



Your Teladoc™ Program

Get the medical advice you need, when you need it

Sometimes you need to speak with a doctor when it's not possible to attend an office visit. That's why the Teladoc program is available to you and your family, and can be used in a variety of ways:

- During weekends, holidays or after business hours, when general practitioners don't typically schedule appointments.
- When you can't attend a medical appointment, such as when traveling or at work.
- If you need a prescription medication or refill for a common condition.

You can call a Teladoc physician at 1.800.362.2667.

The Teladoc program provides more than just on-demand medical support

This convenient program is available, free of charge, and can help you to:

- **Save time.** Avoid waiting for an appointment or sitting in a doctor's office.
- **Save money.** You'll realize dramatic savings compared with an office or ER visit.
- **Get healthier.** Teladoc's network of U.S.-based, board-certified doctors are on-hand to provide you with the best medical care and advice available.
- **Gain peace of mind.** Get medical support, when you need it, as often as you need it.

There's more than one way to contact a physician

- **By phone.** You can reach doctors by phone at 1.800.362.2667.
- **Online.** If you prefer, you can also request a video consultation online at www.MyDrConsult.com.
- **On the go.** To reach a doctor while you're on the go, you can download the mobile app for your mobile device. To download, visit the App Store or Google Play.

Common conditions treated:

- Cold/flu
- Allergies
- Sinus infections
- Bronchitis
- Headaches/migraines
- Stomach ache/diarrhea
- Respiratory infections
- Urinary tract infections
- Many other conditions

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