking sheet with all the tips facing the same way. Mix Parmesan and bread crumbs together and season with salt and pepper to taste. Sprinkle bread crumbs mixture on the base of the asparagus, leaving the tips exposed. Sprinkle with a little olive oil and place under the broiler until golden brown and bubbly.

Whole Wheat Garlic Bread

1 cup butter
3 cloves garlic, chopped fine
2 teaspoons paprika
2 tablespoons Parmesan cheese, grated
1/4 cup chopped parsley

Butter and mix with garlic, paprika, Parmesan and parsley. Cut baguette in half lengthwise and spread butter mixture across generously. Put under the broiler until golden brown and bubbly.

Family Feature

Food

Harlan Daily Enterprise — Page 11

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